



OLLI at LSU **BULLETIN**

Fall 2021 • Osher Lifelong Learning Institute

FOR LEARNERS AGE 50 AND ABOVE



Courses are held at various locations.

LSU Online
& CONTINUING EDUCATION

Welcome to OLLI at LSU

The Osher Lifelong Learning Institute at LSU is one of a network of 124 university-affiliated lifelong learning programs supported by The Bernard Osher Foundation. The Osher Lifelong Learning Institute, or OLLI, offers non-credit educational programs specifically developed for adults who are ages 50 and older; university connection and university support; robust volunteer leadership and sound organizational structure; and a diverse repertoire of intellectually stimulating courses.

OLLI at LSU is now a program of LSU Online & Continuing Education. This new university division combines the Continuing Education programs with LSU Online credit degree programs, strengthening LSU's focus on engagement with off-campus and lifelong learners.

We invite anyone who is interested to become an OLLI at LSU member. Membership entitles you to register in as many courses, field trips, or special events as you like. For Fall 2021, we are offering virtual courses and in-person classes! Come learn with us!

Our mission is to foster lifelong learning and individual growth for learners age 50 and over by creating intellectually stimulating learning opportunities that enrich lives.

MEMBERSHIP

OLLI at LSU is open to anyone who meets its two requirements:

1. Is 50 years old and older; and
2. Enjoys learning!

The annual membership year is from July 1 to June 30. The membership fee is \$50. The fee covers the entire membership year, so join now to take advantage of this year's offerings. Membership entitles you to a wide range of benefits. An OLLI member may attend activities offered by any chapter within OLLI at LSU: Camellia City Chapter, Felicianas Chapter, or Lagniappe Chapter.

OLLI MEMBERSHIP

Thanks to the fantastic help of so many dedicated OLLI members, OLLI at LSU has over 1100 members. Spread the word. Put some sparkle in a friend's eye. Learning in OLLI courses is fun!

Call 225-578-2500 to enroll or give the gift of OLLI to a friend. OLLI at LSU is one of 124 OLLIs located on university campuses in nearly 394 cities and towns throughout the US, together comprising 170,339 members.

OLLI AT LSU BENEFITS

- **Courses:** Experience learning something fun, challenging or amazing!
- **Field Trips:** Visit special places throughout Southern Louisiana and surrounding states.
- **Coffees:** Hear outstanding speakers on topics of current interest.
- **Nature Walks:** Enjoy naturalist-accompanied walks on the third Friday of the month in some of the most beautiful places in Southern Louisiana and Mississippi.
- **UREC discount:** Exercise at the UREC center on LSU campus at a discounted rate.
- **OLLI NEWS:** A weekly email newsletter listing upcoming OLLI activities and local interests.
- **Locations:** Programs offered at many locations throughout Southern Louisiana.
- **LSU Museum of Art:** 10% discount on LSU MOA memberships at the Friend level or higher.

- **Campus Federal Credit Union:** Full membership privileges to OLLI members. Stop by one of their three branches in Baton Rouge (Main Branch at 3535 Nicholson Extension, Perkins Road Financial Center at 6230 Perkins Road, or the LSU Union Branch), or visit their website at campusfederal.org.
- **Best of all Benefits:** Friendships and learning with more than 1100 other OLLI at LSU lifelong learning members!

INCLEMENT WEATHER AND CLASS CANCELLATIONS

We sometimes have bad weather during the semesters and a class session may need to be canceled. We follow the St. Tammany Parish School System for the Camellia City Chapter, EBR Parish School System for Lagniappe Chapter, and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we follow the LSU's closing announcements (check online: www.lsu.edu).

Register online: online.lsu.edu/olli · Contact OLLI at LSU: 225-578-2500



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[FACEBOOK.COM/GROUPS/OLLI.LSU](https://www.facebook.com/groups/olli.lsu)

OSHER LIFELONG LEARNING INSTITUTE AT LSU

LSU Online & Continuing Education

E-12 340 E. Parker Boulevard., Baton Rouge, LA 70808

Phone: 225-578-2500

Website: online.lsu.edu/olli

Email: OLLI@outreach.lsu.edu

Course Calendars

COURSES BEGIN SEPTEMBER 27

Camellia City Chapter Courses

IN-PERSON CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4:00 p.m.–5:00 p.m. Tai Chi Chuan: Yang Style 24 Short Form Instruction and Exercise Lamb of God Church			4:00 p.m.–5:00 p.m. Drawing Exploration Slidell Educational Regional Center

Lagniappe Chapter Courses

IN-PERSON CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		8:00 a.m.–11:00 a.m.		
9:00 a.m.–10:00 a.m.		Beginning Birdwatching Hilltop Arboretum		
Beginning Adult Pickleball Instruction BREC Greenwood Park - Tennis Center	9:15 a.m.–11:15 a.m.	9:00 a.m.–11:00 a.m.	9:15 a.m.–11:15 a.m.	9:00 a.m.–11:00 a.m.
	Passport to Italy, Level 2 BUMC	Modern Art BUMC	Gardening for Bees, Butterflies, and Hummingbirds BUMC	A Century of Change: Through Two World Wars St. James Place
9:30 a.m.–10:30 a.m.		Smartphone Photography St. James Place		
Basic Hatha Yoga First Christian Church	10:00 a.m.–12:00 p.m.	9:30 a.m.–10:30 a.m.		
10:30 a.m.–11:30 a.m.	Who Knew? Part II Worships Centers in Baton Rouge Various Locations	Basic Hatha Yoga First Christian Church	11:30 a.m.–1:30 p.m.	
There's a Song in the Air St. James Place			Worship: Its Evolution and Its Christian Implication for Daily Living BUMC	
10:30 a.m.–12:30 p.m.		11:30 a.m.–1:00 p.m.	1:45 p.m.–3:45 p.m.	12:30 p.m.–2:30 p.m.
Jazz/Tap Jeffie Jean Dance Studio	11:30 a.m.–1:30 p.m.	So What! You're Over 50! Current Advances in Medicine and Surgery BUMC	Life Writing BUMC	Line Dancing Jeffie Jean Dance Studio
11:30 a.m.–1:30 p.m.	A Century of Change: Through Two World Wars BUMC	11:30 a.m.–1:30 p.m.	Public Education in Louisiana: The Road Ahead BUMC	
Beginning Bridge The Blake Retirement Community	Passport to Italy, Level 3: Avanti! BUMC	Beginning Bridge The Blake Retirement Community	Spanish for Intermediates(2) BUMC	
Passport to Italy, Level 1 BUMC	1:45 p.m.–3:45 p.m.	1:45 p.m.–3:45 p.m.	2:00 p.m.–4:00 p.m.	
1:45 p.m.–3:45 p.m.	North to Alaska BUMC	Prehistoric Man- What We Know and/or Think We Know of how Man Evolved BUMC	A Thirty-Eighth Opera Season St. James Place	
Gorgeous Gardens III BUMC	Spanish for Intermediates(1) BUMC	Ukraine and the Chernobyl Nuclear Accident BUMC	5:00 p.m.–7:00 p.m.	
Tim Gautreaux's Signals of Louisiana: Gumbo, Hot Sauce, Dysfunctional Families, Rusty Cars, Bible Stories, and Big Lies BUMC			Plague Stories: Boccaccio's Decameron BUMC	
			6:30 p.m.–8:30 p.m.	
6:30 p.m.–9:00 p.m.			Barbershop-Style Singing for Women BUMC Youth Activity Building	
Flicks and Food – 10th Anniversary Drusilla's Seafood Restaurant				

Felicianas Chapter Courses

IN-PERSON CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8:00 a.m.–9:00 a.m. Basic Yoga Grace Episcopal Church		8:00 a.m.–9:00 a.m. Basic Yoga Grace Episcopal Church	
9:15 a.m.–11:15 a.m. Tim Gautreaux's SIGNALS of Louisiana: Gumbo, Hot Sauce, Dysfunctional Families, Rusty Cars, Bible Stories, and Big Lies West Feliciana Parish Library		9:00 a.m.–10:00 a.m. Beginning Yoga West Feliciana Parish Library	9:00 a.m.–11:00 a.m. The Basics of Beginning Pickleball West Feliciana Sports Park	9:00 a.m.–10:00 a.m. Beginning Yoga West Feliciana Parish Library
	10:00 a.m.–11:00 a.m. Using Your Intuition to Sense What is Being Portrayed West Feliciana Parish Library	10:15 a.m.–12:15 p.m. Line Dancing West Feliciana Parish Library		10:30 a.m.–12:30 p.m. John James Audubon's Birds of West Feliciana West Feliciana Parish Library
1:00 p.m.–3:00 p.m. Ukraine and the Chernobyl Nuclear Accident West Feliciana Parish Library	10:00 a.m.–12:00 p.m. Simple Quilting LSU Cooperative Extension Building		1:00 p.m.–3:00 p.m. Freedom of Information West Feliciana Parish Library	
	1:00 p.m.–4:00 p.m. Playing Duplicate Bridge West Feliciana Parish Library		3:30 p.m.–5:00 p.m. Beginner's Croquet On the front porch of the St. Francisville Inn and the Sports Park croquet course	

