



OLLI at LSU BULLETIN

Fall 2020 • Osher Lifelong Learning Institute

FOR LEARNERS AGE 50 AND ABOVE



Courses are held at various locations.

LSU Online
& CONTINUING EDUCATION



Course Bulletin

FALL 2020

LSU Online
& CONTINUING EDUCATION

Welcome to OLLI at LSU

The Osher Lifelong Learning Institute at LSU is one of a network of 124 university-affiliated lifelong learning programs supported by The Bernard Osher Foundation. The Osher Lifelong Learning Institute, or OLLI, offers non-credit educational programs specifically developed for adults who are ages 50 and older; university connection and university support; robust volunteer leadership and sound organizational structure; and a diverse repertoire of intellectually stimulating courses.

OLLI at LSU is now a program of LSU Online & Continuing Education. This new university division combines the Continuing Education programs with LSU Online credit degree programs, strengthening LSU's focus on engagement with off-campus and lifelong learners.

We invite anyone who is interested to become an OLLI at LSU member. Membership entitles you to register in as many courses, field trips, or special events as you like. For Fall 2020, we are offering virtual courses! Come learn with us!

Our mission is to foster lifelong learning and individual growth for learners age 50 and over by creating intellectually stimulating learning opportunities that enrich lives.

MEMBERSHIP

OLLI at LSU is open to anyone who meets its two requirements:

1. is 50 years old and older; and
2. enjoys learning!

The annual membership year is from July 1 to June 30. The membership fee is \$50. The fee covers the entire membership year, so join now to take advantage of this year's offerings. Membership entitles you to a wide range of benefits. An OLLI member may attend activities offered by any chapter within OLLI at LSU: Camellia City Chapter, Felicianas Chapter, or Lagniappe Chapter.

OLLI MEMBERSHIP

Thanks to the fantastic help of so many dedicated OLLI members, OLLI at LSU has over 1100 members. Spread the word. Put some sparkle in a friend's eye. Learning in OLLI courses is fun!

Call 225-578-2500 to enroll or give the gift of OLLI to a friend. OLLI at LSU is one of 124 OLLIs located on university campuses in nearly 394 cities and towns throughout the US, together comprising 170,339 members.

OLLI AT LSU BENEFITS

- **Courses:** Experience learning something fun, challenging or amazing!
- **Field Trips:** Visit special places throughout southern Louisiana and surrounding states.
- **Coffees:** Hear outstanding speakers on topics of current interest.
- **Nature Walks:** Enjoy naturalist-accompanied walks on the third Friday of the month in some of the most beautiful places in southern Louisiana and Mississippi.
- **OLLI NEWS:** A weekly email newsletter listing upcoming OLLI activities and local interests.
- **Locations:** Programs offered at 15 locations throughout southern Louisiana.
- **LSU Museum of Art:** 10% discount on LSU MOA memberships at the Friend level or higher.
- **Manship Theatre at the Shaw Center for the Arts:** Get a discount on films (\$3) and live concerts (\$5) at the Manship theatre by typing "OLLI" in the discount code section during online checkout, or by requesting the "OLLI" discount when purchasing tickets at the box office.

- **LSU University Recreation Center (UREC):** Memberships available for OLLI members.
- **Campus Federal Credit Union:** Full membership privileges to OLLI members. Stop by one of their three branches in Baton Rouge (Main Branch at 3535 Nicholson Extension, Perkins Road Financial Center at 6230 Perkins Road, or the LSU Union Branch), or visit their website at campusfederal.org.
- **Special Access:** Other special membership benefits in your local community.
- **Best of all Benefits:** Friendships and learning with more than 1100 other OLLI at LSU lifelong learning members!

INCLEMENT WEATHER AND CLASS CANCELLATIONS

We sometimes have bad weather during the semesters and a class session may need to be canceled. We follow the EBR Parish School System for Lagniappe Chapter and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we follow the LSU's closing announcements (check online: www.lsu.edu).

Register online: www.online.lsu.edu/olli · Contact OLLI at LSU: 225-578-2500

LIKE US ON **FACEBOOK**



@OLLIatLSU

OSHER LIFELONG LEARNING INSTITUTE AT LSU

LSU Online & Continuing Education

E-12 340 E. Parker Boulevard., Baton Rouge, LA 70808

Phone: 225-578-2500

Website: www.online.lsu.edu/olli

Email: OLLI@outreach.lsu.edu

Course Calendars

COURSES BEGIN SEPTEMBER 28

Zoom (Virtual) Courses

OPEN TO ALL OLLI CHAPTER MEMBERS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8:00 a.m.–9:00 a.m. Explained! The Human Body		8:00 a.m.–9:00 a.m. Explained! The Human Body	
9:15 a.m.–10:15 a.m. Birdwatching for Beginners at Home	9:15 a.m.–10:15 a.m. Theological Roots and Routes from Ancient Times to the Present	9:15 a.m.–10:15 a.m. Mindful Movement	9:15 a.m.–10:15 a.m. The Broadway Musical: Origins Through the Golden Years	
11:00 a.m.–12:00 p.m. Introduction to Sociology	10:30 a.m.–11:30 a.m. Cold War: Then and Now	11:00 a.m.–12:00 p.m. Introduction to Sociology	10:30 a.m.–11:30 a.m. The Total Nutrition Makeover	10:30 a.m.–11:30 a.m. Cold War: Then and Now
11:45 a.m.–12:45 p.m. Alice Walker's Love and Trouble Stories	11:45 a.m.–12:45 p.m. Home Landscape	11:30 a.m.–12:30 p.m. So What, You're Over 50! Current Advances in Medicine and Surgery	11:45 a.m.–12:45 p.m. Dance Appreciation	
1:00 p.m.–2:00 p.m. The Rise and Fall of the Third Reich	1:00 p.m.–2:00 p.m. Sociology of Drugs	1:00 p.m.–2:00 p.m. The Rise and Fall of the Third Reich	1:00 p.m.–2:00 p.m. Sociology of Drugs	1:00 p.m.–2:00 p.m. Choosing and Preparing Foods for a Healthier Life
	1:30 p.m.–2:10 p.m. Spanish for Intermediates, Pt. 1		1:30 p.m.–2:10 p.m. Spanish for Intermediates, Pt. 1	
2:15 p.m.–3:15 p.m. Anti-Semitism: Historical Origins, Development, Yesterday and Today			2:15 p.m.–3:15 p.m. Anti-Semitism: Historical Origins, Development, Yesterday and Today	2:15 p.m.–3:15 p.m. Great Decisions
3:30 p.m.–4:30 p.m. Medieval Ireland	3:30 p.m.–4:30 p.m. Medieval Ireland	3:30 p.m.–4:30 p.m. Wines of the World	3:30 p.m.–4:30 p.m. Spanish for Intermediates, Pt. 2	
..... Wines of the World Spanish for Intermediates, Pt. 2	 Creole Tomatoes	
	5:00 p.m.–5:30 p.m. Art Talks (for Inquisitive Minds)			
	5:00 p.m.–6:00 p.m. Hamlet	5:00 p.m.–6:00 p.m. Hamlet		

See Following Page for In-Person Course Calendars

CAMELLIA CITY CHAPTER IN-PERSON COURSE LOCATIONS - SLIDELL

Genesis Project Church, 2144 1st St.

