



SUMMER 2022

# OLLI AT LSU

LEARNERS AGE 50 & ABOVE



**LSU** Online  
& CONTINUING EDUCATION

## Welcome to OLLI AT LSU

The Osher Lifelong Learning Institute at LSU is one of a network of 124 university-affiliated lifelong learning programs supported by The Bernard Osher Foundation. The Osher Lifelong Learning Institute, or OLLI, offers non-credit educational programs specifically developed for adults who are ages 50 and older; university connection and university support; robust volunteer leadership and sound organizational structure; and a diverse repertoire of intellectually stimulating courses.

OLLI at LSU is now a program of LSU Online & Continuing Education. This new university division combines the Continuing Education programs with LSU Online credit degree programs, strengthening LSU's focus on engagement with off-campus and lifelong learners.

We invite anyone who is interested to become an OLLI at LSU member. Membership entitles you to register in as many courses, field trips, or special events as you like. For Summer 2022, we are offering virtual courses and in-person classes! Come learn with us!

**Our mission is** to foster lifelong learning and individual growth for learners age 50 and over by creating intellectually stimulating learning opportunities that enrich lives.

### Membership

OLLI at LSU is open to anyone who meets its two requirements:

1. Is 50 years old and older; and
2. Enjoys learning!

The annual membership year is from July 1 to June 30. The membership fee is \$50. Membership fee is tax deductible. The fee covers the entire membership year, so join now to take advantage of this year's offerings. Membership entitles you to a wide range of benefits. An OLLI member may attend activities offered by any chapter within OLLI at LSU: Camellia City Chapter, Felicianas Chapter, or Lagniappe Chapter.

### OLLI at LSU Benefits

- **Courses:** Experience learning something fun, challenging or amazing!
- **Field Trips:** Visit special places throughout Southern Louisiana and surrounding states.
- **Coffees:** Hear outstanding speakers on topics of current interest.
- **UREC discount:** Exercise at the UREC center on LSU campus at a discounted rate.
- **Lunch Bunch:** Enjoy lunch with other OLLI members. Meet up with friends and make new ones.
- **OLLI NEWS:** A weekly email newsletter listing upcoming OLLI activities and local interests.
- **Locations:** Programs offered at many locations throughout Southern Louisiana.
- **LSU School of Music and Dramatic Arts:** Pay same discounted rate as LSU students. Includes all events at LSU Student Union as well.
- **Campus Federal Credit Union:** Full membership privileges to OLLI members. Stop by one of their three branches in Baton Rouge (Main Branch at 3535 Nicholson Extension, Perkins Road

Financial Center at 6230 Perkins Road, or the LSU Union Branch), or visit their website at [campusfederal.org](http://campusfederal.org).

- **Best of all Benefits:** Friendships and learning with more than 1100 other OLLI at LSU lifelong learning members!

### Inclement Weather and Class Cancellations

We sometimes have bad weather during the semesters and a class session may need to be canceled. We follow the St. Tammany Parish School System for the Camellia City Chapter, EBR Parish School System for Lagniappe Chapter, and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we follow the LSU's closing announcements (check online: [www.lsu.edu](http://www.lsu.edu)). Zoom only classes will be held if local schools hold virtual classes.





# COURSE CALENDARS

COURSES BEGIN JULY 11

OLLI  
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## Camellia City Chapter

Look for great upcoming events and activities

## Felicianas Chapter Courses

IN-PERSON / HYBRID CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Basic Yoga</b> 8:00 - 9:00 am West Feliciana Parish Library Session I	<b>Basic Yoga</b> 8:00 - 9:00 am West Feliciana Parish Library Session II	<b>Beginning Yoga</b> 9:00 - 10:00 am West Feliciana Parish Library	<b>Basic Yoga</b> 8:00 - 9:00 am West Feliciana Parish Library Session I and II	<b>Beginning Yoga</b> 9:00 - 10:00 am West Feliciana Parish Library
<b>Health Issues and Medical Screening</b> 9:15 - 11:15 am West Feliciana Parish Library	<b>John James Audubon and the Birds of West Feliciana</b> 9:00 - 11:00 am West Feliciana Parish Library <b>HYBRID</b>	<b>Basic Sign Language</b> 10:15 am - 12:15 pm West Feliciana Parish Library	<b>Dancercize</b> 10:00 am - 12:00 pm West Feliciana Parish Library	<b>Chair Exercise</b> 10:15 - 11:15 am West Feliciana Parish Library
<b>Beginning French</b> 1:00 - 3:00 pm West Feliciana Parish Library	<b>Bridge - The Play of the Hand</b> 1:00 - 4:00 pm West Feliciana Parish Library			<b>Water Media: Mastering Possibilities</b> 1:00 - 4:00 pm West Feliciana Parish Library

### Felicianas Chapter COURSE LOCATIONS:

- **West Feliciana Parish Library**, 5114 Burnett Rd.

## Lagniappe Chapter Courses

IN-PERSON CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Basic Hath Yoga</b> 9:30 - 10:30 am First Christian Church <b>Session II</b>		<b>Basic Hath Yoga</b> 9:30 - 10:30 am First Christian Church <b>Session II</b>		
<b>The Parables of Jesus</b> 10:00 am - 12:00 pm St. James Retirement Community	<b>Chinese Food, Holidays, &amp; Dining Culture</b> 9:30 - 11:30 am St. James Retirement Community	<b>Bridge Workshop</b> 9:30 - 11:30 am The Claiborne at Baton Rouge (formerly The Blake)	<b>Chinese Taiping Rebellion - The Bloodiest Civil War (1851-1864)</b> 9:30 - 11:30 am St. James Retirement Community	<b>Bridge Workshop</b> 9:30 - 11:30 am The Claiborne at Baton Rouge (formerly The Blake)
		<b>World of Italian Wine</b> 7:00 - 9:00 pm Pocorello's Casa D'Italia Restaurant		<b>Line Dancing</b> 12:30 - 2:30 pm The Claiborne at Baton Rouge (formerly The Blake)

### Lagniappe Chapter COURSE LOCATIONS:

- **The Claiborne at Baton Rouge**, 9511 Creekview Dr.
- **First Christian Church**, 8484 Old Hammond Hwy.
- **Pocorello's Casa D'Italia Restaurant**, 12240 Coursey Blvd.
- **St. James Place Retirement Community**, 333 Lee Dr.