Lagniappe Chapter Courses

ZOOM VIRTUAL CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 a.m.–10:00 a.m. Russia's Cultural Treasures	9:00 a.m.–10:30 a.m. Black Lives Mattering	9:00 a.m.–11:00 a.m. Modern Art	9:00 a.m.–10:00 a.m. Russia's Cultural Treasures	
	9:00 a.m.–11:00 a.m. Virtual Travel	9:30 a.m.–10:30 a.m. The History and Current Alarming Rise in Anti-Semitism	9:00 a.m.–11:00 a.m. Broadway's Greatest Musical Performances	
10:00 a.m.–11:00 a.m. Diversity and Inclusion 101			9:15 a.m.–11:15 a.m. Gardening for Bees, Butterflies, and Hummingbirds	
10:00 a.m.–11:30 a.m. History of Art – Medieval Art of the Western World	11:30 a.m.–1:00 p.m. Dorothy Parker, Woman of Wit		10:00 a.m.–11:00 a.m. Diversity and Inclusion 101	
	11:30 a.m.–1:30 p.m. A Century of Change: Through Two World Wars	11:30 a.m.–1:00 p.m. So What! You're Over 50! Current Advances in Medicine and Surgery	10:30 a.m.–12:30 p.m. The Total Nutrition Makeover	11:30 a.m.–1:30 p.m. Overview of American Film, Part II
		12:00 p.m.–1:00 p.m. Germany Among All Others, 1945-2021		11:45 a.m.–1:45 p.m. Conservatives and Liberals; Not Conservatives vs. Liberals
	1:45 p.m.–2:45 p.m. Preventing Cognitive Decline as We Age	1:15 p.m.–2:15 p.m. Why Do We Say That? Some Interesting Word Origins	1:45 p.m.–3:45 p.m. Public Education in LA: The Road Ahead	12:00 p.m.–1:00 p.m. Germany Among All Others, 1945-2021
	2:00 p.m.–3:00 p.m. Historical Vampire Burials	2:30 p.m.–4:00 p.m. 'Obstinate, Headstrong Girl': Jane Austen and the Regency Era	2:00 p.m.–3:00 p.m. Maya Mythology: Tales from the Popol Vuh	
3:30 p.m.–4:30 p.m. The Most Destructive Hurricanes in Louisiana History	3:15 p.m.–4:15 p.m. From Berries to Bread: The Origins of Agriculture		3:15 p.m.–4:15 p.m. The American Revolution for Cocktail Parties	
	4:30 p.m.–6:00 p.m. Cleopatra's Needles		5:00 p.m.–7:00 p.m. Plague Stories: Boccaccio's Decameron	

CAMELLIA CHAPTER IN-PERSON COURSE LOCATIONS

Lamb of God Church, 57210 Allen Rd.

Slidell Regional Education Center, 1050 Gause Blvd.

FELICIANAS CHAPTER IN-PERSON COURSE LOCATIONS - ST. FRANCISVILLE

Grace Episcopal Church, 11621 Ferdinand St.

St. Francisville Inn, 5720 Commerce St.

LSU Cooperative Extension Bldg., 10032 West Feliciana Pkwy.

West Feliciana Public Library, 5114 Burnett Rd.

West Felicianas Sport Park, 10226 W Feliciana Pkwy.

LAGNIAPPE CHAPTER IN-PERSON COURSE LOCATIONS - BATON ROUGE

Broadmoor United Methodist Church, 10230 Mollylea Dr.

First Christian Church, 8484 Old Hammond Hwy.

BREC Greenwood Park - Tennis Center, 13350 Hwy. 19

Hilltop Arboretum, 11855 Highland Rd.

Blake Retirement Community, 9511 Creekview Dr.

Jeffie Jean Dance Studio, 11600 South Harrells Ferry Rd.

Drusilla's Seafood Restaurant, 3482 Drusilla Ln.

St. James Place Retirement Community, 333 Lee Dr.

Course Descriptions

COURSES BEGIN SEPTEMBER 27

Camellia City Chapter

ZOOM! Choosing & Preparing Foods for a Healthier Life

Eating healthier is an individual journey! For most, it does not happen overnight. This course aspires to help you find your healthy path, to make food choices that support your health, and to prepare nutritious meals effortlessly. It will be sprinkled with lessons the instructor has learned on her own health journey that is intended to inspire you. The four classes will cover: 1) an introduction to making delicious and healthy juices and smoothies; 2) prepping food for the week and simple recipes to ensure you always have something nutritious on hand; 3) preparing one-pot meals and soups with the assistance of various cooking appliances such as a pressure cooker, slow cooker and high speed cooking blender; and 4) growing your own herbs and spices to have them on hand to enhance the taste of the foods you prepare. The instructor will share some of her favorite recipes, how she identified food sensitivities, and more.

Time & Dates: 2:00 p.m. – 3:00 p.m.
Thursday, Sept. 30, Oct. 7, 14, 21

Course Code: OSFOOD(2)

Course Fee: \$20 (Early Bird \$15)

Instructor: TroyLynne Perrault

Coordinator: Mark Stahl

Location: Zoom Online

NEW! ZOOM! Connecting with Family and Friends: Social Media 101

Have you heard the buzz about applications like Facebook and Twitter but been hesitant to give them a try? Do your family members and friends share photos of new babies, life's milestones, family gatherings and fun news while you feel like you're missing out? Social Media 101 is going to teach you the basics so you can be part of the adventures. In this three-hour course, you will learn how to create a Facebook page and connect with family and friends, how to set up a Twitter account and the basics of sharing information. The course will also touch upon safety issues to keep your account secure, as well as learning how to control who has access to your information. If you can turn on a computer and type, you can learn all about social media with this two-part introductory class. Bring a computer and join the party!

Time & Dates: 4:00 p.m. – 5:30 p.m.
Monday, Sept. 27, Oct. 4

Course Code: OSOCMED(1)

Course Fee: \$15 (early bird \$10)

Instructor: Kim Bergeron

Coordinator: TBD

Location: Zoom Online

NEW! ZOOM! Day Trippin' Around Regional New Orleans

Looking for something to do on the weekend that does not require an overnight stay? Consider a destination that allows you to return to sleep in your own bed! There are numerous interesting day trips that can get you into nature, provide unique photo opportunities, appeal to your artistic and cultural appreciation, educate and inform, entertain, and satisfy your hunger. This course will introduce you to several fun

trip choices in NOLA, along the nearby gulf coast, on the West Bank, and on the Northshore of Lake Pontchartrain. Plan day trips to revisit favorite destinations and discover new ones!

Time & Dates: 3:00 p.m. – 4:00 p.m.
Thursday, Sept. 30, Oct. 7, 14, 21

Course Code: OSDAY(1)

Course Fee: \$20 (early bird \$15)

Instructor: Mark Stahl

Coordinator: Mark Stahl

Location: Zoom Online

NEW! IN-PERSON! Drawing Exploration

This exploration is for those who claim they cannot draw, as well as the out of practice creatives. If you just want to uncover the possibilities, please join us for informal, fun drawing exercises. We will use Right-Brain activities, intuitive exercises, and beginning drawing techniques that you can continue at home as you continually develop observational skills and eye-hand coordination. Drawing is the first window to a world of media possibilities.

Time & Dates: 4:00 p.m. – 5:00 p.m.
Friday, Oct. 1, 8, 15, 22

Course Code: OSDRAW(1)

Course Fee: \$20 (early bird \$15)

Instructor: Charlotte Collins

Coordinator: Margo Guilot

Required Supplies: Drawing paper, newsprint paper, 6B, 8B and 10B pencils, kneaded and plastic erasers

Optional Supplies: Drawing on the Right Side of the Brain by Betty Edwards, other optional drawing material

Location: Olde Towne Slidell

NEW! ZOOM! Harnessing the Power of Social Media for Businesses, Non-profits, and Organizations

(It is recommended that you take "Connecting with Family and Friends via Social Media" on Mondays or have Facebook experience before taking this class.) So, you've ventured into the world of social media and created your Facebook and/or Twitter accounts. Now what? With this course, designed for businesses, organizations, and non-profits, you will learn how to engage your connections with interesting, fun, and informative posts, how to choose the appropriate settings, and how to create event posts to help promote your business or your favorite causes. You will also learn what and when to share to effectively engage your audiences for maximum results. The instructor will present case studies, including how Facebook was used to create and promote the Super Bowl Sunday Blackout and Gold Second Line parade which garnered half a million Facebook impressions and drew 30,000 people just five days after the permit was issued. You may arrive intimidated, but you will leave empowered by your newfound Facebook and Twitter skills.

Time & Dates: 3:00 p.m. – 4:30pm
Fri. Oct. 8, 15

Course Code: OSHARN(1)

Course Fee: \$15 (early bird \$10)

Instructor: Kim Bergeron

Coordinator: TBD

Required Supplies: Laptop Computer

Location: Zoom Online

NEW! IN-PERSON! Tai Chi Chuan: Yang Style 24 Short Form Instruction and Exercise

Tai Chi Chuan is a powerful path to self-development through strength training, concentration, and breath work. The results can be enhanced coordination, balance, and relaxation. It is recognized that practicing Tai Chi Chuan produces

physical and mental wellbeing and is an ideal martial art and healing art for staying fit through the aging process. Tai Chi Chuan can be smooth and continuous yet when properly trained can be strong and defensive. Fundamental stance work, moving drills, and analysis of martial applications will be studied. Upon successful completion of this course, students should be able to join in any open invitation session of Yang Style 24 Short Form Tai Chi Chuan.

Time & Dates: 4:00 p.m. – 5:00 p.m.

Tuesday, Sept. 28, Oct. 5, 12, 19, 26,
Nov. 2, 9, 16, 30, Dec. 6, 13, 20

Course Code: OSTAI(1)

Course Fee: \$45 (early bird \$40)

Instructor: Marie Ricca

Coordinator: Margo Guilot

Optional Supplies: Tai Chi Chuan,
Classical Yang Style by Dr. Yang,
Jwing-Ming (Books or DVDs)

Location: Lamb of God Church

ZOOM! Wines of the World

This is an exciting and in-depth study of wine from vine to table. We will explore the wine regions of the world including, history, geography, climate, vineyards, and styles of wine produced in each region. We will also examine grape varieties, grape growing, and wine making. This course will provide you with the knowledge to look at a wine bottle label and better understand what you should expect from the wine. The ultimate objective will be to discover and practice how to become a better wine taster and understand your own taste preferences.

Time & Dates: 3:15 p.m. – 4:15 p.m.

Monday and Wednesday, Sept. 27, 29,
Oct. 4, 6, 11, 13

Course Code: OSWWW(3)

Course Fee: \$25 (early bird \$20)

Instructor: Harsha Chacko

Coordinator: Mark Stahl

Location: Zoom Online

Felicianas Chapter

Session I

NEW! IN-PERSON! Freedom of Information

We will examine the constitutional protections for freedom of expression in the United States and the American experience of freedom of expression in our culture and political processes. Topics to be treated will include: the search for truth, libel, sedition, incitement to violence, and other abuses of free expression. We will also examine the role of misinformation in our political life.