FELICIANAS CHAPTER IN-PERSON COURSE LOCATIONS - ST. FRANCISVILLE

Grace Episcopal Church, 11621 Ferdinand St., Jackson Hall

West Feliciana Parish Library, 5114 Burnett Rd.

LAGNIAPPE CHAPTER IN-PERSON COURSE LOCATIONS - BATON ROUGE

First Christian Church, 8484 Old Hammond Hwy.

The Wesley Center, 333 E. Chimes St.

VOLUNTEER NEEDS

Volunteer with OLLI at LSU! Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event? Our OLLI chapters are always looking for volunteers to help with course set up, events, coffees, etc... If you are interested, contact the OLLI at LSU office:

olli@outreach.lsu.edu

Camellia City Chapter Courses

IN-PERSON CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				10:30 a.m.–11:30 a.m. Tai Chi Chuan 24 Short Form Genesis Project Church

Felicianas Chapter Courses

IN-PERSON CLASSES

SESSION I				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8:00 a.m.–9:00 a.m. Basic Yoga Grace Church		8:00 a.m.–9:00 a.m. Basic Yoga Grace Church	
		9:00 a.m.–10:00 a.m. Beginning Yoga Grace Church	9:00 a.m.–11:00 a.m. Making Sense of Current Events West Felicianas Parish Library	9:00 a.m.–10:00 a.m. Beginning Yoga Grace Church
10:00 a.m.–12:00 p.m. Great Decisions West Felicianas Parish Library	10:00 a.m.–12:00 p.m. Building Communications and Community West Felicianas Parish Library	10:00 a.m.–12:00 p.m. Flags Along the Way West Felicianas Parish Library	10:00 a.m.–12:00 p.m. Beginning Pickleball West Felicianas Parish Library	10:00 a.m.–11:00 a.m. Rembrandt: Helping Us Listen and See Further West Felicianas Parish Library
1:00 p.m.–3:00 p.m. Memoir Literature and Composition West Felicianas Parish Library	1:00 p.m.–4:00 p.m. Playing Duplicate Bridge West Felicianas Parish Library	1:00 p.m.–3:00 p.m. Classical Music Travelogue West Felicianas Parish Library	1:00 p.m.–3:00 p.m. Adult Piano West Felicianas Parish Library	
SESSION II				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8:00 a.m.–9:00 a.m. Basic Yoga Grace Church		8:00 a.m.–9:00 a.m. Basic Yoga Grace Church	
		9:00 a.m.–10:00 a.m. Beginning Yoga Grace Church		9:00 a.m.–10:00 a.m. Beginning Yoga Grace Church

Lagniappe Chapter Courses

IN-PERSON CLASSES

SESSION I				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 a.m.–10:45 a.m. Basic Hatha Yoga First Christian Church		9:30 a.m.–10:45 a.m. Basic Hatha Yoga First Christian Church		
				10:00 a.m.–11:00 a.m. Tai Chi Chuan Wesley Center
SESSION II				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 a.m.–10:45 a.m. Basic Hatha Yoga First Christian Church		9:30 a.m.–10:45 a.m. Basic Hatha Yoga First Christian Church		
				10:00 a.m.–11:00 a.m. Tai Chi Chuan Wesley Center

EARLY BIRD SPECIAL

Register early online or by telephone to qualify for the Early Bird Special! Register by Friday, September 11 and pay the early bird fee, printed with the course description. **On September 12, each course fee will increase by \$5.** Courses with low enrollment as of September 21 may be canceled. If you register by September 21 and your course is canceled, you may either receive a refund or credit the course fee to another course (with no additional fees). **Note: Registration by mail is not available at this time.**

Course Descriptions

COURSES BEGIN SEPTEMBER 28

Camellia City Chapter

ALL ZOOM CLASSES ARE 1 HOUR EACH

NEW! ZOOM! Art Talks (for Inquisitive Minds)

Do you like to see amazing artwork from various time periods? Are you curious about the creative mind? Art Talks (for Inquisitive Minds) is a series of informal, short presentations with a glimpse into artists, their motivations, techniques, and their connection to the global world. Each talk will be followed by optional discussions that evolve into the following week's topic. Participants will see samples of the artist's work, processes when pertinent, and have a front row seat as we discover the power of the arts. After our initial presentations, class members will be offered options to help guide the direction of the topics, based on interest levels. You need not be an artist to have an interest in the arts and the rich history of creative minds. If you happen to be an artist, these talks will surely stir the muse inside you.

Time & Dates: 5:00 p.m. – 5:30 p.m.
Tues., Sept. 29, Oct. 6, 13, 20

Course Code: OCARTT(1)

Course Fee: \$10 (\$5 early bird)

Instructor: Charlotte Collins

Coordinator: Margo Guillott

NEW! ZOOM! Choosing and Preparing Foods for a Healthier Life

Would you like to eat healthier every day? This session will introduce you to food ideas and resources to help you incorporate healthier food into your life easily and effortlessly. You will learn that making healthy food choices is not difficult...the food is delicious...and you will be the envy of your friends.

Time & Dates: 1:00 p.m. – 2:00 p.m.
Fri., Oct. 2, 9, 16, 23

Course Code: OCFOOD(1)

Course Fee: \$15 (early bird \$10)

Instructor: TroyLynne Perrault

Coordinator: Mark Stahl

NEW! ZOOM! Creole Tomatoes

"Creole Tomatoes," like "Rotten Tomatoes," will provide participants an opportunity to discuss and/or critique popular films or TV programs offered by the instructors and by participants. As a result, the group will generate summary ratings. If time permits, books may be reviewed as well.

Time & Dates: 3:30 p.m. – 4:30 p.m.
Thurs., Oct. 1, 8, 15, 22, 29, Nov. 5

Course Code: OCTOMA(1)

Course Fee: \$25 (early bird \$20)

Instructor: Deborah McCollum and Marian Arrowsmith

Coordinator: Maria Guilott

NEW! Tai Chi Chuan 24 Short Form

Tai Chi Chuan is a powerful path to self-development through strength training, concentration, and breath work. The results can be enhanced coordination, balance and relaxation. It is recognized that practicing Tai Chi produces physical and mental well-being and is an ideal martial art and healing art and healing art for staying fit through the aging process. Tai Chi can be smooth and continuous yet when properly trained can be strong and defensive. Fundamental stance work, push-hand defense, moving drills, and analysis of martial applications will be studied. Upon successful completion of this course, students should be able to join in any open invitation session of Yang Style Tai Chi Chuan.