# COURSE CALENDARS

COURSES BEGIN JULY 11

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## HYBRID / ZOOM VIRTUAL CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>John James Audubon and the Birds of West Feliciana</b> 9:00 - 11:00 am HYBRID			
<b>Multicide: Forms of Multiple Homicides</b> 11:30 am - 1:00 pm	<b>Dorothy Parker: The Wit Continues</b> 11:30 am - 1:00 pm	<b>Deconstructing Gender for "Others"</b> 10:30 am - 12:00 pm	<b>Elizabeth I: In Her Own Words</b> 10:30 am - 12:00 pm	
<b>Profiles in Power: Europe in the Age of Absolutism, 1648-1786</b> 1:30 - 3:00 pm	<b>Geography of the Dead</b> 1:30 - 3:00 pm	<b>Zombie Films: Tracing the Haitian Roots of the Zombie as American Monster</b> 1:30 - 3:00 pm	<b>Preventing Cognitive Decline as We Age: A New Understanding</b> 1:30 - 3:00 pm	<b>Guns, Gold, and Empire: European Global Empires, 1492-1763</b> 1:30 - 3:00 pm
<b>Forensic Anthropology</b> 3:30 - 5:00 pm	<b>The Anthropology of Death Part II</b> 3:30 - 5:00 pm			

Register online: [online.lsu.edu/olli](https://online.lsu.edu/olli)

• Contact OLLI at LSU: **225-578-2500**

 JOIN OUR  
**FACEBOOK GROUP!**  
[FACEBOOK.COM/GROUPS/OLLI.LSU](https://facebook.com/groups/olli.lsu)

**OSHER LIFELONG LEARNING INSTITUTE AT LSU**  
LSU Online & Continuing Education  
340 E. Parker Boulevard., Baton Rouge, LA 70808  
**Phone:** 225-578-2500  
**Website:** [online.lsu.edu/olli](https://online.lsu.edu/olli)  
**Email:** [OLLI@outreach.lsu.edu](mailto:OLLI@outreach.lsu.edu)

## TYPES OF CLASSES

We will be delivering our classes to you in the following ways:

- **In-person** – Classes will be offered at various locations in Baton Rouge & St. Francisville. Registration will be limited to classroom capacity.
- **Zoom Online** – Classes will be offered online via the Zoom platform. Programs are not recorded and must be attended on the date and time listed. Zoom links will be sent a few days prior to the start of the class.
- **Hybrid** – Classes will be offered in the classroom and online at the same time.



**In-person class**



**Zoom class**

### EARLY BIRD SPECIAL

Register online or by telephone to qualify for the Early Bird Special! Register from Monday, June 13 at 8:00 a.m. – Sunday, June 26 at 11:59 p.m. and pay the early bird fee. Beginning Monday, June 27 at 12:00 a.m., each course will increase by \$5. Courses with low enrollment as of Friday, July 1, may be canceled. If you register by July 1, and your course is canceled, you may either receive a refund or credit the course fee to another course (with no additional fees). Note: Credit and debit cards are the only methods of payment for registration and membership fees.

### PHOTOGRAPH POLICY

We often take pictures of OLLI participants and instructors for use in our print and electronic publications. If you do not want us to use your photograph, please notify the photographer at the event.

### VOLUNTEERS NEEDED

Volunteer with OLLI at LSU! Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event? Osher Lifelong Learning Institutes are guided by members and are volunteer driven organizations! Our staff is dedicated but small, and volunteers are vital to the success, quality, and sustainability of the institute's programs. Your time, talents, and resources are valuable and greatly appreciated as we strive to offer high quality opportunities to the community. If you are interested, contact us at [OLLI@outreach.lsu.edu](mailto:OLLI@outreach.lsu.edu).



## FELICIANAS CHAPTER COURSES

 In-person class  Zoom class

### SESSION I

#### Basic Yoga

Breathe, stretch & relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, and leave your cell phone in the car. Come to class on an empty stomach, be early, bring a yoga mat, and wear comfortable clothing that does not impede your activity. This class meets twice a week continuously during the semester sessions & intersessions.

**Time & Dates:** 8:00 a.m. – 9:00 a.m.

Monday and Thursday, July 11, 14, 18, 21, 25, 28, August 1, 4, 8, 11

**Course Code:** OFBEYOG(57)

**Course Fee:** \$40 (early bird \$35)

**Instructor:** Darlene Reaves

**Coordinator:** Georgia LaCour

**Required Supplies:** Yoga mat

**Location:** West Feliciana Parish Library

#### NEW! Basics Sign Language

This course will introduce sign language beginning with the alphabet, numbers, greetings, fingerspelling, and simple phrases. Signing is a beautiful, expressive language that can be both useful and fun (especially with children!) We will also “sing” in sign and enjoy the beauty of a visual “melody”.