Time & Dates: 1:00 p.m. – 3:00 p.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28,
Nov. 4

Course Code: OLFREE(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Jim Bolner, Sr.

Coordinator: Arlene Folmar

Location: West Feliciana Public Library

IN-PERSON! Basic Yoga

Breathe, stretch and relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, and leave your cell phone in the car. Come to class on an empty stomach, be early, bring a yoga mat, and wear comfortable clothing that does not impede your activity. This class meets twice a week continuously during the semester sessions and intersessions.

Time & Dates: 8:00 a.m. – 9:00 a.m.

Tues. and Thurs., Sept 28, 30, Oct. 5, 7,
12, 14, 19, 21, 26, 28, Nov. 2, 4, 9, 11, 16,
18, 23, 30, Dec 2, 7, 9, 14, 16

Course Code: OFBEYOG(53)

Course Fee: \$85 (early bird \$80)

Instructor: Owen Kemp

Coordinator: Georgia LaCour

Required Supplies: Yoga mat and comfortable clothes

Location: Jackson Hall at Grace Episcopal Church in St. Francisville

EARLY BIRD SPECIAL

Register online or by telephone to qualify for the Early Bird Special! Register from Monday, August 30 – Sunday, Sept. 12 at midnight and pay the early bird fee. **Beginning Sept. 13 at 12:01 a.m., each course will increase by \$5.** Courses with low enrollment as of Friday, Sept. 17 may be canceled. If you register by Sept. 17 and your course is canceled, you may either receive a refund or credit the course fee to another course (with no additional fees).

Note: Credit and debit cards are the only methods of payment for registration and membership fees.

IN-PERSON! The Basics of Beginning Pickleball

With the phenomenal growth of the sport of pickleball, especially during the year 2020, pickleball instructors have been kept quite busy. This class is directed at teaching the basics of the game, serving, return of serve, soft shots, volleys, etc., and not at players with experience who are looking to move up into higher competitive play. Pickleball is an active sport, so you need to be prepared and able to move. You may wish to check with your doctor prior to registering for this class.

Time & Dates: 9:00 a.m. – 11:00 a.m.
Thursday, Sept. 30, Oct. 7, 14, 21, 28,
Nov. 4

Course Code: OFBPB(3)

Course Fee: \$45 (early bird \$40)

Instructor: Pat Heurtin

Coordinator: Jodie Cotten

Supplies: All needed equipment will be provided by the instructor, however, participants **MUST** wear court shoes, i.e., tennis shoes, since class will be taught on a tennis court surface.

Location: West Feliciana Sports Park

NEW! IN-PERSON! Beginner's Croquet

You may have heard, "It's not your childhood game." Don't worry. After completing this course, you will have mastered the knowledge and skills to play with any group, anywhere. Our fall class has students playing with seasoned Panache members and winning! You will learn the purpose and proper use of the equipment, the skills required for various shots, and the strategies involving these shots. You will learn how to properly set up the court and then play with Panache members who will mentor you for the first games. Later, play a final game with members with no mentoring, as you will be able to hold your own with them. This class is limited to 10 people.

Time & Dates: 3:30 p.m. – 5:00 p.m.
Thursday, Sept. 30, Oct. 7, 14, 21, 28,
Nov. 4

Course Code: OFBCR(2)

Course Fee: \$35 (early bird \$30)

Instructor: Ernest Ayo

Coordinator: Sonia Ayo

Optional Supplies: Students will be given the names of reputable croquet equipment suppliers if they desire to purchase a personal mallet or the specifications to build their own.

Location: On the front porch of the St. Francisville Inn and Sports Park croquet course.

IN-PERSON! Beginning Yoga

The yoga practiced in this course works for all levels and is very approachable for beginner students. The real focus is on breathing, increased flexibility and strength, balance, and overall body awareness.

Time & Dates: 9:00 a.m. – 10:00 a.m.
Wednesday and Friday, Sept. 29, Oct.
1, 6, 8, 13, 15, 20, 22, 27, 29, Nov. 3,
5, 10, 12, 17, 19, 24, 26, Dec. 1, 3, 8, 10,
15, 17

Course Code: OFGEYOG(22)

Course Fee: \$85 (early bird \$80)

Instructor: Jane Simmons

Coordinator: Carla Bowman

Required Supplies: Yoga mat available on Amazon, Target, and Wal-Mart.

Optional Supplies: Yoga block and yoga strap (instructor can order for those interested)

Location: West Feliciana Parish Library

NEW! IN-PERSON! John James Audubon's Birds of West Feliciana

In June of 1821 John James Audubon came by steamboat from New Orleans to West Feliciana Parish. His stay at Oakley, which he claimed was a "paradise of birds," was one of the most formative summers of his life. In this course we celebrate the Audubon bicentennial by examining the artist's life, his paintings in the magnificent *The Birds of America*, and the natural history of his subjects, the birds of West Feliciana.

Time & Dates: 10:30 a.m. – 12:30 p.m.
Friday, Oct. 1, 8, 15, 22

Course Code: OFBWF(1)

Course Fee: \$35 (early bird \$30)

Instructor: Darlene Reaves

Coordinator: Joy Loudon

Location: West Feliciana Parish Library

IN-PERSON! Line Dancing

Come have a great time showing off all your best dance moves. Line dancing is a line of dancers executing a sequence of steps at the same time. It has a strong country music base, but has crossed into music styles like disco, pop, Cajun, Latin, contemporary and traditional. In line dancing, the balance of male and female partners does not matter, so sign up for this course either as a single or a couple. Get ready for lots of fun & exercise!

Time & Dates: 10:15 a.m. – 12:15 p.m.
Wednesday, Sept. 29, Oct. 6, 13, 20,
27, Nov. 3

Course Code: OFLID(6)

Course Fee: \$45 (early bird \$40)

Instructor: Jerisse Grantham

Coordinator: Georgia LaCour

Location: West Feliciana Parish Library

NEW! IN-PERSON! Playing Duplicate Bridge

This course is for party bridge players to experience duplicate bridge in a fun relaxed environment. "Playing Duplicate Bridge" will provide each student with the Standard American Yellow Card booklet and convention card. We will use duplicate boards and play two to four boards at each table per round with a goal of completing 12-16 boards each week. Join us for a fun experience that will give you the confidence to play anywhere in the USA.

Time & Dates: 1:00 p.m. – 4:00 p.m.
Tuesday, Sept. 28, Oct. 5, 12, 19, 26,
Nov. 2

Course Code: OFPDB(3)

Course Fee: \$35 (early bird \$30)

Instructor: Ralph Schomburg

Coordinator: Dawn Hoyle

Location: West Feliciana Parish Library

NEW! IN-PERSON! Simple Quilting

Want to learn quilting, but not sure you have time or ability? This is your chance to try a bit and learn more from some experienced crafters. We will make a small, colorful wall hanging by machine and explore the many forms of this delightful hobby.

Time & Dates: 10:00 a.m. – 12:00 p.m.
Tuesday, Sept. 28, Oct. 5, 12, 19, 26,
Nov. 2

Course Code: OFQUILT(1)

Course Fee: \$45 (early bird \$40)

Instructor: Sharon Gauthier and Penny Reinhardt

Coordinator: TBD

Required Supplies: Materials can be found at Walmart or any fabric store: one yard white or white print fabric (cotton), one yard colored fabric (cotton), ¼ yard each of four other colors of fabric (cotton), minimum of one yard quilt batting (cotton), one yard of cotton fabric for backing (quilter's choice of color), quilting hoop Scissors two spools, white quilting, or dual duty thread large safety pins or straight pins, pencil

Optional Supplies: Rotary cutter and mat Erasable quilting pencils

Location: LSU Cooperative Extension Building in St. Francisville

NEW! IN-PERSON! Tim Gautreaux's SIGNALS of Louisiana: Gumbo, Hot Sauce, Dysfunctional Families, Rusty Cars, Bible Stories, and Big Lies

Tim Gautreaux, born in Morgan City, taught most of his adult life at Southeastern Louisiana University, so he knows Louisiana well. He loves and forgives its citizens, recognizing their humanity and their good souls. He wields his stories about fathers whose unmarried daughters have children; women who live in decaying plantations, making ends meet by playing the piano at small venues nearby; Catholic priests who have fallen from Grace but are struggling for redemption; and men who have gifts of glory such as an amazing sewing machine that creates an Excalibur-like goal in their lives. Mechanics, tools, and the nuts and bolts of life, with all its blessings and craziness, make up Gautreaux's stories with an extravagant dash of wit as well as tongue-and-cheek humor. What fun we will have examining our own humanity as we examine stories authored by a thoughtful chronicler of Louisiana's zeitgeist of the twenty-first century.

Time & Dates: 9:15 a.m. – 11:15 a.m.
Monday, Sept. 27, Oct. 4, 11, 18, 25,
Nov. 1

Course Code: OFTIM(1)
Course Fee: \$45 (early bird \$40)
Instructor: Olivia Pass
Coordinator: TBD

Required Text: Gautreaux, Tim. SIGNALS: NEW AND SELECTED STORIES. New York: Alfred A. Knopf, 2017. Conundrum Books and Puzzles, Cottonwood Books, Barnes and Noble, Amazon.com, area libraries.

Location: West Feliciana Parish Library

NEW! IN-PERSON! Ukraine and the Chernobyl Nuclear Accident

This course will discuss the causes and events of the Chernobyl Nuclear Plant accident in 1986 in Ukraine, the response and consequences to people and the environment, and the status

of the accident site and Exclusion Zone. Sessions will combine technical discussion with historical and cultural information about the country of Ukraine, its people, culture, government, and the country's successes and challenges since independence and becoming a democracy. The course will include a high-level overview of nuclear power plant technology, radiation, radiation safety, and radioactive materials. Analysis of the accident will include historical and cultural aspects of nuclear power in the former Soviet Union, differences at that time between western and the Chernobyl type RMBK reactors, and operational practices. The Exclusion Zone and accident site will be discussed, from the time of the accident through present day, including the damage, evacuation, environmental consequences, cleanup, and current projects and safety initiatives.