Time & Dates: 10:30 a.m. - 11:30 a.m.
Fri., Sept. 11, 18, 25, Oct. 2, 9, 16, 23, 30,
Nov. 6, 13, 20, Dec. 4, 11, 18

Course Code: OCTCC(1)

Course Fee: \$60 (early bird \$55)

Instructor: Marie Ricca

Coordinator: Margo Guillot

Location: Genesis Project Church, 2144 First St., Olde Towne Slidell

NEW! ZOOM! Wines of the World

An exciting and in-depth study of wine from vine to table in which we will explore the wine regions of the world including, history, geography, climate, vineyards, and styles of wine produced in each region. We will also

examine grape varieties, grape growing, and wine making. This course will provide you with the knowledge to look at a wine bottle label and better understand what you should expect from the wine. The ultimate objective will be to discover and practice how to become a better wine taster and understand your own taste preferences.

Limited to 20 people.

Time & Dates: 2:15 p.m. – 3:15 p.m.

Mon. and Wed., Nov. 2, 4, 9, 11, 16, 18

Course Code: OCWWW(1)

Course Fee: \$25 (early bird \$20)

Instructor: Harsha Chacko

Coordinator: Mark Stahl

Felicianas Chapter

Session I

Adult Piano

Tickle those ivories at your own pace. This adult piano course will guide you through the pleasure of playing piano whether you are a beginner or can play your favorite songs. Join the class in group playing activities, explore the mysteries of music theory, strengthen your fingers with piano technique exercises, and practice your piano solos. This class is about enjoying the music you make, not ability.

Time & Dates: 1:00 p.m. – 3:00 p.m.
Thurs., Oct. 1, 8, 15, 22, 29, Nov. 5

Course Code: OFAPNO(1)

Course Fee: \$45 (early bird \$40)

Supplies Required: A portable piano keyboard, extension cord if not using battery power, and headphones (if available)

Instructor: Sally Hermann

Coordinator: Dawn Hoyle

Location: West Feliciana Parish Library

Basic Yoga

Breathe, stretch, & relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, & leave your cell phone in the car. Come to class on an empty stomach, be early, bring a

yoga mat, & wear comfortable clothing that does not impede your activity. This class meets twice a week continuously during the semester sessions & intersessions.

Time & Dates: 8:00 a.m. - 9:00 a.m.

Tues. & Thurs, Sept. 29, Oct. 1, 6, 8, 13, 15, 20, 22, 27, 29, Nov. 3, 5, 10, 12, 17, 19, 24, Dec 1, 3, 8, 10

Course Code: OFBEYOG(47)

Course Fee: \$70 (early bird \$65)

Instructor: Owen Kemp

Coordinator: Georgia LaCour

Supplies Needed: Yoga mat and comfortable clothes

Location: Jackson Hall at Grace Episcopal Church

NEW! Beginning Pickleball

The course "Beginning Pickleball" will be just that – basic skills to learn how to play with some tips on basic strategy added as is appropriate. This course is not designed to prepare players to become serious competitors, but to teach the skills and rules necessary to enjoy the game.

Time & Dates: 10:00 a.m. – 12:00 p.m.

Thurs., Oct. 1, 8, 15, 22, 29, Nov. 5

Course Code: OFBPB(1)

Course Fee: \$45 (early bird \$40)

Instructor: Pat Heurtin

Coordinator: Richard Stalder

Location: West Feliciana Sports Park

Beginning Yoga

Have you been curious about yoga & its benefits? This class will show you the basics of breathing, stretching, & relaxation. Class will be gentle & no prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, and leave your cell phone in the car. Do not eat for at least 2 hours before class, be early, bring a yoga mat & wear comfortable clothing that does not impede your activity.

Time & Dates: 9:00 a.m. – 10:00 a.m.

Wed. and Fri., Sept. 30, Oct. 2, 7, 9, 14, 16, 21, 23, 28, 30, Nov. 4, 6, 11, 13, 18, 21, 25, Dec 2, 4, 9, 11

Course Code: OFGEYOG (18)

Course Fee: \$70 (early bird \$65)

Instructor: Janie Simmons

Coordinator: Carla Bowman

Supplies Needed: Yoga Mat and comfortable clothes

Location: West Feliciana Parish Library

NEW! Building Communications and Community

If you are interested in strengthening your communication skills and improving communication in the communities you serve, please join us for this new interactive class. We will focus first on your own skills, including how to: better understand your role in the communication process, practice the power

of listening, utilize thought speed, identify and interpret non-verbal behaviors, suspend judgment, and access individual strengths and weaknesses.

Then we will explore effective communications that helps builds bridges, not barriers, in our communities, including how to: appreciate and address differing points of view, bring diverse voices to the table and celebrate the gifts they bring, develop a culture of respect and value, understand how cultural differences and history impact communications, create a community where people feel like they belong, apply communication skills to community building, and design a communication framework for building community to meet a current need in West Feliciana parish.

Participants will help guide the course with feedback and recommendations. You will have information, insight, and experience that you can put to work immediately in your personal life and community.

Time & Dates: 10:00 a.m. – 12:00 p.m.

Tues., Sept. 29, Oct. 6, 13, 20, 27, Nov. 3

Course Code: OFBCCO(1)

Course Fee: \$45 (early bird \$40)

Instructor: Kerry Everitt

Coordinator: TBD

Location: West Feliciana Parish Library

Classical Music Travelogue

Get on board the classical music train as we travel first class to the great cities of Europe to hear the music of the great composers all in the comfort of our local library. Get your ticket to this music appreciation class that will focus on listening and understanding great works of music and the composers who wrote it. ALL ABOARD!

Time & Dates: 1:00 p.m. – 3:00 p.m.

Wed., Sept. 30, Oct. 7, 14, 21, 28, Nov. 4

Course Code: OFCMT(2)

Course Fee: \$45 (early bird \$40)

Instructor: Sally Hermann

Coordinator: Dawn Hoyle

Location: West Feliciana Parish Library

New! Flags Along the Way: A History of West Feliciana Parish

Flags and banners have flown since the time of the Romans and have represented armies, navies, expeditions, monarchs, and countries. When kingdoms become nations, flags became symbols of people, their history, culture, and beliefs. As the flags unfurl, we will view the history of grand homes, churches, gardens, different governments, architecture, and the people who brought them into existence when they settled this land. Gail will cover how homes, buildings, and objects are included on the National Historic Register and the Louisiana Gems that are included in National Historic Landmarks. Join us as we follow the flags of West Feliciana that render a sense and timeline of our history through photography, discussion, and handouts.