**Time & Dates:** 10:15 a.m. – 12:15 p.m.

Wednesday, July 13, 20, 27, Aug. 3

**Course Code:** OFSIGN(2)

**Course Fee:** \$35 (Early Bird - \$30)

**Instructor:** Carla McLemore

**Coordinator:** Georgia LaCour

**Required Supplies:** *Alphabet Book* \$5 (provided at first class)

**Location:** West Feliciana Parish Library

#### NEW! Beginning French

This will be a beginning course on the French language formatted around the needs and requirements of the participants. The study of French requires familiarizing students with three different aspects: speaking (forming the sounds of the

language), translation ( building vocabulary for items and actions), and syntax ( putting that knowledge into a coherent sentence or expression). The group can choose to focus more on one aspect, or another as needed or to get a more general overview of all three. As per the teacher’s preference, a bit of culture will be added as well!

**Time & Dates:** 1:00 p.m. – 3:00 p.m.

Monday, July 11, 18, 25, August 1

**Course Code:** OFFFB(5)

**Course Fee:** \$35 (Early Bird - \$30)

**Instructor:** Sally C Jones

**Coordinator:** Ed Lanius

**Required Supplies:** Any good French/ English dictionary, pen or pencil, some type of pad or notebook, and index cards (any size)

**Location:** West Feliciana Parish Library

#### Beginning Yoga

The yoga practiced in this course works for all levels and is very approachable for beginner students. The real focus is on breathing, increased flexibility and strength, balance, and overall body awareness.

**Time & Dates:** 9:00 a.m. – 10:00 a.m.

Wednesdays and Fridays, July 13, 15, 20, 22, 27, 29, August 3, 5, 10, 12

**Course Code:** OFGEYOG(26)

**Course Fee:** \$40 (Early Bird - \$35)

**Instructor:** Jane Simmons

**Coordinator:** Carla Bowman

**Required Supplies:** Yoga mat available on Amazon, Target, and Wal-Mart.

**Optional Supplies:** Yoga block and yoga strap (instructor can order for those interested)

**Location:** West Feliciana Parish Library

#### NEW! Bridge: Playing the Hand

“Bridge: Play of the Hand” will use duplicate boards to play the same hand at each table at the same time. After each hand we will discuss the bidding, the opening lead, the count of winners and losers by the declarer, the plan of the defenders, and the execution of the plan. Each student will receive the Standard American Yellow Card booklet

and convention card. In a round of four hands, each table position will be declarer once, dummy once and defender twice. All levels of skill are welcome and beginners with a basic knowledge are encouraged to enroll.

**Time & Dates:** 1:00 p.m. – 4:00 p.m.

Tuesday, July 12, 19, 26, August 2

**Course Code:** OFBRIDGE(1)

**Course Fee:** \$45 (early bird \$40)

**Instructor:** Ralph Schomburg

**Coordinator:** Dawn Hoyle

**Optional Supplies:** *The Fun Way to Serious Bridge* by Harry Lampert

**Location:** West Feliciana Parish Library

#### NEW! Chair Exercise

Chair exercise is the perfect way to help us remain active as we age or have issues getting on the floor. The movements used in class are designed to increase strength, flexibility, improve posture and balance, and help us feel both more relaxed and energetic. For those of you who can perform some of the movements standing, using the chair for balance, those options will be demonstrated as well. All movements will be safe, simple, and easy to follow.

This class will BEGIN promptly at 10:15. Come early so you may use the restroom, get your things put away and place your chair where you wish. Please, I would rather you not come into the room once we’ve started. It disrupts everyone, especially the instructor.

**Time & Dates:** 10:15 a.m. – 11:15 a.m.

Friday, July 15, 22, 29, Aug. 5

**Course Code:** OFCHE(2)

**Course Fee:** \$20 (Early Bird - \$15)

**Instructor:** Pat Heurtin

**Coordinator:** Dawn Hoyle

**Location:** West Feliciana Parish Library

#### NEW! Dancercise

Dancercise is an energetic dance party that fuses exercise, cardio, strength, & jazz combinations. This class will alternate fast & slow rhythms to help improve your cardiovascular fitness and get results quickly. Join us today to get fit and have fun!



## FELICIANAS CHAPTER COURSES

**Time & Dates:** 10:00 a.m. – 12:00 p.m.

Thursday, July 14, 21, 28, August 4

**Course Code:** OLDAN(1)

**Course Fee:** \$35 (early bird \$30)

**Instructor:** Jerisse Grantham

**Coordinator:** Georgia LaCour

**Location:** West Feliciana Parish Library

### NEW! Health Issues and Medical Screening

Heart disease and cancer have been the number one and two causes of death in the United States for almost 90 years. Much has been learned over the last several decades about prevention, diagnosis, and treatment of these diseases. This course will briefly describe the evolving knowledge about the epidemiology, the risk factors, the prevention, and the diagnosis of heart disease and cancer. A brief discussion on recent therapeutic advances will be included.

There is some basic misunderstanding about medical screening tests. For instance, why isn't it recommended that all women over 40 years of age get screening mammograms? Why do some organizations recommend cessation of prostate screening at age 70? This course will look at basic principles of medical screening tests. The most current screening guidelines for some common medical conditions such as breast cancer, prostate cancer, colon cancer, lung cancer, depression, and osteoporosis will be reviewed.

**Time & Dates:** 9:15 a.m. – 11:15 a.m.

Monday, July 11, 18

**Course Code:** OFHEART(1)

**Course Fee:** \$20 (Early Bird - \$15)

**Instructor:** Dr. Nelson Perret

**Coordinator:** Ed Lanius

**Location:** West Feliciana Parish Library

### John James Audubon and the Birds of West Feliciana



In June of 1821, John James Audubon came by steamboat from New Orleans to West Feliciana Parish. His stay at Oakley, which he claimed was a "paradise of birds", was one of the most formative summers

of his life. In this course we celebrate the Audubon bicentennial by examining the artist's life, his paintings in the magnificent *The Birds of America*, and the natural history of his subjects, the birds of West Feliciana.