Time & Dates: 1:00 p.m. – 3:00 p.m.
Monday, Sept. 27, Oct. 4, 11, 18, 25,
Nov. 1

Course Code: OFCHERN(1)
Course Fee: \$45 (early bird \$40)
Instructor: Richard Hirsch
Coordinator: TBD
Location: West Feliciana Parish Library

NEW! IN-PERSON! Using Your Intuition to Sense What Is Being Portrayed

Come join us for a fun time in learning to use your informed intuition to sense what is being portrayed. Bill McClendon is listed in Who's Who in The World and has been teaching classes on communication, negotiation, and relationship building at LSU, the University of Tennessee. His class at Western Carolina University was made a requirement for all Ph.D. engineers.

Time & Dates: 10:00 a.m. – 11:00 a.m.
Tuesday, Sept. 28, Oct. 5, 12

Course Code: OFINT(1)
Course Fee: \$15 (early bird \$10)
Instructor: Bill McClendon
Coordinator: Georgia LaCour
Location: West Feliciana Parish Library

Session II

IN-PERSON! Basic Yoga

Breathe, stretch, and relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, and leave your cell phone in the car. Come to class on an empty stomach, be early, bring a yoga mat, and wear comfortable clothing that does not impede your activity. This class meets twice a week continuously during the semester sessions and intersessions.

Time & Dates: 8:00 a.m. – 9:00 a.m.
Tues. and Thurs., Dec. 21, 23, 28, 30, Jan
4, 6, 11, 13, 18, 20, 25, 27, Feb. 1, 3, 8, 10,
15, 17, 22, 24, March 1, 3

Course Code: OFBEYOG(54)
Course Fee: \$80 (early bird \$75)
Instructor: Owen Kemp
Coordinator: Georgia LaCour
Required Supplies: Yoga mat and comfortable clothes
Location: Jackson Hall at Grace Episcopal Church in St. Francisville

IN-PERSON! Beginning Yoga

The yoga practiced in this course works for all levels and is very approachable for beginner students. The real focus is on breathing, increased flexibility and strength, balance, and overall body awareness.

Time & Dates: 9:00 a.m. – 10:00 a.m.
Wednesday and Friday, Dec. 22, 29,
Jan. 5, 7, 12, 14, 19, 21, 26, 28, Feb. 2, 4,
9, 11, 16, 18, 23, 25, March 3, 5

Course Code: OFGEYOG(23)
Course Fee: \$70 (early bird \$65)
Instructor: Jane Simmons
Coordinator: Carla Bowman
Required Supplies: Yoga mat available on Amazon, Target, and Wal-Mart.
Optional Supplies: Yoga block and yoga strap (instructor can order for those interested)
Location: West Feliciana Parish Library

VOLUNTEER NEEDS

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Lagniappe Chapter

Session I

ZOOM! The American

Revolution for Cocktail Parties

This course is designed to give an overall view of the American Revolution. It will cover pre-war, war time, and post war periods. The focus is on interesting people and events during the period. Amaze your friends with your knowledge of fascinating aspects of the American Revolution!

Time & Dates: 3:15 p.m. – 4:15 p.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28,
Nov. 4

Course Code: OLREV(2)

Course Fee: \$25 (early bird \$20)

Instructor: Leah Barron

Coordinator: Kathy Gates

Location: Zoom Online

NEW! ZOOM! The History and Current Alarming Rise in Anti-Semitism

This course will cover the history of anti-Semitism, respectfully reaching back to Biblical times. We will have Christian and Jewish guest speakers. Certain myths about Jewish people will be carefully explained. The severe impact of recent events in Israel will also be included.

Time & Dates: 9:30 a.m. – 10:30 a.m.

Wednesday, Sept. 29, Oct. 6, 13, 20,
27, Nov. 3

Course Code: OLZAS(2)

Course Fee: \$25 (early bird \$20)

Instructor: Barry Weinstein

Coordinator: Debbie Reynaud

Location: Zoom Online

NEW! IN-PERSON! Barbershop-Style Singing for Women

Join the Baton Rouge Chorus of Sweet Adelines for 6 weeks of rehearsal, culminating in a short performance. During rehearsals, you will learn about healthy vocalization, resonant singing techniques, and singing in 4-part Barbershop-style harmony. Women of all ages are encouraged to join us. Professional experience and vocal training are not necessary.

Time & Dates: 6:30 p.m. – 8:30 p.m.

Thursday, Oct. 7, 14, 21, 28, Nov. 4, 11

Course Code: OLSING(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Elizabeth Wallace

Coordinator: Donna Odom

Location: Broadmoor United Methodist
Church Youth Activity Building

IN-PERSON! Basic Hatha Yoga

Enjoy yoga and enrich your lifestyle by learning yoga poses and shapes while using breath with movement. Breathe, stretch, and relax your way to improved posture, endurance, flexibility, and strength. Wear comfortable clothes. A yoga mat, yoga block(s), and yoga strap are required (blanket and towel are optional). No prior yoga experience is necessary. You must be able to sit comfortably on the yoga mat on the floor and transition to standing poses. Join this coed class of yogis to discover the “present moment” while gaining strength, stamina, and core stability. Leave your shoes, cell phone and the “outside world” to enjoy this class. Focus on the PRESENT and the NOW with gratitude and without judgment in this Basic Hatha Yoga class.

Time & Dates: 9:30 a.m. – 10:30 a.m.

Mon. & Wed., Sept. 27, 29, Oct. 4, 6, 11,
13, 25, 27, Nov. 1, 3

Course Code: OLBHY(18)

Course Fee: \$55 (early bird \$50)

Instructor: Agnes Bickham

Coordinator: Fran Martin

Location: First Christian Church

NEW! IN-PERSON! Beginning Adult Pickleball Instruction

Learn the basic strokes and measurements of pickleball as well as the strategy and scoring format. Increase your mobility and develop eye/hand coordination and reflexes. Course will provide instruction including skill/stroke development with drills, serving, placement of ball on court, singles and doubles strategies, as well competitive and free play. It is a fun, social activity while you are getting exercise. All equipment will be provided. Please wear court-style shoes for safety and dress to sweat.

Time & Dates: 9:00 a.m. – 10:00 a.m.

Monday, Sept. 27, Oct. 4, 11, 18, 25,
Nov. 1

Course Code: OLPBALL(1)

Course Fee: \$25 (early bird \$20)

Instructor: Robert Kelley

Coordinator: Kathy Gates

Location: BREC Greenwood Community
Park--Tennis Center Baker, LA

IN-PERSON! Beginning

Birdwatching

Have you ever seen a bird and wondered “what in the world is that?!” And then you try to look it up and just get frustrated? If so, this class is for you! The class is taught by Jane Patterson who is the current president and education chair for Baton Rouge Audubon Society. This four-session class will cover the basics needed to get into birdwatching, including how to choose and use binoculars and how to read field guides. We will learn some birding skills and go look for birds. Each three-hour class will consist of a lecture and a bird walk (mobility is required). Binoculars and field guides will be available for use during the class.

Time & Dates: 8:00 a.m. – 11:00 a.m.

Wednesday, Sept. 29, Oct. 6, 13, 20

Course Code: OLZBIRD(2)

Course Fee: \$45 (early bird \$40)

Instructor: Jane Patterson

Coordinator: Jane Patterson

Location: Hilltop Arboretum

IN-PERSON! Beginning Bridge

People play bridge for one reason: because it's fun! This course will help beginners and social bridge players understand the basics of duplicate bridge. Whether your goal is to enjoy playing with friends or to get involved at a bridge club, these classes will help you get started. It's also a good refresher for people who used to play but have forgotten some of the rules of the game. We will cover the basics of bidding and playing the hand, what makes duplicate different (and so fascinating!), defensive strategy, and common bidding conversations (aka “conventions”). At least half of every class will be spent playing bridge.

Time & Dates: 11:30 a.m. – 1:30 p.m.

Mon. & Wed., Sept. 27, 29, Oct. 4, 6, 11,
13, 18, 20, 25, 27, Nov. 1, 3

Course Code: OLBBD(3)

Course Fee: \$90 (early bird \$85)

Instructor: Martha Robson

Coordinator: TBD

Optional Requirements: A deck of cards

Location: The Blake Retirement
Community

NEW! ZOOM! Black Lives Mattering

This class will be centered around the Black Lives Matter movement, police violence, and the responses to the Black Lives Matter movement. We will begin with the origins of Black Lives Matter and end with the current status of the movement. Part of the objectives of this class is to understand how the past has influenced the present to the movement known as Black Lives Matter.

Time & Dates: 9:00 a.m. – 10:30 a.m.
Tuesday, Sept. 28, Oct. 5, 12, 19, 26, Nov. 2

Course Code: OLBLM(1)

Course Fee: \$35 (early bird \$30)

Instructor: Relius Johnson

Coordinator: TBD

Location: Zoom Online

NEW! ZOOM! Broadway's Greatest Musical Performances!

Join us as we explore great Broadway musical performances throughout the years. During the course we will examine great opening numbers, great 11 O'clock songs, and the best choral, dance and production numbers that Broadway has to offer from its 100-year history. Reminisce as you watch some of Broadway's legendary performers and the songs that made them stars as well as learn and enjoy songs from some of Broadway's most recent hits. It's guaranteed to be a fun and educational six weeks.

Time & Dates: 9:00 a.m. – 11:00 a.m.
Thursday, Sept. 30, Oct. 7, 14, 21, 28, Nov. 4

Course Code: OLBROAD(1)

Course Fee: \$45 (early bird \$40)

Instructor: Brian Pope

Coordinator: Kathy Bosworth

Location: Zoom Online

NEW! HYBRID! A Century of Change: Through Two World Wars

The United States replaced Britain as the dominant world power because of wars, massive casualties, and disruptions. Empires collapsed while revised international alignments developed into new forms of potentially deadly tensions. Colonialism withered, domestic powers exercised by many governments evolved, a new world economy emerged, and social customs and the status of Western women changed -- a tumultuous period from the late 1800s into the late 1900s.

This course will be taught at two different locations on two different days. It can also be streamed live on Zoom.

You will choose one out of the three ways to take the class. Once registered, you cannot switch from one to the other during the semester. For example, if you have registered to take the class on Zoom, you cannot switch to take it at BUMC. You will continue to take the class the way you registered for it.