Time & Dates: 10:00 a.m. – 12:00 p.m.

Wed., Sept. 30, Oct. 7, 14, 21

Course Code: OFFLAG(1)

Course Fee: \$30 (early bird \$25)

Instructor: Gail Chisum

Coordinator: Georgia LaCour

Location: West Feliciana Parish Library

Great Decisions

Great Decisions is a participatory discussion course on world affairs created annually by the Foreign Policy Association. The course manual is published by the FPA and can be purchased online as an eBook or hard copy. There are generally 8 sessions on 8 different topics of contemporary importance. Each session begins with a short video on the assigned topic followed by a discussion led by the coordinator. The fall course will only have the 6 topics left after the coronavirus cut off the course prematurely.

This course is popular and limited to the first 20 registrants. Those who were signed up for the 2020 spring semester which was canceled will have priority.

Time & Dates: 10:00 a.m. – 12:00 p.m.

Mon., Sept. 28, Oct. 5, 12, 19, 26, Nov. 2

Course Code: OFGRDEC(10)

Course Fee: \$50 (early bird \$45)

Text Requirement: Great Decisions manual

Instructor: Sam LeBlanc

Coordinator: Virginia Smith

Location: West Feliciana Parish Library

Making Sense of Current Events

We will examine the public perception of current political issues (e.g., climate change, immigration, the environment, racial discrimination, impeachment, women's and LGBTQ rights, voting, ballot access). We will discuss the power of the media and how the treatment of the areas studied affect our political culture and institutions.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Thurs., Oct. 1, 8, 15, 22, 29, Nov. 5

Course Code: OFMSCE(2)

Course Fee: \$45 (early bird \$40)

Instructor: Jim Bolner, Sr.

Coordinator: TBD

Location: West Feliciana Parish Library

NEW! Memoir Literature and Composition

Memoir writing is an important literary genre, allowing the author to share his/her reminiscences with others. Some create memoirs for their family, allowing relatives to access facts about their own lives and those of other family members. Historically important individuals, such as publisher Katharine Graham, have been intimately involved in events such as the *Washington Post's* publication of the Pentagon Papers and the Watergate scandal; her personal history, which won a Pulitzer Prize, describes her life from its beginning to

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her seventies. John Bayley's *Iris: A Memoir of Iris Murdoch* chronicles his marriage with Dame Murdoch, a novelist and philosopher, and the effect of her Alzheimer's disease on him, her, and their marriage. Movie stars, musicians, authors, prisoners, drug addicts, travelers, etc. have written memoirs that have profoundly affected others. In this class, we will read and discuss excerpts from various memoirs and consider what our own memoirs might include.

Time & Dates: 1:00 p.m. – 3:00 p.m.

Mon., Sept. 28, Oct. 5, 12, 19, 26, Nov. 2

Course Code: OFMLC(1)

Course Fee: \$45 (early bird \$40)

Instructor: Olivia Pass

Coordinator: TBD

Location: West Feliciana Parish Library

Playing Duplicate Bridge

This course is for party bridge players to experience duplicate bridge in a fun relaxed environment. "Playing Duplicate Bridge" will provide each student with the Standard American Yellow Card booklet and convention card. We will use duplicate boards and play two to four boards at each table per round with a goal of completing 12-16 boards each week. Join us for a fun experience that will give you the confidence to play anywhere in the USA.

Time & Dates: 1:00 p.m. – 4:00 p.m.

Tues., Sept. 29, Oct. 6, 13, 20, 27, Nov. 3

Course Code: OFPDB(1)

Course Fee: \$60 (early bird \$55)

Instructor: Ralph Schomburg

Coordinator: Dawn Hoyle

Location: West Feliciana Parish Library

NEW! Rembrandt: Helping Us Listen and See Further

This inspirational course will explore fascinating stories connected with Rembrandt's 1669 painting entitled, "Return of the Prodigal Son." Experts have declared that the emotions that "...pervade all of Rembrandt's paintings, work-love, suffering, and forgiveness...reach their greatest intensity in this painting." The four classes will focus on the following: Clearing our lenses ahead of time; Rembrandt's unique approach; Using our heart instead of our mind to comment; and Leading lessons learned from Henri Nouwen. Nouwen points out that the painting

"...becomes a mysterious window through which I can step into the kingdom of God." Please come join our fun adventure!

Time & Dates: 10:00 a.m. – 11:00 a.m.

Fri., Oct. 2, 9, 16, 23

Course Code: OFREMB(1)

Course Fee: \$15 (early bird \$10)

Instructor: Bill McClendon III

Coordinator: Georgia LaCour

Location: West Feliciana Parish Library

Session II

Basic Yoga

Breathe, stretch, & relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, & leave your cell phone in the car. Come to class on an empty stomach, be early, bring a yoga mat, & wear comfortable clothing that does not impede your activity. This class meets twice a week continuously during the semester sessions & intersessions.

Time & Dates: 8:00 a.m. - 9:00 a.m.

Tues. & Thurs., Dec. 15, 17, 22, 29, 31, Jan 5, 7, 12, 14, 19, 21, 26, 28, Feb 2, 4, 9, 11 16, 18, 23, 25

Course Code: OFBEYOG(48)

Course Fee: \$70 (early bird \$65)

Instructor: Owen Kemp

Coordinator: Georgia LeCour

Supplies Needed: Yoga mat and comfortable clothes

Location: Jackson Hall at Grace Episcopal Church

Beginning Yoga

Have you been curious about yoga & its benefits? This class will show you the basics of breathing, stretching, & relaxation. Class will be gentle & no prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, and leave your cell phone in the car. Do not eat for at least 2 hours before class, be early, bring a yoga mat & wear comfortable clothing that does not impede your activity.

Time & Dates: 9:00 a.m. – 10:00 a.m.

Wed. & Fri., Dec. 16, 18, 23, 30, Jan. 6, 8, 13, 15, 20, 22, 27, 29, Feb. 3, 5, 10, 12, 17, 19, 24, 26

Course Code: OFGEYOG(19)

Course Fee: \$70 (early bird \$65)

Instructor: Janie Simmons

Coordinator: Carla Bowman

Supplies Needed: Yoga mat and comfortable clothes

Location: West Feliciana Parish Library

Lagniappe Chapter

Session I

ALL ZOOM CLASSES ARE 1 HOUR EACH

ZOOM! Alice Walker's Love and Trouble Stories

A decade before her prizewinning novel, *The Color Purple*, Alice Walker wrote these funny, sad, loving stories about black American women. We'll recollect how things used to be in the 1970s, and see what's changed in love, families, work, race relations, money, friendship, power, and romance. We'll share knowledge and humor.

Time & Dates: 11:45 a.m. – 12:45 p.m.