**Time & Dates:** 9:00 a.m. – 11:00 a.m.

Tuesday, July 12, 19, 26, August 2

**Course Code:** OFBWF(2)

**Course Fee:** \$35 (early bird \$30)

**Instructor:** Darlene Reaves

**Coordinator:** Ernest Ayo

**Location:** West Feliciana Parish Library

**Location:** Zoom Online

### NEW! Water Media Art: Mastering Possibilities

Enjoy the freedom of Water Media Painting! Experience the joy in painting, where trial-and-error is embraced. This class uses water-based mediums (watercolor, acrylic, chalk paint, India ink, water soluble graphite and other water-based materials) to create paintings on watercolor paper or canvas. Beginning with an overview of each water based medium, weekly class projects will highlight new techniques that can be applied to previous paintings, or in creation of new art. Step-by-step instruction, class and individual demonstrations and guidance will be provided. These classes will focus on design/composition when creating original realism-based art to abstract art in a fun, light-hearted atmosphere. It's time to create!

**Time & Dates:** 1:00 p.m. – 4:00 p.m.

Friday, July 15, 22, 29, Aug. 5

**Course Code:** OFWATER(1)

**Course Fee:** \$45 (early bird \$40)

**Instructor:** Cheri Fry

**Coordinator:** Pam Freshney

**Optional Supplies:** Purchase at Michaels and/or Hobby Lobby:

Watercolor paint in tubes (cadmium red, cadmium yellow, ultramarine blue, cobalt blue, burnt umber, hookers green, raw sienna) Paint brushes - watercolor / acrylic, variety pack of flat and round, variety of sizes Mixed Media Paper Pad (140lb weight paper is best, it is thicker paper) tabletop folding easel Paper towels 2 9x12 canvases small spray bottle

**Location:** West Feliciana Parish Library

 In-person class  Zoom class

## SESSION II

### Basic Yoga

Breathe, stretch & relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, and leave your cell phone in the car. Come to class on an empty stomach, be early, bring a yoga mat, and wear comfortable clothing that does not impede your activity. This class meets twice a week continuously during the semester sessions & intersessions.

**Time & Dates:** 8:00 a.m. – 9:00 a.m.

Tuesday and Thursday, August 16, 18, 23, 25, 30 Sept. 1, 6, 8, 13, 15, 20, 22

**Course Code:** OFBEYOG(58)

**Course Fee:** \$40 (early bird \$35)

**Instructor:** Owen Kemp

**Coordinator:** Georgia LaCour

**Required Supplies:** Yoga mat

**Location:** West Feliciana Library

### Beginning Yoga

The yoga practiced in this course works for all levels and is very approachable for beginner students. The real focus is on breathing, increased flexibility and strength, balance, and overall body awareness.

**Time & Dates:** 9:00 a.m. – 10:00 a.m.

Wednesdays and Fridays, Aug. 17, 19, 24, 26, 31, Sept. 2, 7, 9, 14, 16, 21, 23

**Course Code:** OFGEYOG(27)

**Course Fee:** \$40 (Early Bird - \$35)

**Instructor:** Jane Simmons

**Coordinator:** Carla Bowman

**Required Supplies:** Yoga mat available on Amazon, Target, and Wal-Mart.

**Optional Supplies:** Yoga block and yoga strap (instructor can order for those interested)

**Location:** West Feliciana Parish Library

## LAGNIAPPE CHAPTER COURSES

 In-person class  Zoom class

### SESSION I

#### NEW! The Anthropology of Death Part II

This course serves to offer a continuation of last summer's "The Anthropology of Death" course. In this course, we will discuss various cultural concepts and beliefs surrounding death and dying through an anthropological lens. Students who participated last year are encouraged to re-enroll, as this course has been redesigned to include new lectures, insight, and a new text! Throughout the summer, we will have open discussions on various topics including processes of body preparation throughout time, legality of death and dying, cultural and religious phenomena surrounding death, anatomical donation, and so much more! Come curious and prepared to discuss your thoughts, opinions, and experiences on death and dying. Please note: This course will include information and images of human remains that may be considered disturbing to some.

**Time & Dates:** 3:30 p.m. – 5:00 p.m.  
Tuesday, July 12, 19, 26, August 2

**Course Code:** OLANT(2)

**Course Fee:** \$25 (early bird \$20)

**Instructor:** Christopher Goden

**Coordinator:** Bud Snowden

**Required Supplies:** Stiff: The Curious Life of Cadavers by Mary Roach - Can be purchased on Amazon

**Location:** Zoom Online

#### NEW! Bridge Workshop

Playing bridge is fun! Playing bridge is also the best way to learn to play bridge. Everyone who has taken Beginning Bridge 1 or 2, and everyone who has a basic knowledge of how to play bridge is invited to come enjoy playing bridge. (Going on vacation? Come when you can and play while you're away.) Bring your partner if you have one, or just enjoy meeting new people who love the game as much as you do. There will be time after each hand to look at the cards and analyze the play, and the instructor will be available to answer questions and give mini lessons as needed. Score will not be kept – everyone is a winner!