Time & Dates: 11:30 a.m. - 1:30 p.m.

Tues. Sept. 28, Oct. 5, 12, 19, 26, Nov. 2

Course Code: OLCENT(1)

Course Fee: \$45 (early bird \$40)

Instructor: Henry Bradsher

Coordinator: Karen Egedy

Location: Broadmoor United Methodist Church

Time & Dates: 11:30 a.m. - 1:30 p.m.

Tues. Sept. 28, Oct. 5, 12, 19, 26, Nov. 2

Course Code: OLCENT(2)

Course Fee: \$45 (early bird \$40)

Instructor: Henry Bradsher

Coordinator: Karen Egedy

Location: Zoom Online

Time & Dates: 9:00 a.m. - 11:00 a.m.

Fri. Oct. 1, 8, 15, 22, 29, Nov. 5

Course Code: OLCENT(3)

Course Fee: \$45 (early bird \$40)

Instructor: Henry Bradsher

Coordinator: TBD

Location: St. James Place Retirement Community

NEW! ZOOM! Cleopatra's Needles

Rome boasts 13 monolithic granite obelisks from Egypt coined Cleopatra's needles. Second only to the pyramids are Egypt's obelisks, a monumental four-sided pillar tapering made from solid granite topped by a miniature pyramid. In 31 BC, the Roman general Octavian defeated his rival Marc Antony and Queen Cleopatra, and Egypt was then annexed as a province of the Roman Empire. Take a Vespa tour through Rome's city center and be amazed how Roman engineers were able to transport and erect these 326-ton monoliths and discover how a Christian nation accepted their pagan symbols as part of its history.

Time & Dates: 4:30 p.m. – 6:00 p.m.

Tuesday, Sept. 28

Course Code: OLCLEO(1)

Course Fee: \$10 (early bird \$5)

Instructor: Caroline Cocciardi

Coordinator: Karen Egedy

Location: Zoom Online

NEW! ZOOM! Conservatives and Liberals; Not Conservatives Vs. Liberals

Our country is divided. There are two camps, each with its own valid framework for viewing what is best for our country. Our purpose is to better understand others, not to persuade them. We will do this by sharing perspectives, not debating them. Mini lectures from psychology and politics will help frame our discussions of parenting, political parties, our government, our schools, the media, religion, capitalism, socialism, taxes, SCOTUS, etc. To do this, we need a dozen conservatives from OLLI at LSU and a dozen liberals from OLLI at University of Southern Maine. Let's learn to listen and listen to learn.

This is an 8-week course and will begin earlier than the other scheduled classes. This class is limited to 14 participants from Louisiana.

Time & Dates: 11:45 a.m. – 1:45 p.m.

Friday, Sept. 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5

Course Code: OLCONLIB(1)

Course Fee: \$45 (early bird \$40)

Instructor: Mike Berkowitz

Coordinator: Mike Berkowitz

Location: Zoom Online

NEW! ZOOM! Diversity and Inclusion 101

In this class we will analyze the structures of inequality in society regarding racism, colorism, classism, religious oppression, sexism, heterosexism, ableism, and ageism by recognizing and analyzing social practices that produce inequality and injustice and those that produce a more equal and just society.

Time & Dates: 10:00 a.m. – 11:00 a.m.

Monday and Thursday, Sept. 27, 30, Oct. 4, 7, 11, 14, 18, 21, 25, 28

Course Code: OLDIV(1)

Course Fee: \$40 (early bird \$35)

Instructor: Relius Johnson

Coordinator: TBD

Location: Zoom Online

ZOOM! Dorothy Parker, Woman of Wit

Dorothy Parker was known as "the wittiest woman in New York" which in the 1920s meant the United States. Her one-liners are still famously quoted, and she wrote wildly funny but seriously wrenching stories about love and romance, promises and betrayals. Her life was legendary. We will read her short stories, learn about her life, and admire

her clever portrayals of life's truths. Our book: The Portable Dorothy Parker.

Time & Dates: 11:30 a.m. – 1:00 p.m.

Tuesday, Sept. 28, Oct. 5, 12, 19, 26,
Nov. 2

Course Code: OLWOW(2)

Course Fee: \$35 (early bird \$30)

Instructor: Dr. Emily Toth

Coordinator: Kathy Bosworth

Location: Zoom Online

NEW! IN-PERSON! Flicks and Food – Daffy Dupes, Deceptions, and Disguises! 10th Anniversary!

The tenth anniversary of Flicks and Food brings fun and laughs from Hollywood's Golden Age. Join us for dinner and a movie at Drusilla's Seafood Restaurant. While we dine, we will view and discuss three classic comedies, all films of madcap mayhem arising from mistaken or disguised identity. First is "It Started with Eve" (1941), a Deanna Durbin vehicle that also stars Charles Laughton and Robert Cummings. Second is "The Miracle of Morgan's Creek" (1943), a riotous gem from writer-director Preston Sturges and starring Betty Hutton and Eddie Bracken. Finally is Billy Wilder's comic masterpiece, "Some Like It Hot," starring Marilyn Monroe, Tony Curtis, and Jack Lemmon. Movies will be screened with captions.

NOTE: Course fee includes dinner, served during the viewing. Dinner will include an entrée selection, starch, vegetable, bread, dessert, tea, and coffee. Students will be emailed the entrée choices two weeks before the class starts. The OLLI office will compile the choices and send them to the restaurant before the class starts.

Time & Dates: 6:30 p.m. – 9:00 p.m.

Monday, Sept. 27, Oct. 11, 25

Course Code: OLFLICK(33)

Course Fee: \$155 (early bird \$150)

Instructor: Donald Beale

Coordinator: Kathy Bosworth

Location: Drusilla's Seafood Restaurant

NEW! ZOOM! From Berries to Bread: The Origins of Agriculture

The transition from hunting and gathering to agricultural food production resulted in drastic health and lifestyle changes for the people involved. This course will explore that transition in various parts of the world from the fertile river valleys of Eurasia to right here in Louisiana. In many areas of the world plant and animal domestication pre-date writing, so to understand this important time period it is necessary to look towards the things people made, including their structures and tools, as well as the skeletal remains of the people themselves. How did the lives of everyday people change as small bands of hunter-gatherers joined together to form larger villages, and eventually, towns and cities? Do the benefits of an agricultural lifestyle outweigh the negatives? We will consider these questions and many more as we investigate the past at a pivotal moment in human history.

Time & Dates: 3:15 p.m. – 4:15 p.m.

Tuesday, Sept. 28, Oct. 5, 12, 19, 26,
Nov. 2

Course Code: OLAGR(1)

Course Fee: \$25 (early bird \$20)

Instructor: Ken Tremblay

Coordinator: Claire Fontenot

Location: Zoom Online

NEW! HYBRID! Gardening for Bees, Butterflies and Hummingbirds

Would you like to know how to attract bees, butterflies, and hummingbirds to your landscape? We will cover this and plants to use in the shade. The importance of bees in the garden will be a topic along with plants to attract butterflies and hummingbirds. We will discuss how to grow plants without using commercial pesticides. One class will be a basic vegetables class. Blueberries and citrus will also be covered. This gardening session is to help us understand how to grow many things in our landscape.

You have the choice to either take this class on Zoom OR at BUMC. You cannot switch from one to the other during the semester.

Time & Dates: 9:15 a.m. – 11:15 a.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28,
Nov. 4

Course Code: OLBEES(1)

Course Fee: \$45 (early bird \$40)

Instructor: Claire Fontenot

Coordinator: Jack Carmena

Location: Broadmoor United Methodist Church

Time & Dates: 9:15 a.m. – 11:15 a.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28,
Nov. 4

Course Code: OLBEES(2)

Course Fee: \$45 (early bird \$40)

Instructor: Claire Fontenot

Coordinator: Jack Carmena

Location: Zoom Online

ZOOM! Germany Among All Others, 1945-2021

Germany has been at the center of European economic, social, political, and cultural changes from the end of the Second World War to the present. In 1945, a defeated, devastated Germany was divided by the victorious Allies. In the ensuing decades, the divisions between East and West Germans grew due to Cold War animosities and the material and ideological differences between the two distinct societies. East Germany was a purported workers' paradise where robust social services, a planned economy, and a communal identity were contrasted with the harsh presence of an intrusive surveillance state that restricted movement and politicized the lives of private citizens. In West Germany, an economic boom, an influx of a diverse array of guest workers, and the importation of American culture were new, exciting, and complex facets of a society in transition from the "brown past" of the Nazi era to the comfortable, cosmopolitan, and competitive marketplace of the future. Germany's reunification was achieved peacefully but divisions, seen and unseen, remained. The nation's place as a powerful center of European commerce, defense agreements, and immigration policy has garnered both high praise and sharp criticism. Germany's postwar history is thus an intriguing tale that

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began with the destruction of the nation and its totalitarian government, before, in time, becoming a leading democratic, multicultural state that is home to leading educational institutions and a thriving economy.

Time & Dates: 12:00 p.m. – 1:00 p.m.

Wednesday and Friday, Sept. 29, Oct. 1, 6, 8, 13, 15, 20, 22, 27, 29, Nov. 3, 5

Course Code: OLGEMAN(2)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Greg Tomlinson

Coordinator: TBD

Location: Zoom Online

NEW! IN-PERSON! Gorgeous Gardens III

Do you love gorgeous gardens? Charlie Fryling will take you on a tour through more wonderful gardens than in his last two classes, illustrated, as always by his beautiful photographs. Each garden is special and different from every other one in numerous ways: its size, location, topography, age, theme or focus, climate, special features and financial support. You will visit Chinese and Japanese gardens in America and Japan. Some gardens will be in arid locations, as in southern California and others in lush rainforest gardens as in southern Florida. Older historical gardens, such as at the Mission San Juan Capistrano and Balboa Park in San Diego, will tell a story while other gardens are just in the early stages of construction, allowing you to see the process of development. The grand finale class will be The Getty, the San Diego Botanical Gardens.

Time & Dates: 1:45 p.m. – 3:45 p.m.