Mon., Sept. 28, Oct. 5, 12, 19, 26, Nov. 2

Course Code: OLAWLT(2)

Course Fee: \$25 (early bird \$20)

Instructor: Emily Toth

Coordinator: Kathy Bosworth

NEW! ZOOM! Anti-Semitism: Historical Origins, Development, Yesterday and Today

This course will cover the origins of Anti-Semitism, its development through the centuries, the many myths about Jews and Judaism, and include how those erroneous beliefs continue to influence attitudes toward Jews even today.

Time & Dates: 2:15 p.m. – 3:15 p.m.

Mon. and Thurs., Oct. 1, 5, 8, 12, 15, 19, 22, 26, 29, Nov. 2

Course Code: OLZAS(1)

Course Fee: \$35 (early bird \$30)

Text Requirements: *Modern Jews Engage the New Testament* by Rabbi Michael J Coiok; *The Holocaust, The World, and the Jews, 1933-1945* by Seymour Rossel; *Anti-Semitism: The Causes and Effects* by Paul Grosser and Edine Halperin; *Hitler's War Against the Jews* by David Altshuler

Instructor: Rabbi Barry Weinstein

EARLY BIRD SPECIAL

Register early to qualify for the Early Bird Special! Register by Friday, September 11 and pay the early bird fee, printed with the course description. *On September 12, each course fee will increase by \$5.* If you usually mail your registration, please allow time for postal delivery to meet the September 11 deadline. Courses with low enrollment as of September 21 may be canceled. If you register by September 21 and your course is canceled, you may either receive a refund or credit the course fee to another course (with no additional fees).

Basic Hatha Yoga

Enjoy yoga and learn to enrich your lifestyle by learning and practicing yoga poses while using your breath with movement. Breathe, stretch, and relax your way to improved posture, endurance, flexibility and strength. Wear comfortable clothes and bring a yoga mat, yoga block and yoga strap (blanket/towel optional). No prior yoga experience is necessary; however, you must be able to sit comfortably on yoga mat on the floor to practice seated poses. Ability to transition to standing from seated poses is necessary. Join this class of wonderful yogis and discover the “present moment” while gaining strength, stamina and core stability. Leave your shoes, cell phone and the “outside world” to enjoy this class. Focus on the PRESENT and the NOW with gratitude and without judgment.

Time & Dates: 9:30 a.m. – 10:45 a.m.

Mon. and Wed., Sept. 28, 30, Oct. 5, 7, 12, 14, 19, 21, 26, 28, Nov. 2, 4, 9, 11

Course Code: OLBHY(13)

Course Fee: \$60 (early bird \$55)

Instructor: Agnes Bickham

Coordinator: Fran Martin

Supplies Needed: Yoga Mat, yoga block, yoga strap (blanket, towel, bolster optional)

Location: First Christian Church

ZOOM! Birdwatching for Beginners at Home

This class is designed for the beginning bird watcher. It will consist of three sessions. In the first session, you will be introduced to binoculars and field guides and basic information about birdwatching. The second, we will discuss how to successfully attract birds to your yard. And the last class will offer information about birding resources that you'll be able to use going forward.

Time & Dates: 9:15 a.m. – 10:15 a.m.

Mon., Sept 28, Oct. 5, 12

Course Code: OLZBRD(1)

Course Fee: \$15 (early bird \$10)

Instructor: Jane Patterson

Text Requirements: “Kaufman’s Field Guide to Birds of North America” can be found on Amazon

Coordinator: TBD

NEW! ZOOM! The Broadway Musical: Origins Through the Golden Years

Join us as we explore the American Musical from its beginnings in the 1920’s (the Tin Pan Alley era) through the Golden Age in the 50’s and 60’s and into the 1970’s when the musical and pop music went their separate ways. During each session we will look at highlights from some of the best musicals each decade has to offer. We’ll review the work of composers and librettists such as Richard Rodgers, Lorenz Hart, Jerome Kern, Frank Loesser, Oscar Hammerstein II (far too many to enumerate) and look at productions from *Show Boat* and *Sally*, through *Anything Goes*, *No, No, Nannette*, *Oklahoma!*, *The King and I*, *My Fair Lady*, *Cabaret*, and *Camelot*. If you like classic Broadway musicals, you’ll enjoy this class!

Time & Dates: 9:15 a.m. – 10:15 a.m.

Thurs., Oct. 1, 8, 15, 22, 29, Nov. 5

Course Code: OLZBMOG(1)

Course Fee: \$25 (early bird \$20)

Instructor: Brian Pope

Coordinator: TBD

NEW! ZOOM! Cold War: Then and Now

Now-available Communist archives and memoirs give a very different picture of what went on behind the scenes of the 1945-1991 Cold War in such places as Europe, Korea and Vietnam. Now we are in new confrontations with Russia and China that revive Cold War apprehensions.

Time & Dates: 10:30 a.m. - 11:30 a.m.

Tues. and Fri., Sept. 29, Oct. 2, 6, 9, 13, 16, 20, 23, 27, 30, Nov. 3, 6

Course Code: OLCWTN(3)

Course Fee: \$40 (early bird \$35)

Instructor: Henry Bradsher

Coordinator: Karen Egedy

NEW! ZOOM! Dance Appreciation: World Survey

Let’s explore the world of dance by experiencing dance around the world! In this course, we will observe the oldest form of communication and how it has been used from one

culture to another. We will view Italy’s ritual dance, the joyful movements of India, delicate worship dances from Cambodia and energetic practices of West Africa. Video, music and even a live demonstration will be elements of this thought-provoking course!

Time & Dates: 11:45 a.m. – 12:45 p.m.

Thurs., Oct. 1, 8, 15, 22, 29, Nov. 5

Course Code: OLZDA(1)

Course Fee: \$25 (early bird \$20)

Instructor: Jillian Guinta

Coordinator: TBD

ZOOM! Explained! The Human Body

This is a 5-week program that delves into oft pondered questions about the functions (and dysfunctions) of the human body. Week 1 will answer “Why Do I Hurt?” - A deep dive into understanding our pain experience and how we can use the plasticity of the central nervous system to change our pain experience. Week 2 will piggy back off of week 1 as we answer “Why Am I Stressed?” and understand that we are hard-wired to respond to stressors as we would when fighting or fleeing a saber toothed tiger (even though a response of that magnitude is rarely necessary). Week 3 will cover “What is Inflammation?” and discuss how an otherwise necessary and normal part our healing process can go awry and wreak havoc on our body. Week 4 will introduce “Fascia - Have We Finally Found the Missing Link?” to show how this often forgotten organ system is the great connector and the answer to a lot of our health questions. And finally, we will conclude with week 5 covering “The Telomere Effect”- an understanding of how to achieve healthy aging!

Time & Dates: 8:00 a.m. – 9:00 a.m.