**Time & Dates:** 9:30 a.m. – 11:30 a.m.

Wednesday and Friday, July 13, 15, 20, 22, 27, 29, August 3, 5, 10, 12, 17, 19 (Six Weeks)

**Course Code:** OLBRIDGE(1)

**Course Fee:** \$90 (early bird \$85)

**Instructor:** Martha Robson

**Coordinator:** Martha Robson

**Location:** The Claiborne of Baton Rouge (formerly known as The Blake at the Grove Retirement Community)

#### NEW! Chinese Food, Holidays, & Dining Culture

A country with five thousand years of history, China is home to 1.4 billion people and 56 ethnic groups. Diverse holidays and festivals with local specialties are celebrated all year round in different parts of China. Yet three holidays are marked on the Chinese lunar calendar in every Chinese household: Spring Festival, Dragon Boat Festival, and Mid-Autumn Festival. Our course introduces the origin, celebration, typical food, and most importantly, cultural connotations of these holidays. The instructor will welcome you to a Chinese food-making adventure and a fantastic virtual experience of the Chinese holiday celebration.

**Course Arrangement:**

- Week 1: Spring Festival & Dumplings
- Week 2: Dragon Boat Festival & Zongzi
- Week 3: Mid-Autumn Festival & Mooncake
- Week 4: Table Manners and Cultural Taboos

**Time & Dates:** 9:30 a.m. – 11:30 a.m.  
Tuesday, July 12, 19, 26, August 2

**Course Code:** OLCHINF(1)

**Course Fee:** \$35 (Early Bird - \$30)

**Instructor:** Zhenman Ye

**Coordinator:** Bud Snowden

**Location:** St. James Place Retirement Community (Theater Room)

#### NEW! Chinese Taiping Rebellion- The Bloodiest Chinese Civil War (1851-1864)

The Taiping Rebellion is the fourteen-

years' warfare between China's last feudal dynasty Qing and the Taiping Heavenly Kingdom. Originating from south China's Guangxi province, the Taipings set up a rebel regime in 1851, successfully fought all the way along the Yangzi River, and established their capital in Nanjing in 1853. From there, the Taiping founder Hong Xiuquan, namely the Heavenly King, ruled the pseudo-Christian nation and confronted the Qing imperial court until being defeated in 1864. Conservatives estimate roughly twenty to thirty million people died directly from the war. The bloodiest civil war doomed the demise of Qing dynasty and unleashed a new era in Chinese history—open-up to the West. The course presents the Rebellion itself, the American element in the war, how the Rebellion is conceptualized in the Chinese and West historiography, and how it shaped the history of China and the West.

**Course Arrangement:**

- Week 1: God's Chinese Son—Hong Xiuquan & the Taiping Rebellion
- Week 2: The God from the West—Frederick Townsend Ward, A Forgotten Hero from America
- Week 3: Rebellion, Revolution, or Peasant Uprising?
- Week 4: Taiping Rebellion, A Disaster or A Blessing for China?

**Time & Dates:** 9:30 a.m. – 11:30 a.m.  
Thursday, July 14, 21, 28, August 4

**Course Code:** OLCHINR(1)

**Course Fee:** \$35 (early bird \$30)

**Instructor:** Zhenman Ye

**Coordinator:** TBD

**Location:** St. James Place Retirement Community (Theater Room)

#### NEW! Deconstructing Gender for "Others": Studies on Masculinity, LGBTQ+ Community, the Intersectionality of Race and Gender, and Transnational Perspective

Often people misunderstand Gender and Sexuality Studies as a discipline that focuses solely on women. This course



# COURSE DESCRIPTIONS

COURSES BEGIN JULY 11

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## LAGNIAPPE CHAPTER COURSES

 In-person class  Zoom class

will help in deconstructing the idea of gender and focus on the 'less' explored gender identities. It will cover topics such as various forms of masculinity, gender and sexual identity politics among LGBTQ+ communities, internalizing race and gender among people of color, and transnational perspectives. This will help students link mundane experiences with broad sociological theories such as Feminist Theories, Labelling Theory, and Shame Reintegration Theory, to name a few. Finally, this course will enlighten individuals with the several faces of gender identity construction and give a holistic global and local perspective on the role played by gender and sexuality in constructing identities.

**Time & Dates:** 10:30 a.m. – 12:00 p.m.  
Wednesday, July 13, 20, 27, August 3

**Course Code:** OLDEC(1)

**Course Fee:** \$25 (Early Bird - \$20)

**Instructor:** Heeya Datta

**Coordinator:** Pam Baldwin

**Location:** Zoom Online

### Dorothy Parker – And the Wit Goes On

Dorothy Parker was a celebrity writer and the wittiest woman in America in the 1920s. Her stories about women, men, social justice, and human foibles were and are wildly popular and are still quoted. We'll read ten of her short stories in *The Portable Dorothy Parker*. We may laugh, cry, or fume while admiring her way with words and human emotions.

**Time & Dates:** 11:30 a.m. – 1:00 p.m.  
Tuesday, July 12, 19, 26, Aug. 2

**Course Code:** OLWIT(3)

**Course Fee:** \$25 (Early Bird - \$20)

**Instructor:** Emily Toth

**Coordinator:** Kathy Bosworth

**Location:** Zoom Online

### NEW! Elizabeth I: In Her Own Words

"I know I have the body of a woman, but I have the heart of a King." – speech at Tilbury, 1588. Queen Elizabeth I, daughter of Henry VIII, was England's first Queen

Regnant – head of state and the Church of England in sole right. After ascending to the throne in 1558, at the age of 25, she ruled for 44 years, during which her (all male) courtiers, advisors, clerics, and members of Parliament regularly challenged her will regarding the direction of the Church, and her failure to marry and bear children. Using the texts of her letters, poems, and speeches, we'll delve into the mind and heart of the woman who saw herself as King.