Monday, Sept. 27, Oct. 4, 11, 18, 25, Nov. 1

Course Code: OLGOG(2)

Course Fee: \$45 (early bird \$40)

Instructor: Charles Fryling

Coordinator: JoAnn Fryling

Location: Broadmoor United Methodist Church

NEW! ZOOM! Historical Vampire Burials

Young Samantha wasted away and died from an unknown illness. The grieving family and citizens of their small town buried the child. Later that week, both her sisters took ill. Rumors spread that some townspeople saw Samantha wandering the streets at night. Within a month, Samantha's entire family wasted away and died. Fear gripped the town. With the local pastor overseeing the

procedure, young Samantha's body was dug up. To the horror and shock of all, a reddish liquid covered Samantha's lips and flowed down her cheeks. To the townsfolk, the child had become the undead, a vampire. Learn about vampire burials throughout history. When stories like Samantha's occurred, the townsfolk often rid the land of the presumed undead horror in a variety of ways. Learn the ways our ancestors protected themselves from what they feared were vampires.

Time & Dates: 2:00 p.m. – 3:00 p.m.

Tuesday, Sept. 28, Oct. 5, 12, 19, 26, Nov. 2

Course Code: OLVAMP(1)

Course Fee: \$25 (early bird \$20)

Instructor: Dwayne Hinton

Coordinator: Kathy Gates

Location: Zoom Online

NEW! ZOOM! History of Art - Medieval Art of the Western World

This class explores the art of the Byzantine, Carolingian, Romanesque, and Gothic periods. Did you know the Dark Ages may have actually been dark, or that King Charlemagne had a pet elephant? Art history is about more than just painting and sculpture!

Time & Dates: 10:00 a.m. – 11:30 a.m.

Monday, Sept. 27, Oct. 4, 11, 18, 25, Nov. 1

Course Code: OLMWW(1)

Course Fee: \$35 (early bird \$30)

Instructor: Lee Brandt Randall

Coordinator: TBD

Location: Zoom Online

IN-PERSON! Jazz and Tap Class

Come and enjoy a fun energetic form of dance - Jazz. Get ready to move! We start with a thorough warm-up and stretching exercises, then dance across the floor learning a jazz routine. Try something new and find your passion for jazz dancing. For Tap, wear hard soled shoes and enjoy the rhythmical sounds of your feet. Both Jazz and Tap are both fun and provide great exercise! Make this course your healthy choice. Be careful, you might get hooked!

Time & Dates: 10:30 a.m. -12:30 p.m.

Monday, Sept. 27, Oct. 4, 11, 18, 25, Nov. 1

Course Code: OLJATAP(11)

Course Fee: \$45 (early bird \$40)

Instructor: Jerisse Grantham

Coordinator: Mackie Burt

Location: Jeffie Jean Dance Studio

IN-PERSON! Life Writing

Life Writing will bring you a new feeling of accomplishment. Your unique life experiences will be written and illustrated to be shared with your family. Otherwise, these experiences may be lost forever. Gather old pictures to include with your stories. Just imagine your grandchildren reading stories about your grandparents! In class everybody writes, everybody reads, everybody shares. There will be some comedy and some tragedy. That's life.

Time & Dates: 1:45 p.m. – 3:45 p.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28, Nov. 4

Course Code: OLIFEW(26)

Course Fee: \$45 (early bird \$40)

Instructor: Betty "BJ" McRae

Coordinator: Myrna Bergeron

Location: Broadmoor United Methodist Church

IN-PERSON! Line Dancing

Come have a great time showing off all your best dance moves. Line dancing is a line of dancers executing a sequence of steps at the same time. It has a strong country music base, but has crossed into music styles like disco, Pop, Cajun, and Latin. In line dancing, the balance of male and female partners does not matter, so sign up for this course either as a single or a couple. The fun begins with "The Cupid Shuffle" and ends with "The Zydeco Bounce."

Time & Dates: 12:30 p.m. – 2:30 p.m.

Friday, Oct. 1, 8, 15, 22, 29, Nov. 5

Course Code: OLLID(12)

Course Fee: \$45 (early bird \$40)

Instructor: Jerisse Grantham

Coordinator: Mackie Burt

Location: Jeffie Jean Dance Studios

NEW! ZOOM! Maya Mythology: Tales from the Popol Vuh.

Examine the Popol Vuh (sometimes referred to as the ancient "Maya Bible") and other myths and practices of the ancient Maya religion. Course includes an hour-long YouTube animated video on the Popol Vuh that you can watch on your own, and we will cover parts of it in class. The video is based on the hieroglyphic stories of the Popol Vuh. Learn about the Hero Twins, the main characters in many tales of the Popol Vuh, the adventures

of the Hero Twins vs the gods of the Underworld, their sibling rivalries, and other Maya myths that explain some of the creation stories of the ancient Maya.

Time & Dates: 2:00 p.m. – 3:00 p.m.

Thursday, Sept. 30, Nov. 7, 14, 21, 28,
Nov. 4

Course Code: OLMAYA(1)

Course Fee: \$25 (early bird \$20)

Instructor: Dwayne Hinton

Coordinator: Kathy Gates

Location: Zoom Online

NEW! HYBRID! Modern Art

What's happened in the past year and a half since we last convened? We will look at new developments among selected topics we've considered in the past few semesters, including some astonishing new architecture, sculpture, the return of Nazi stolen art, post-Covid directions in museums internationally, etc. Then we will pick up where we left off with the distinction between "modern" and "contemporary" art. We will explore post-WWII "modern" art that characteristically challenged conventions of representation, evolving into "contemporary" art challenging the notion of art itself. Buckle your seat belts.

You have the choice to either take this class on Zoom OR at BUMC. You cannot switch from one to the other during the semester.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Wednesday, Sept. 29, Oct. 6, 13, 20,
27, Nov. 3

Course Code: OLMART(2)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Marchita Mauck

Coordinator: Claire Fontenot

Location: Broadmoor United Methodist Church

Time & Dates: 9:00 a.m. – 11:00 a.m.

Wednesday, Sept. 29, Oct. 6, 13, 20,
27, Nov. 3

Course Code: OLMART(3)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Marchita Mauck

Coordinator: Claire Fontenot

Location: Zoom Online

NEW! ZOOM! The Most Destructive Hurricanes in Louisiana History

This course will cover one of the biggest, most difficult to predict hazards that affects Louisiana to date: hurricanes. Starting with a basic lesson in hurricane structure, dynamics, and hazards, the course will then cover the most historically destructive hurricanes in the state's history, taking a day-by-day perspective of the forecast and having critical discussions about what communities and governments got right about preparedness---and what they got wrong.

Time & Dates: 3:30 p.m. – 4:30 p.m.

Monday, Sept. 27, Oct. 4, 11, 18, 25,
Nov. 1

Course Code: OLHURR(1)

Course Fee: \$25 (early bird \$20)

Instructor: Kathleen Benedetto

Coordinator: Claire Fontenot

Location: Zoom Online

NEW! IN-PERSON! North to Alaska

Alaska is the largest state in the United States, yet it has a very low population density. Because volcanic activity and glaciers formed much of its landscape, the state has a diverse geography. Climate change is dramatic in Alaska. Seven Native American people groups are found in Alaska, and its economic activity includes forestry, mineral and oil extraction, fisheries, and ecotourism. It contains a dazzling array of national parks, forests, and monuments. Come and explore the last frontier in North America.

Time & Dates: 1:45 p.m. – 3:45 p.m.

Tuesday, Sept. 28, Oct. 5, 12, 19, 26,
Nov. 2

Course Code: OLALA(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. William "Bill" Stickle

Coordinator: Karen Egedy

Location: Broadmoor United Methodist Church

NEW! ZOOM! "Obstinate, Headstrong Girl": Jane Austen and the Regency Era

It is a truth universally acknowledged that an individual in possession of a Jane Austen novel must desire to learn about the Regency Era. As an author and a single woman, Austen lived a precarious yet extraordinary life. Her enduring novels explored what she knew best, the fabric of Regency society and its expectations. Behind the scenes, her stories were also influenced by the tide of current events and cultural movements. Britain was entering a transformative period bursting with scandalous news about the royal family, revolutions, war, and social change. This course will discuss the history of the Regency Era using Jane Austen's life and a selection of her novels as a guide. Topics for this course will include the British monarchy, the nobility, marriage, religion, slavery, fashion, and social classes.

Time & Dates: 2:30 p.m. – 4:00 p.m.

Wednesday, Sept. 29, Oct. 6, 13, 20,
27, Nov. 3

Course Code: OLJANE(1)

Course Fee: \$35 (early bird \$30)

Instructor: Sabrina R. Cervantez

Coordinator: Janice Wise

Optional Supplies: Jane Austen novels, *Sense and Sensibility*, *Pride and Prejudice*, *Emma*, *Mansfield Park*, *Northanger Abbey*, can be found on Amazon.com, Barnes & Noble, or any local bookstore. No specific edition or publisher is required.

Location: Zoom Online

ZOOM! Overview of American Film, Part II

Although this class deals with a second installment of American film, there is certainly no prerequisite. All students are welcome and will be given a quick review of the first half. We will then delve into the post-WW II era to develop a complete understanding of movies as important artifacts of American culture. Students will view films from a representative list and discuss several movies as illustrative examples of themes, techniques, genres, and major

PHOTOGRAPH POLICY

We often take pictures of OLLI participants and instructors for use in our print and electronic publications. If you do not want us to use your photograph, please notify the photographer at the event.

movements in American cinema. We will also do in-depth interpretation of scenes or whole movies where appropriate. In lieu of required reading, students will receive a chronological list of movies for viewing, along with a hand-out of common film terms and concepts a few days before the class begins.

Time & Dates: 11:30 a.m. – 1:30 p.m.

Friday, Oct. 1, 8, 15, 22, 29, Nov. 5

Course Code: OLAFILM(2)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Paul Graham

Coordinator: Karen Egedy

Location: Zoom Online

IN-PERSON! Passport to Italy, Level 1

Learn Italian from a native speaker. This is a great class for travelers who want to have a better understanding of the Bel Paese and its language. Emphasis is on developing oral skills, building a practical vocabulary, and understanding the culture, history, and geography of Italy. No books are necessary; handouts are provided by the instructor.

Time & Dates: 11:30 a.m. – 1:30 p.m.