Tues. and Thurs., Sept. 29, Oct. 1, 6, 8, 13, 15, 20, 22, 27, 29

Course Code: OLETHB(2)

Course Fee: \$35 (early bird \$30)

Instructor: Claire Kantrow

Coordinator: TBD

ZOOM! Great Decisions

Great Decisions, the centerpiece of the longest-running civic education program in the United States devoted to foreign affairs,

empowers readers to discuss global issues shaping U.S. foreign policy and the world. The briefing book provides historical background, current U.S. policy and alternative policy options, informative maps and detailed graphs, suggested readings and resources, as well as opinion ballots for each topic. One can find an ongoing discussion of issues at www.fpa.org/great_decisions/ or become a fan of Great Decisions on Facebook. (There may be an unused book for sale. Please contact nancysidener@yahoo.com if you wish to sell one or buy one from a former student.) Planned topics for 2020: Red Sea Security, Modern Slavery and Human Trafficking, U.S. Relations with the Northern Triangle, China's Road into Latin America, The Philippines and the U.S., Artificial Intelligence and Data. The DVD is available online, so participants can watch it before each session.

Time & Dates: 2:15 p.m. – 3:15 p.m.

Fri., Oct. 2, 9, 16, 23, 30, Nov. 6

Course Code: OLGREDEC(12)

Course Fee: \$30 (early bird \$25)

Instructor: Nancy Sidener

Coordinator: Marguerite Davis

Supplies Needed: 2020 Great Decisions

Briefing Book: <https://tinyurl.com/y7zthgzk>

ZOOM! Hamlet

This is a continuation of our spring 2020 Hamlet course! In this course, we will discuss the play from Act 2 to the finish, with some review of the play's origins and context. We will consider the historical moment in which it was written, including the influence of other plays and playwrights and the political situation in London at the time. Join us in reading and watching scenes to discuss the structure of Shakespearean tragedy, the audience who watched the play, and Hamlet's journey through the stages of grief. Together, we can think about the profound truths this great play reveals about the nature of courage and vengeance.

Time & Dates: 5:00 p.m. – 6:00 p.m.

Tues. and Wed., Sept. 29, 30, Oct. 6, 7, 13, 14, 20, 21, 27, 28

Course Code: OLHAM(3)

Course Fee: \$35 (early bird \$30)

Instructor: Erica Daigle

Coordinator: Karen Egedy

NEW! ZOOM! Home Landscape

Would you like to learn about some of our plants and landscape areas in Baton Rouge? Join us to learn about different aspects of our environment. Subjects we will cover are herbs, crape myrtle trees, lawns, growing in containers, pest management, and low maintenance gardening. Learn the what, when, how, and where everything fits—what you can do for it and what it will do for you!

Time & Dates: 11:45 a.m. – 12:45 p.m.

Tues., Sept. 29, Oct. 6, 13, 20, 27, Nov. 3

Course Code: OLHOME(1)

Course Fee: \$25 (early bird \$20)

Instructor: Claire Fontenot

Coordinator: Jack Carmena

NEW! ZOOM! Introduction to Sociology

The goal of this course is to introduce you to the topic of sociology. We will explore: what makes a sociological perspective unique, what kind of research sociologists do, how we produce and experience culture, how we learn about culture in order to become members of our society in terms of social class, race and gender/sexuality. We will then use this new perspective to examine social phenomena such as: deviance, families, education, religion, economy, and politics. We will not only learn about important scholarly development and research in these areas, but we will practice seeing these phenomena without sociological imaginations. This course will challenge you to examine, evaluate, and analyze the complex and diverse world we live in.

Time & Dates: 11:00 a.m. – 12:00 p.m.

Mon. and Wed., Sept. 28, 30, Oct. 5, 7, 12, 14, 19, 21

Course Code: OLZSOC(1)

Course Fee: \$30 (early bird \$25)

Instructor: Lynette Coto

Coordinator: Lynette Coto

Text Required: *The Real World: An*

Introduction to Sociology by Kerry Ferris and Hill Stein, ISBN: 978-0393251036

ZOOM! Medieval Ireland: A History of Invasions

In this course we will be exploring the history of Ireland from its ancient past up to the 1500s. Having been ignored and unconquered by the Romans, Ireland maintained its ancient pagan traditions, religion, and culture until the efforts of St. Patrick in the 5th century and the Viking invasions in the 9th century. We will look at the ways Christianity and the Vikings affected the island, in addition to exploring the political and social outcomes of the English invasions of the 12th century which forever altered the landscape and people of Ireland. We will use primary sources, maps, and images to better understand how individual rulers and clans fought to maintain independence under the English yoke.

Time & Dates: 3:30 p.m. – 4:30 p.m.

Mon. and Tues., Sept. 28, 29, Oct. 5, 6, 12, 13, 19, 20, 26, 27

Course Code: OLMIH(3)

Course Fee: \$35 (early bird \$30)

Instructor: Erin Halloran

Coordinator: Karen Egedy

NEW! ZOOM! Mindful Movement

Mindful Movement is a yoga-based class incorporating physical yoga postures (asana), breath work (pranayama), and self-study (svadhyaya). Erin's passion lies in educating

and empowering people to transform their anxiety and pain into strength and self-love. You may be skeptical about the idea of "self-love", but this course approaches it through the lens of self-care. We'll explore various aspects of life—eating/diet, movement/exercise, social connection, limiting self-beliefs, boundary setting, and more. Being deeply in tune with your own needs allows you more space to reach your goals. Each class will include a variety of tools and techniques (yoga, journaling, shared stories) to get you moving in your body, calmer in your mind, and better connected to your heart. If you experience anxiety, chronic pain, self-doubt, or stress—this class is for you!

Time & Dates: 9:15 a.m. – 10:15 a.m.

Wed., Sept. 30, Oct. 7, 14, 21, 28, Nov. 4

Course Code: OLZMIND(1)

Course Fee: \$25 (early bird \$20)

Instructor: Erin Fuson

Coordinator: TBD

ZOOM! The Rise and Fall of the Third Reich

This course examines the advent of National Socialism at the end of the First World War through its destruction in 1945. The origins, ideology, and Nazi path to power are first considered. Various Nazi policies, ranging from remilitarization to racial exclusion will also be explored. We will then discuss the reasons Nazi Germany started the Second World War, how it prosecuted major military campaigns, how and why it committed numerous war crimes and genocide.

Time & Dates: 1:00 p.m. – 2:00 p.m.