**Time & Dates:** 10:30 a.m. – 12:00 p.m.  
Thursday, July 14, 21, 28, Aug. 4

**Course Code:** OLELIZ(1)

**Course Fee:** \$25 (Early Bird - \$20)

**Instructor:** Sue Lincoln

**Coordinator:** Kathy Bosworth

**Location:** Zoom Online

### Forensic Anthropology

In a continuation of last year's popular Forensic Anthropology course, we will explore and understand what a forensic anthropologist is and how they serve the forensics community. In this course, participants will learn about forensic skeletal recovery and analysis conducted in both domestic and international domains. This course will also offer insight into famous and popular forensic investigations that involved forensic anthropologists. Students who have previously taken this course are welcome to re-enroll as this course has been redesigned and will offer a new spin on repeated information as well as offer new insight and interactive modules aimed at maximizing participation and takeaways from the class! Course topics will include estimation of biographic information from the skeleton, court testimony, crime-scene investigation and recovery, discussion of previous crimes and human rights violations involving forensic anthropologists. Please Note: This course will include information and images of human remains.

**Time & Dates:** 3:30 p.m. – 5:00 p.m.  
Monday, July 11, 18, 25, August 1

**Course Code:** OLFORANT(2)

**Course Fee:** \$25 (Early Bird - \$20)

**Instructor:** Christopher Goden

**Coordinator:** Claire Fontenot

**Location:** Zoom Online

### NEW! Geography of the Dead

This course will look at the cemetery as a cultural landscape. What is a cultural landscape? In geography, a cultural landscape is the result of human interaction with the environment. Geographers study cemeteries as a cultural landscape to better understand people. Where are cemeteries located? How have cemeteries changed over time? What can a cemetery tell us about the culture, values, and lives of the dead? The living? This course will focus on Western customs as they are particularly expressed in the United States. However, the burial customs of other societies will also be explored, such as Jewish and Islamic nations, as well as other countries like China and Japan.

**Time & Dates:** 1:30 p.m. – 3:00 p.m.  
Tuesday, July 12, 29, 26, August 2

**Course Code:** OLGEO(1)

**Course Fee:** \$25 (Early Bird - \$20)

**Instructor:** Alicia Cerquone

**Coordinator:** Claire Fontenot

**Location:** Zoom Online

### NEW! "Guns, Gold, and Empire": European Global Empires, 1492-1763

This set of lectures examines five cases of European colonization in the 16th and 17th centuries: Portugal, Spain, England, France, and Holland. We will study key voyages of exploration with special focus on how each "organized" their colonies and the long-term repercussions for these decisions both in the context of European history and World History as well.

**Time & Dates:** 1:30 p.m. – 3:00 p.m.  
Friday, July 15, 22, 29, Aug. 5, 12 (Five Weeks)

**Course Code:** OLGUNS(1)

**Course Fee:** \$35 (Early Bird - \$30)

**Instructor:** Jared Day

**Coordinator:** Karen Egedy

**Location:** Zoom Online

## LAGNIAPPE CHAPTER COURSES

 In-person class  Zoom class

### Line Dancing

Come have a great time showing off all your best dance moves. Line dancing is a line of dancers executing a sequence of steps at the same time. It has a strong country music base, but has crossed into music styles like disco, pop, Cajun, and Latin. In line dancing, the balance of male and female partners doesn't matter, so sign up for this course either as a single or a couple. The fun begins with "The Cupid Shuffle" and ends with "The Zydeco Bounce."

**Time & Dates:** 12:30 p.m. – 2:30 p.m.  
Friday, July 15, 22, 29, Aug. 5

**Course Code:** OLLID(26)

**Course Fee:** \$35 (Early Bird - \$30)

**Instructor:** Jerisse Grantham

**Coordinator:** Mackie Burt

**Location:** The Claiborne of Baton Rouge (formerly known as The Blake Retirement Community.)

### NEW! Multicide: Forms of Multiple Homicide

In this course, we will discuss a variety of forms of multiple homicide (multicide): serial murder, mass murder, spree murder, and domestic terrorism. In each class we will discuss in-depth the characteristics for categorization, or in other words, how do we determine if the offender is a serial killer or a spree killer. We will cover some prolific examples of each form, such as Gacy, Ramirez, Holmes, and Ted Kaczynski, as well as some lesser-known examples. Finally, we will explore the effects these multicides have had on society. Join me on a journey of exploration and clarification of horrific homicides.

**Time & Dates:** 11:30 a.m. – 1:00 p.m.  
Monday, July 11, 18, 25, August 1

**Course Code:** OLMULT(1)

**Course Fee:** \$25 (Early Bird - \$20)

**Instructor:** Katie Cali

**Coordinator:** Mary Lou Cutrera

**Location:** Zoom Online

### The Parables of Jesus

An invitation to delve deeper into the context, meaning and purpose of the very

words of Jesus, and so into the heart of the Gospel He proclaimed. The course will present most of the salient parables of Jesus against the religious, cultural, economic, social, and political context within which these stories of liberation were presented. They represent a challenge to our faith and contain a call to a radical conversion guaranteed to leave us uncomfortable and uncertain about our past faith commitment and yet fill us with a confidence as to how and where to proceed into the future. You will never be the same!

**Time & Dates:** 10:00 a.m. – 12:00 p.m.  
Monday, July 11, 18, 25, Aug. 1, 8, 15 (Six Weeks)

**Course Code:** OLPOJ(2)

**Course Fee:** \$45 (Early Bird - \$40)

**Instructor:** Dr. Francis W. Vanderwall

**Coordinator:** Dr. Francis W. Vanderwall

**Required Supplies:** *The Liberating Stories of Jesus Word, Context, & Reflections* by Francis W. Vanderwall Available at Catholic Bookstore (Florida and Sherwood Forest Blvd.) and Amazon.com and in most BR City libraries

**Optional Supplies:** *Freedom from Fear, a way through the ways of Jesus the Christ* by Francis W. Vanderwall. Available at Catholic Bookstore (Florida and Sherwood Forest Blvd) and Amazon.com and in most BR City libraries.