Monday, Sept. 27, Oct. 4, 11, 18, 25,
Nov. 1, 8, 15

Course Code: OLPAITA(18)

Course Fee: \$60 (early bird \$55)

Instructor: Fara Mabrey

Coordinator: Fara Mabrey

Location: Broadmoor United Methodist Church

IN-PERSON! Passport to Italy, Level 2

Continue to explore the Bel Paese and its beautiful language. This course is designed for participants, who already have a knowledge of basic Italian, such as pronunciation, greetings, masculine and feminine articles, and nouns. Purchase your own text: Easy Italian, Step by Step by Paola Nanni-Tate.

Time & Dates: 9:15 a.m. – 11:15 a.m.

Tuesday, Sept. 28, Oct. 5, 12, 19, 26,
Nov. 2, 9, 16

Course Code: OLPAITT(18)

Course Fee: \$60 (early bird \$55)

Instructor: Fara Mabrey

Coordinator: Fara Mabrey

Required Supplies: Easy Italian, Step by Step by Paola Nanni-Tate at Barnes and Noble

Location: Broadmoor United Methodist Church

IN-PERSON! Passport to Italy, Level 3: Avanti!

If you have a good knowledge of Italian grammar and vocabulary and want to reinforce your ability to converse in Italian, join us. Learn more about the history, the art, and the customs of the “Bel Paese.” Purchase your own text: Advanced Italian, Step by Step by Paola Nanni-Tate.

Time & Dates: 11:30 a.m. – 1:30 p.m.

Tuesday, Sept. 28, Oct. 5, 12, 19, 26,
Nov. 2, 9, 16

Course Code: OLPAIA(13)

Course Fee: \$60 (early bird \$55)

Instructor: Fara Mabrey

Coordinator: Fara Mabrey

Required Supplies: Advanced Italian, Step by Step by Paola Nanni-Tate at Barnes and Noble

Location: Broadmoor United Methodist Church

NEW! HYBRID! Plague Stories: Boccaccio's Decameron

We are all familiar with figuring out how to pass the time as we have been locked down in quarantine over the past year. Imagine fleeing a deadly outbreak in your city, sheltering in a deserted house with nine others, and having nothing to do but tell stories to pass the time. This is the premise of Giovanni Boccaccio's Decameron, a collection of 100 stories told by ten quarantined young men and women as the Black Death ravaged their city of Florence. These tales of love range from witty to erotic to tragic, and each provides a life lesson. Join me to discuss this remarkable documentation of life during the 14th-century plague in Europe.

You have the choice to either take this class on Zoom **OR** at BUMC. You cannot switch from one to the other during the semester.

Time & Dates: 5:00 p.m. – 7:00 p.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28,
Nov. 4

Course Code: OLBOCC(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Erica Daigle

Coordinator: Karen Egedy

Optional Supplies: The Decameron, by Giovanni Boccaccio (any edition)

Location: Broadmoor United Methodist Church

Time & Dates: 5:00 p.m. – 7:00 p.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28,
Nov. 4

Course Code: OLBOCC(2)

Course Fee: \$45 (early bird \$40)

Instructor: Erica Daigle

Coordinator: Karen Egedy

Optional Supplies: The Decameron, by Giovanni Boccaccio (any edition)

Location: Zoom Online

NEW! IN-PERSON! Prehistoric Man - What We Know and/or Think We Know of How Man Evolved

HUMANS - Man evolved in Africa and early forms, such as Australopithecus (Lucy - 3.7 million Years ago “MYA”), left bones, tracks, food remains and tools behind. Since 2000, new tools have led to new theories and insights about the development of early humans and pre-humans and how they lived as the “genus.” Homo spread through Africa, Europe, Asia, Australia and eventually to the Americas. We will look at the evidence and best guesses as to how these species developed into modern man. Evidence such as making tools, using fire, developing clothing and agriculture, wild animal domestication, and the development of the wheel will be covered.

Time & Dates: 1:45 p.m. – 3:45 p.m.

Wednesday, Sept. 29, Oct. 6, 13, 20,
27, Nov. 3

Course Code: OLPREMAN(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Vernon White

Coordinator: Ada White

Location: Broadmoor United Methodist Church

ZOOM! Preventing Cognitive Decline as We Age

This course will describe advances in our understanding of factors that keep our brains healthy. It will provide actionable steps that we can take to prevent memory loss in our senior years. The course will change the way you think about brain health even if you are at high risk of cognitive impairment. It will give guidance on risk assessment. A discussion of the recently developed Bredesen Protocol, a program that enhances cognition and, in some instances, reverses decline will be included.

Time & Dates: 1:45 p.m. – 2:45 p.m.

Tuesday, Sept. 28, Oct. 5, 12, 19, 26,
Nov. 2

Course Code: OLCOG(2)

Course Fee: \$25 (early bird \$20)

Instructor: Dr. Lawrence "Sal" Guidry

Coordinator: Claire Fontenot

Location: Zoom Online

NEW! HYBRID! Public

Education in Louisiana: The Road Ahead

Leaders in public education at the state and local level will discuss the current status and plans for the future of public schools. Speakers include representatives from the Louisiana Department of Education, the East Baton Rouge Parish school system, charter school's organization and teachers' unions. Also, there will be a discussion of current legislation related to education.

You have the choice to either take this class on Zoom OR at BUMC. You cannot switch from one to the other during the semester.

Time & Dates: 1:45 p.m. – 3:45 p.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28, Nov. 4

Course Code: OLEDOC(1)

Course Fee: \$45 (early bird \$40)

Instructor: Linda Lightfoot

Coordinator: Jenny Hastings

Location: Broadmoor United Methodist Church

Time & Dates: 1:45 p.m. – 3:45 p.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28, Nov. 4

Course Code: OLEDOC(2)

Course Fee: \$45 (early bird \$40)

Instructor: Linda Lightfoot

Coordinator: Jenny Hastings

Location: Zoom Online

NEW! ZOOM! Russia's Cultural Treasures

World-famous architecture, painting, literature, music and dance, and drama and movies evolved over many centuries from roots in Russian folk traditions and Christian faith. Illustrated by paintings, photos, musical recordings, and film clips, this course traces the development of art forms against the backdrop of Russia's turbulent past. Monica Bradsher has been studying Russian culture since the 1960s, when she learned to speak Russian while living in Moscow with her husband Henry Bradsher, then the AP Bureau Chief covering news of the USSR. Since 1988 she has visited Russia more than 30 times, working for the National Geographic Society, leading church missions, and exploring as a tourist.

Time & Dates: 9:00 a.m. – 10:00 a.m.

Mon. and Thurs., Sept. 27, 30, Oct. 4, 7, 11, 14, 18, 21, 25, 28, Nov. 1, 4

Course Code: OLRCT(3)

Course Fee: \$45 (early bird \$40)

Instructor: Monica Bradsher

Coordinator: TBD

Location: Zoom Online

NEW! IN-PERSON! Smartphone Photography

Do you want to take great photos on your smart phone or iPad? Then this is the course for you! This six-week class will be a combination of classroom time and hands-on practice taking pictures around the St. James Place Retirement Community's campus. You will learn about the camera features on your specific smartphone/tablet and how to use those features to capture outstanding photos of people, nature, and events. After completing this course, you will get tired of hearing, "I can't believe you took that picture with your phone." The course is designed for students with more recent versions of the iPhone, Android, and tablet devices.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Wednesday, Sept. 29, Oct. 6, 13, 20, 27, Nov. 3

Course Code: OLPHONE(1)

Course Fee: \$45 (early bird \$40)

Instructor: Tommy Draughn

Coordinator: Bud Snowden

Required Supplies: Apple or Android based smartphone or tablet that is no more than five years old. (You must know the account ID and password associated with your device, e.g., your Apple ID & password)

Location: St. James Place Retirement Community

NEW! HYBRID! So What! You're Over 50! Current Advances in Medicine and Surgery

Speaker-presenters are healthcare providers--three physicians and three allied health professionals.

- **Sept. 29th** - Catherine Carmichael, MS, RD, CDE Nutritionist, Pennington Research Center

- **Oct. 6th** - Saravanan Thiagarajan, MD, Rheumatology, BR Ochsner Health System

- **Oct. 13th** - William Russell MD, Radiation Oncology, Pennington Cancer Center, BR Gen. Medical Center

- **Oct. 20th** - Kailin Hoychick Hebert PT, DPT, BR General Ascension Physical Therapy

- **Oct. 27th** - Ann G. Roeling, Alzheimer's Services, Training & Caregiving

- **Nov. 3rd** - David Fargason MD, Ophthalmology, Eye Medical Center, OLOLMC Plaza II

You have the choice to either take this class on Zoom OR at BUMC. You cannot switch from one to the other during the semester.

Time & Dates: 11:30 a.m. – 1:00 p.m.

Wednesday, Sept. 29, Oct. 6, 13, 20, 27, Nov. 3

Course Code: OLSYOF(8)

Course Fee: \$35 (early bird \$30)

Instructor: Dr. Trenton James

Coordinator: Karen Egedy

Location: Zoom Online

Time & Dates: 11:30 a.m. – 1:00 p.m.

Wednesday, Sept. 29, Oct. 6, 13, 20, 27, Nov. 3

Course Code: OLSYOF(9)

Course Fee: \$35 (early bird \$30)

Instructor: Dr. Trenton James

Coordinator: Karen Egedy

Location: Broadmoor United Methodist Church

IN-PERSON! Spanish for Intermediates (Part 1)

This course is a continuation of the previous Spanish for Intermediates Part One. Continue practicing oral and written questions and answers with emphasis on regular, irregular, and stem-changing verbs in the present and past tenses. Improve pronunciation and enhance your knowledge of the different cultures.

Time & Dates: 1:45 p.m. – 3:45 p.m.

Tuesday, Sept. 28, Oct. 5, 12, 19, 26, Nov. 2

Course Code: OLSPAC(6)

Course Fee: \$45 (early bird \$40)

Text Required: Spanish Now Level One, 7th or 8th Ed., Barron's Publisher by Ruth Silverstein. Can be purchased at Barnes and Noble

Instructor: Merri Lee Logan

Coordinator: Merri Lee Logan

Location: Broadmoor United Methodist Church

IN-PERSON! Spanish for Intermediates (Part 2)

This course is a continuation of Spanish for Intermediates Part Two. Continue practicing oral and written questions and answers with more emphasis on the past tenses of the verbs as well as the present and past participles. Review and reinforce your knowledge of other grammar concepts as well as expanding your vocabulary and knowledge of different cultures.