Mon. and Wed., Sept. 28, 30, Oct. 5, 7, 12, 14, 19, 21, 26, 28, Nov. 2, 4

Course Code: OLRAFJ(3)

Course Fee: \$40 (early bird \$35)

Instructor: Greg Tomlinson

Coordinator: TBD

ZOOM! So What! You're Over 50! Current Advances in Medicine and Surgery

Healthcare providers discuss and tell of their profession and specialty to enlighten attendees about diseases, age related conditions and procedures to maintain quality of life and to reduce disabilities. Most presenters are practicing physicians in our community who cover what their specialty can offer seniors in their healthcare needs. This ongoing course features medical and surgical specialists and allied health providers. This semester will include the following specialists: Dermatology with Dr. Azeen Sadeghian MD; Physical Therapy with Gus Guterrez; Lipidology/Prevention & Wellness with Dr. Robert St. Amant; and Urology with Dr. Mark Posner; Gastroenterology (GI) with Dr. Chris Christensen and Podiatry (TBD).

Time & Dates: 11:30 a.m. – 12:30 p.m.

Wed., Sept. 30, Oct. 7, 14, 21, 28, Nov. 4

Course Code: OLSYOF(6)
Course Fee: \$25 (early bird \$20)
Instructor: Dr. Trenton James
Coordinator: Karen Egedy

NEW! ZOOM! Sociology of Drugs

This course will use Sociological theory to consider different aspects of drug use and its social and personal impacts. Together, we will apply social theory to the various issues imposed by all kinds of drugs, from caffeine to heroin. We will discuss the causes for the negative impacts that drugs have had on society, and the historical attempts to control drug consumption. Our course will also address current events and include personal stories from current and former drug users.

Time & Dates: 1:00 p.m. – 2:00 p.m.
Tues. and Thurs., Sept. 29, Oct. 1, 6, 8, 13,
15, 20, 22, 27, 29, Nov. 3, 5

Course Code: OLZSD(1)
Course Fee: \$40 (early bird \$35)
Instructor: Andrew Burns
Coordinator: TBD

ZOOM! Spanish for Intermediates Part 1

Using Zoom will be an experiment for all of us, but our class goals remain the same as before in our “in-person” class on Thursdays. We will review and expand our vocabulary as presented in the stories in the text. Using this vocabulary, we will continue to practice questions and answers, both orally and in writing. We will reinforce our knowledge of grammar and the use of verbs in the present and past tenses. Aspiring to these goals might present some laughs and re-dos as we navigate this new format together. *Hasta la vista!*

Time & Dates: 1:30 p.m. – 2:10 p.m.
Tues. and Thurs., Sept. 29, Oct. 1, 6, 8, 13,
15, 20, 22, 27, 29

Course Code: OLSPAC(4)
Course Fee: \$20 (early bird \$15)
Instructor: Merri Lee Logan
Coordinator: TBD

ZOOM! Spanish for Intermediates Part Two

Using Zoom will be an experiment for all of us, but our class goals remain the same as before in our “in-person” class on Wednesdays. We will review and expand our vocabulary as presented in the text. Using this vocabulary, we will continue to practice questions and answers, both orally and in writing, using different tenses. We will reinforce our knowledge of sentence structure, grammar and verb usage. Aspiring to these goals might

present some laughs and mistakes as we navigate this new format together, but we can do it! Hasta septiembre!

Time & Dates: 3:30 p.m. – 4:10 p.m.
Tues. and Thurs., Sept. 29, Oct. 1, 6, 8, 13,
15, 20, 22, 27, 29

Course Code: OLSPIN(6)
Course Fee: \$20 (early bird \$15)
Instructor: Merri Lee Logan
Coordinator: TBD

Tai Chi Chuan

Tai Chi is the ancient Chinese art of moving meditation which benefits your overall health. You will increase flexibility, lift your spirit and mood, reduce stress, and improve yourself overall.

Time & Dates: 10:00 a.m. – 11:00 a.m.
Fri., Oct. 2, 9, 16, 23, 30, Nov. 6

Course Code: OLTCC(3)
Course Fee: \$35 (early bird \$30)
Instructor: Barry Richard
Coordinator: Barry Richard
Location: Wesley Center

NEW! ZOOM! Theological Roots and Routes from Ancient Times to the Present

What is theology? Why is it important to religious expression? Where did it originate? How has it developed over time? Where might it be headed toward the future? All these questions, and more, will be explored, and some answered, as this course progresses. Participants will be encouraged to share openly, honestly, and in a virtual atmosphere of trust. Bring a Bible and open mind to each class.

Time & Dates: 9:15 a.m. – 10:15 a.m.
Tues., Sept. 29, Oct. 6, 13, 20

Course Code: OLZTRR(1)
Course Fee: \$15 (early bird \$10)
Instructor: The Rev. Dr. Julius “Tip” Tipton
Coordinator: Tommy Beard

ZOOM! The Total Nutrition Makeover

The Total Nutrition Makeover is a 6-week nutrition lifestyle challenge. Obesity and poor nutrition are major problems in our society today and it affects almost everyone. It's time for a change. This class will cover all the modern nutrition controversies to give you a clear understanding of what the current science on nutrition states through simple and easy to understand lessons. Along with nutrition education we will also cover effective methods to create a healthy nutrition lifestyle that you

enjoy in this fast-paced, convenient food culture we live in today. The key to better health is good nutrition. The key to good nutrition is the right knowledge and skills to implement that information into your daily life.

Time & Dates: 10:30 a.m. – 11:30 a.m.
Thurs., Oct. 1, 8, 15, 22, 29, Nov. 5

Course Code: OLTNM(2)
Course Fee: \$25 (early bird \$20)
Instructor: Kirk Vidrine
Coordinator: TBD

Session II

Basic Hatha Yoga

Enjoy yoga and learn to enrich your lifestyle by learning and practicing yoga poses while using your breath with movement. Breathe, stretch, and relax your way to improved posture, endurance, flexibility and strength. Wear comfortable clothes and bring a yoga mat, yoga block and yoga strap (blanket/towel optional). No prior yoga experience is necessary; however, you must be able to sit comfortably on yoga mat on the floor to practice seated poses. Ability to transition to standing from seated poses is necessary. Join this class of wonderful yogis and discover the “present moment” while gaining strength, stamina and core stability. Leave your shoes, cell phone and the “outside world” to enjoy the class. Focus on the PRESENT and the NOW with gratitude and without judgment.

Time & Dates: 9:30 a.m. – 10:45 a.m.
Mon. & Wed., Nov. 16, 18, 30, Dec. 2, 7, 9,
14, 16, Jan. 4, 6, 11, 13, 18, 20, 25, 27, Feb.
1, 3, 8

Course Code: OLBHY(14)
Course Fee: \$70 (early bird \$65)
Instructor: Agnes Bickham
Coordinator: Fran Martin
Supplies Needed: Yoga mat, yoga block(s),
yoga strap (blanket, towel, bolster options)
Location: First Christian Church

Tai Chi Chuan

Tai Chi is the ancient Chinese art of moving meditation which benefits your overall health. You will increase flexibility, lift your spirit and mood, reduce stress, and improve yourself overall.