**Location:** St. James Place Retirement Community (Theater Room)

### NEW! Profiles in Power: Europe in the Age of Absolutism, 1648-1786

This series of lectures examines the emergence of "absolute monarchs" in 17th and 18th century Europe. Exemplified by the likes of France's Louis XIV, these kings sought to govern without any constraints, declaring that they ruled by "divine right." Absolutism was the order of the day as monarchs sought to expand their empires, their palaces, and even remake nature itself to impose order and civilization in the chaotic wake left by the Thirty Years War. We will showcase figures such as Louis XIV, Russia's Peter the Great, Austria's Empress Maria Theresa, and Prussia's Frederick the

Great among others.

**Time & Dates:** 1:30 p.m. – 3:00 p.m.  
Monday, July 11, 18, 25, August 1, 8 (Five Weeks)

**Course Code:** OLPROF(1)

**Course Fee:** \$35 (Early Bird - \$30)

**Instructor:** Jared Day

**Coordinator:** Karen Egedy

**Location:** Zoom Online

### Preventing Cognitive Decline as We Age: A New Understanding

This course will describe advances in our understanding of factors that keep our brains healthy. It will provide actionable steps that we can take to prevent memory loss in our senior years. The course will change the way you think about brain health even if you are at high risk of cognitive impairment. It will give guidance on risk assessment. A discussion of the Bredesen protocol, the first program to show reversal of mental decline, will be included.

**Time & Dates:** 1:30 p.m. – 3:00 p.m.  
Thursday, July 14, 21, 28, Aug. 4

**Course Code:** OLCOG(4)

**Course Fee:** \$25 (Early Bird - \$20)

**Instructor:** Lawrence "Sal" Guidry

**Coordinator:** Claire Fontenot

**Location:** Zoom Online

### The World of Italian Wine

Continue to explore with us the world of Italian wine as we sample new wines from those we tasted during the class this spring. Whether Pinot Grigio is the only Italian wine you know or you are familiar most Italian wines, you will find something of interest in this class. The instructor brings his own unique perspective from years in the Italian wine business to introduce you to Italian wines, both reds and whites. Along the way, you will learn something about the winemaking process as well as something of the history, geography, and culture of Italy. We will sample 6 wines in each class and the instructor will discuss the background and characteristics of each wine. Light snacks



## LAGNIAPPE CHAPTER COURSES

 In-person class  Zoom class

will be served to complement the wines. The class will meet every other week during the semester.

**Time & Dates:** 7:00 p.m. – 9:00 p.m.

Wednesday, July 13, 27

**Course Code:** OLWINE(2)

**Course Fee:** \$75 (early bird \$70) Wines and snacks are included with this fee.

**Instructor:** Antonio Molesini

**Coordinator:** Hugh McClain

**Location:** Pocorello's Restaurant Casa D'Italia Restaurant

### NEW! Zombie Films: Tracing the Haitian Roots of the Zombie as American Monster



This course will focus on the origin of the zombie as an American Horror genre, tracing its roots born out of Western colonization and the trans-Atlantic slave trade through Haiti to the United States. Through early films such as "White Zombie" and "Ouanga (Love Wanga)" in which the zombie stands in for the enslaved "Other," to George A. Romero's reinvention of the zombie as flesh-eating monster in "Night of

the Living Dead", and Dan O'Bannon's shift to horror comedy in "Return of the Living Dead", we will discuss the zombie as a metaphor for cultural anxieties surrounding racial tensions, gender and sexual liberation, consumerism, and war. Students will be asked to watch films and complete readings outside of class.

**Time & Dates:** 1:30 – 3:00 p.m.

Wednesday, 13, 20, 27, August 3

**Course Code:** OLZOMB(1)

**Course Fee:** \$25 (early bird \$20)

**Instructor:** Naomi Bennett

**Coordinator:** Karen Egedy

**Required Supplies:** "Return of the Living Dead" is available for rent on Amazon. All other movies are available online for free, and all readings will be provided as PDFs.

**Location:** Zoom Online

## SESSION II

### Basic Hatha Yoga

Practice yoga and enrich your lifestyle by learning yoga poses and shapes while using your breath with movement. Breathe, stretch, and relax your way to improved posture, endurance, flexibility,

and strength. Wear comfortable clothes. A yoga mat, yoga block(s) and yoga strap are required (blanket and towel are optional). No prior yoga experience is necessary. You must be able to sit comfortably on your yoga mat on the floor and able to transition to standing poses. Join this coed class of yogis to discover the "present moment" while gaining strength, stamina, and core stability. Leave your shoes, cell phone and the "outside world" to enjoy this class. Focus on the PRESENT and the NOW with gratitude and without judgment in Basic Hatha Yoga class.

**Time & Dates:** 9:30 a.m. – 10:30 a.m.

Monday and Wednesday, August 8, 10, 15, 17, 22, 24, 29, 31, September 7, 12, 14, 19, 21

**Course Code:** OLBHY(24)

**Course Fee:** \$100 (early bird \$95)

**Instructor:** Agnes Bickham

**Coordinator:** Fran Martin

**Location:** First Christian Church





## INSTRUCTOR BIOGRAPHIES

**NAOMI BENNETT** is a performance scholar, educator, and zombiphile. She has a Ph.D. in Communication Studies and Performance Studies with a minor in Women and Gender Studies from LSU, and an MFA in Television, Film, and Theatre Production from California State Univ., Los Angeles. Her current research projects span digital connection, virtual presence, and post-911 zombies as a metaphor for cultural fears and anxieties.

**AGNES BICKHAM** is a Yoga Alliance ERYT with experience of 1,000+ teaching hours. She received her Yoga Teacher Certification from Shambhava School of Yoga. She teaches yoga as a stabilizing practice that promotes a sense of well-being, strength, confidence, balance, and joy.

**KATIE CALI** earned a Master of Science in Applied Sociology with a concentration in Criminal Justice from Southeastern. She has spent the past six years teaching Sociology and Criminal Justice courses at various colleges. Currently she is a doctoral candidate for a Ph.D. in Sociology with a concentration in Criminology at LSU.

**ALICIA CERQUONE** graduated from the State University of NY at Geneseo with a bachelor's degree in geography. She is currently pursuing a master's degree in geography at LSU. Her thesis topic is geography, crime, and policing. She also studies many aspects of the cultural landscape from cemeteries and churches to Main Streets and city skylines.

**HEEYA DAATA** is a third-year Ph.D. scholar at LSU majoring in Sociology. She earned her undergraduate and Masters of Sociology from Presidency University in India. She taught classes on sociology, introductory sociology, gender and sexuality, and social stratification.

**CHRISTOPHER GODEN** is a biological anthropologist specializing in forensic anthropology and skeletal anatomy. He graduated with a master's in Anthropology from LSU and is now pursuing a Ph.D. in Skeletal Anatomy at Ohio State. As

a forensic anthropologist, Christopher has been involved in forensic case work in GA, LA, and OH. His current research interests relate to 3D imaging of skeletal anatomy, human variation, and forensic trauma analysis. Prior to a career in academia, Christopher worked as a Death Investigation Specialist for the GA Bureau of Investigation.

**JERISSE GRANTHAM**, owner of the Jeffie Jean Dance Studio, is a certified dance teacher. She earned her BS from LSU and has enjoyed teaching dance for more than 30 years. She is also a 20-year adjunct faculty member at Tulane University.

**LAWRENCE "SAL" GUIDRY, PH.D.**, has been a licensed psychologist for over 40 years. He was a staff psychologist at VA Medical Center for 27 years, a clinical associate psychology professor in the Dept. of Psychiatry at Tulane Medical School, and in the Dept. of Psychiatry at LSU Medical School.

**OWEN KEMP** has been a yoga instructor for many years receiving her yoga training through the Living Yoga program at the Barsana Dham Ashram in Austin, TX. She attended training sessions at the Omega Institute in Rhinebeck, NY and various venues around the country and internationally.

**SUE LINCOLN** earned her BA in general studies from LSU. Retired from broadcasting, the former news director and host of WRKF's Capitol Access still writes articles for the Bayou Brief. She has extensively studied Tudor history and participates in Renaissance events all around the country.

**ANTONIO MOLESINI** is an Italian wine specialist for Republic National Distributing Company. He is a native of Cortona, Tuscany, Italy and has conducted wine tastings and wine classes at various locations in Baton Rouge.

**JOHN NELSON PERRET, MD.** graduated from LSU School of Medicine in 1976, followed by a 3-year family medicine residency. He practiced family medicine for 12 years in Zachary, LA, before teaching and practicing emergency medicine for 20 years at LSU Earl K. Long Hospital. He became the Medical Director of the LSU Student Health Center in November 2012 for 9 years, retiring January 2022.

**DARLENE REAVES** is a retired high school science teacher. She holds a Master of Arts in Science Teaching degree. During her 10 years at the New Orleans Center for Science and Math, she taught "Wildlife Biology" which focused on birds and mammals and including birding. She currently lives in St. Francisville and enjoys birding and hanging out with birders.

**MARTHA ROBSON** loves to play bridge! A retired pastor, she spends time playing at the bridge club in Metairie and online. She also believes that playing bridge is one of the best things you can do for your brain, and she loves helping people learn how to approach this complex and fascinating game.

**RALPH SCHOMBURG** has a BS in math and an MBA in finance. He worked at NASA in Houston, TX and retired as Assistant CFO. He was a part-time math instructor at San Jacinto College and is an avid bridge student and enthusiast.

**JANE SIMMONS**, a graduate of Tulane University and LSU, Jane Simmons received certification at the Living Yoga program in Austin, TX. For the past fifteen years she has instructed yoga to all ages and in a variety of settings. Additionally, she has attended yoga training in New York and Portugal.

**EMILY TOTH** (Ph.D., Johns Hopkins) is in her second century of teaching about women writers and women's lives. Her published books include academic advice under "Ms. Mentor," biographies of Kate Chopin and Grace Metalious, and an award-winning Civil War novel.

## INSTRUCTOR BIOGRAPHIES

**FRANCIS W VANDERWALL**, a theologian and author of six books in spirituality and psychology, was awarded his Ph.D. by the Graduate Theological Union and his Master of Divinity from the Jesuit School of Theology at Berkeley. He is a professor emeritus from the Franciscan Univ. and has taught courses for OLLI over the last 10 years. He was a Jesuit for almost 30 years.

**ZHENMAN YE** is a Ph.D. candidate in 19th century US History at LSU and a native of China. Zhenman Ye got her master's degree in English and US History in 2008 and lectured on American Government in a Chinese university for 10 years. As a Fulbright FLTA, Ye taught Chinese and Chinese culture in Saint Mary's College, Indiana, from 2013 to 2014. Her Ph.D. program at LSU focuses on the Comparative Study of US Civil War and Chinese Taiping Rebellion.

### SEMESTER AT-A-GLANCE

May 24 at St Francisville after the CC Lockwood presentation  
June 14 at 2:00pm at St James Place and on Zoom



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**REFUNDS AND CANCELLATIONS**

If your plans change, you must cancel five business days prior to the first day of class in order to receive a full refund or transfer to another course. If you cancel less than five business days, no refunds will be granted however you can have a one-time transfer of funds to another current course. There are no penalties for substitutions prior to the first day of class.

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