Time & Dates: 10:00 a.m. – 11:00 a.m.
Fri., Dec. 4, 11, 18, Jan. 8, 15, 22

Course Code: OLTCC(4)
Course Fee: \$35 (early bird \$30)
Instructor: Barry Richard
Coordinator: Barry Richard
Location: Wesley Center

PHOTOGRAPH POLICY

We often take pictures of OLLI participants and instructors for use in our print and electronic publications. If you do not want us to use your photograph, please notify the photographer at the event.

VOLUNTEER NEEDS

Volunteer with OLLI at LSU! Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event? Our OLLI chapters are always looking for volunteers to help with course set up, events, coffees, etc... If you are interested, contact the OLLI at LSU office: olli@outreach.lsu.edu

Register online: www.online.lsu.edu/olli · Register by telephone: **225-578-2500**

FALL 2020 COURSES Check the courses in which you wish to register. Registration by phone or Online only at this time.

FEES LISTED BELOW ARE EARLY BIRD PRICES. AFTER SEPTEMBER 11, ALL COURSE FEES ARE \$5 MORE THAN THE PRICE LISTED BELOW.

Camellia City Chapter

- NEW! Art Talks (for Inquisitive Minds) OCARTT(1).....\$5
- NEW! Choosing and Prep. Foods...Health... OCFOOD(1)..... \$10
- NEW! Creole Tomatoes..... OCTOMA(1)..... \$20
- NEW! Tai Chi Chuan 24 Short Form..... OCTCC(1)..... \$55
- NEW! Wines of the World OCWWW(1)..... \$20

Felicianas Chapter

Session I

- Adult Piano..... OFAPNO(1)..... \$40
- Basic Yoga..... OFBEYOG(47)..... \$65
- NEW! Beginning Pickleball..... OFBPB(1) \$40
- Beginning Yoga OFGEYOG(18)..... \$65
- NEW! Building Comm. and Community..... OFBCCO(1) \$40
- Classical Music Travelogue..... OFCMT(2) \$40
- NEW! Flags Along the Way: W. Fel. Parish OFFLAG(1)..... \$25
- Great Decisions..... OFGRDEC(10)..... \$45
- Making Sense of Current Events OFMSCE(2)..... \$40
- NEW! Memoir Literature and Composition..... OFMLC(1)..... \$40
- Playing Duplicate Bridge..... OFPDB(1)..... \$55
- Rembrandt: Helping Us Listen &...Further....OFREMB(1)..... \$10

Session II

- Basic Yoga..... OFBEYOG(48)..... \$65
- Beginning Yoga OFGEYOG (19)..... \$65

Lagniappe Chapter

Session I

- Alice Walker's Love and Trouble Stories OLAWLT(2)..... \$20
- NEW! Anti-Semitism: Historical Origins..... OLZAS(1)..... \$30
- NEW! Abstract Acrylic Flow Painting OLAAFP(1)..... \$45
- Basic Hatha Yoga OLBHY(13)..... \$55
- Bird Watching for Beginners at Home OLZBIRD(1)..... \$10
- NEW! The Broadway Musical..... OLZBMOG(1)..... \$20
- NEW! Cold War: Then and Now..... OLCWTN(3)..... \$35
- NEW! Dance Appreciation: World Survey..... OLZDA(1) \$20
- Explained! The Human Body OLETHB(2) \$30
- Great Decisions OLGRDEC(12)..... \$25
- Hamlet OLHAM(3)..... \$30
- NEW! Home Landscape OLHOME(1)..... \$20
- NEW! Introduction to Sociology OLZSOC(1)..... \$25
- Medieval Ireland: A History of Invasions OLMIH(3)..... \$30
- NEW! Mindful Movement OLZMIND(1) \$20
- So What! You're Over 50!...Advances OLSYOF(6)..... \$20
- NEW! Sociology of Drugs OLZSD(1) \$35
- Spanish for Intermediates, Part 1 OLSPAC(4) \$15
- Tai Chi Chuan..... OLTCC(3)..... \$30
- Theological Roots Routes OLZTRR(1)..... \$10
- NEW! The Total Nutrition Makeover OLTNM(2) \$20

Session II

- Basic Hatha Yoga OLBHY(14)..... \$65
- Tai Chi Chuan..... OLTCC(4)..... \$30

NOTE: You must have an active OLLI at LSU 2020–2021 membership to register for courses.

INCLEMENT WEATHER AND CLASS CANCELLATIONS

We sometimes have bad weather during the semesters and a class session needs to be canceled. We follow the EBR Parish School System for Lagniappe Chapter and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we will follow the LSU announcements of closings listed on the website: www.lsu.edu

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**OLLI AT LSU: Enjoy Life More.
Come Learn With Us!**
**Mark your calendars with the fall
semester dates!**

CLASSES BEGIN SEPTEMBER 28

MEMBERSHIP: YOU MUST HAVE AN ACTIVE OLLI AT LSU MEMBERSHIP TO REGISTER FOR COURSES

To enjoy OLLI at LSU, you must have an active membership before you can register for courses and other fun activities. Membership for July 1, 2020 - June 30, 2021, entitles you to the many OLLI benefits listed on page 2. Your yearly membership fee is \$50. This is a non-refundable, tax-deductible donation. Check your membership status by calling LSU Enrollment Specialists at 225-578-2500.

DONATE TO OLLI AT LSU

Consider joining your OLLI friends on the Honor Roll of Donors List for 2020–2021. Your optional donation helps ensure OLLI continues to offer a quality program at bargain prices. Donations also help to support OLLI scholarships. Donations are non-refundable, tax-deductible, and appreciated. Gifts can be made in a variety of forms, including outright gifts of cash, securities and real estate, or through planned giving solutions. Your gift may be eligible for the Company Match Program. Donations may be made by credit card. Contact the OLLI office at 225-578-2500 for details.

PAYING BY CREDIT CARD

All fees may be paid by credit card online, or by calling Enrollment Services at 225-578-2500. This includes membership fees, donations, and course fees. Go to www.online.lsu.edu/olli and pay with a credit card. VISA, MasterCard, Discover, and American Express are accepted.

WAIVER

All face-to-face (F2F) events and courses will require a waiver to complete registration and participation until further notice

REFUNDS & CANCELLATIONS

If your plans change, you must cancel 5 business days prior to the first day of class in order to receive a full refund or transfer to another course. If you cancel less than 5 business days, no refunds will be granted however you can have a one-time transfer of funds to another current course. There are no penalties for substitutions prior to the first day of class.

ACCOMMODATIONS FOR PERSONS WITH DISABILITIES

To arrange accommodations for persons with disabilities, contact the OLLI office: 225-578-2500 or olli@outreach.lsu.edu