Time & Dates: 1:45 p.m. – 3:45 p.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28, Nov. 4

Course Code: OLSPIN(8)

Course Fee: \$45 (early bird \$40)

Text Required: Spanish Now Level One, 7th or 8th Ed., Barron's Publisher by Ruth Silverstein. Can be purchased at Barnes and Noble

Instructor: Merri Lee Logan

Coordinator: Merri Lee Logan

Location: Broadmoor United Methodist Church

NEW! IN-PERSON! There's a Song in the Air

As fall moves toward winter, thoughts typically move toward Christmas. The music of the season surrounds us, sometimes seeming to assault us. We often take for granted the beauty of the carols and the child-like joy of the more secular songs. This course will offer a perspective on the progression of Christmas music, from Bach to Elvis, with a variety of styles and traditions mixed in. Fair warning to those who register - there WILL be singing, and it will be fun!

Time & Dates: 10:30 a.m. – 11:30 a.m.

Monday, Sept. 27, Oct. 4, 11, 18, 25, Nov. 1

Course Code: OLSONG(1)

Course Fee: \$25 (early bird \$20)

Instructor: Dr. Julius "Tip" Tipton

Coordinator: Kathy Bosworth

Location: St. James Place Retirement Community

NEW! IN-PERSON! A Thirty-Eighth Opera Season

Enjoy and learn about an opera each week. The opera that will be presented are Mozart's "The Magic Flute," Gounod's "Romeo and Juliette," Bizet's "Carmen," and "The Pearl Fishers." Two classes will be determined later.

Time & Dates: 2:00 p.m. – 4:00 p.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28, Nov. 4

Course Code: OLOPERA(10)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Tommy Beard

Coordinator: Ken Nelson

Location: St. James Place Retirement Community

NEW! IN-PERSON! Tim Gautreaux's SIGNALS of Louisiana: Gumbo, Hot Sauce, Dysfunctional Families, Rusty Cars, Bible Stories, and Big Lies

Tim Gautreaux, born in Morgan City, taught most of his adult life at Southeastern Louisiana University, so he knows Louisiana well. He loves and forgives its citizens, recognizing their humanity and their good souls. He wields his stories about fathers whose unmarried daughters have children; women who live in decaying plantations, making ends meet by playing the piano at small venues nearby; Catholic priests who have fallen from Grace but are struggling for redemption; and men who have gifts of glory such as an amazing sewing machine that creates an Excalibur-like goal in their lives. Mechanics, tools, and the nuts and bolts of life, with all its blessings and craziness, make up Gautreaux's stories with an extravagant dash of wit as well as tongue-and-cheek humor. What fun we will have examining our own humanity as we examine stories authored by a thoughtful chronicler of Louisiana's zeitgeist of the twenty-first century.

Time & Dates: 1:45 p.m. – 3:45 p.m.

Monday, Sept. 27, Oct. 4, 11, 17, 25, Nov. 1

Course Code: OLTIM(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Olivia Pass

Coordinator: TBD

Required Text: Gautreaux, Tim.

SIGNALS: NEW AND SELECTED

STORIES. New York: Alfred A. Knopf, 2017. Cottonwood Books, Barnes and Noble, Amazon.com, area libraries

Location: Broadmoor United Methodist Church

ZOOM! The Total Nutrition Makeover

This course is a six-week nutrition lifestyle challenge. The key to better health is good nutrition, which is not only the science of healthy food, but also the practical skills to get healthy foods in your day-to-day diet. Obesity and poor nutrition are major problems in our society today, and it affects almost everyone. It is time for a change. This

class will cover all the modern nutrition confusion and controversies to give you a clear understanding of what the current science on nutrition states. Along with nutrition education, we will also cover methods to effectively create a real nutrition lifestyle that you love in this fast-paced convenient food culture that we live in today.

Time & Dates: 11:30 a.m. – 12:30 p.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28, Nov. 4

Course Code: OLTNM(4)

Course Fee: \$25 (early bird \$20)

Instructor: Kirk Vidrine

Coordinator: Kathy Gates

Required Supplies: Pen and Paper

Location: Zoom Online

NEW! IN-PERSON! Ukraine and the Chernobyl Nuclear Accident

This class will explore the causes and events of the Chernobyl Nuclear Plant accident in 1986 in Ukraine, the response and consequences to the people and the environment, and the status of the accident site and Exclusion Zone. Sessions will combine technical discussion with historical and cultural information about the country of Ukraine, its people, culture, government, and the country's successes and challenges since independence and becoming a democracy. The course will include a high-level overview of nuclear power plant technology, radiation, radiation safety, and radioactive materials. Analysis of the accident will include historical and cultural aspects of nuclear power in the former Soviet Union, differences at that time between western and the Chernobyl type RMBK reactors, and operational practices. The Exclusion Zone and accident site will be discussed, from the time of the accident through present day, including the damage, evacuation, environmental consequences, cleanup, and current projects and safety initiatives.

Time & Dates: 1:45 p.m. – 3:45 p.m.

Wednesday, Sept. 29, Oct. 6, 13, 20, 27, Nov. 3

Course Code: OLCHERN(1)

Course Fee: \$45 (early bird \$40)

Instructor: Richard Hirsch

Coordinator: Kathy Gates

Location: Broadmoor United Methodist Church

NEW! ZOOM! Virtual Travel

Have you missed not being able to travel for the last year? I know I have. Here is an opportunity for you to travel without actually leaving your home.

View videos of visits to historic sites, virtual reality sites on the internet and even look at the use of virtual reality hardware. Travel to fascinating historical and archaeological sites and some of the world's best museums in this multimedia course. You will visit a diverse group of sites including ruins, civil rights, the Egyptian pyramids, and many others. You will learn about best practices for virtual travel and maybe even real travel. We will focus on ways to enhance your historical and cultural journeys through learning about mindful travel. Join us for a memorable travel experience!

Time & Dates: 9:00 a.m. – 11:00 a.m.

Tuesday, Sept. 28, Oct. 5, 12, 19, 26, Nov. 2

Course Code: OLVIRT(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Edwin Lyon

Coordinator: TBD

Location: Zoom Online

NEW! IN-PERSON! Who Knew Part II: Worship Centers in Baton Rouge

This course is designed for those who are interested in the beliefs of people who may be different than their own and/or visiting historic churches in Baton Rouge. We will carpool or go on our own to the various worship centers to learn about the religious beliefs.

Our class has been warmly invited to visit:

- **St. Joseph's Cathedral** in the Dioceses of Baton Rouge It was established as a cathedral in 1961 by Pope John XXIII. At that time the Baton Rouge population became large enough to create a diocese separate from New Orleans. The Gothic church was renovated in the 1960's to conform to the new church guidelines of Vatican II.
- **St. James Episcopal Church**, newly renovated, was established by a group of ladies led by the wife of the 12th president, Zachary Taylor. It

is the only one of two churches still located on 4th Street, which was formally known as Church Street and was the home of four of Baton Rouge's main churches. Two others have since moved to new locations.

- **Tam Bao Buddhist Meditation Center** is in a serene setting behind the gates on Monterrey Blvd. The Temple's lead monk will show us around and discuss the tenants of Buddhism. In addition to the vernacular services, the temple holds meditation services on Friday nights in English.
 - **Beth Shalom**, the first synagogue in Baton Rouge, originally located on Acadian Thruway, has invited us to visit their education center and beautiful sanctuary. The tenants of Judaism will be discussed.
 - **The Islamic Center of Baton Rouge** and its mosque, Masjid Al Rahman, serve the Muslim community of Baton Rouge in education, religious support, and social events. It boasts the largest mosque in the Capitol area. Several community members will explore the history of Islam and beliefs of its people.
 - **First United Methodist Church**, one of Baton Rouge's oldest churches, was originally located on "Church Street". The sanctuary has been recently renovated, and we will hear their new organ.
- Join us for an interesting journey into the different houses of worship in Baton Rouge.
- Time & Dates:** 10:00 a.m. – 12:00 p.m.
Tuesday, Sept. 28, Oct. 5, 12, 19, 26, Nov. 2
- Course Code:** OLWKWC(2)
- Course Fee:** \$45 (early bird \$40)
- Instructor:** Sue Potts
- Coordinator:** TBD
- Location:** Different houses of worship in Baton Rouge

ZOOM! Why Do We Say That?

Some Interesting Word Origins

These four Zoom sessions will cover the zany origins for many of the phrases and words we use every day. "Red Herrings" and "Brass Tacks" will be among them as well as "Deadlines" and "Explosions." Where did "wool gathering" come from as well as "quiz," "quack," and "quarry?" Well, tune in, grab a cup of coffee, and join me in a fun stroll through their often-odd beginnings.

Time & Dates: 1:15 p.m. – 2:15 p.m.

Wednesday, Sept. 29, Oct. 6, 13, 20

Course Code: OLWDWS(2)

Course Fee: \$20 (early bird \$15)

Instructor: Phil Chenevert

Coordinator: TBD

Location: Zoom Online

NEW! IN-PERSON! Worship: Its Evolution and Its Christian Implications for Daily Living

This course will look at the evolution of worship from early religious practices to its Christian interpretation. The focus of the course will be the Christian response in faith to a God of love and compassion that takes worship beyond the narrow confines of liturgical ceremony to its implications for daily living.

Time & Dates: 11:30 a.m. – 1:30 p.m.

Thursday, Sept. 30, Oct. 7, 14, 21, 28, Nov. 4

Course Code: OLWORSHIP(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Frances Vanderwall

Coordinator: TBD

Optional Supplies: Freedom from Fear by Francis W Vanderwall (Amazon.com); Come Follow Me: Beyond Sunday Worship - Directives, Challenges, Dangers by Francis W Vanderwall (Amazon.com)

Location: Broadmoor United Methodist Church

INCLEMENT WEATHER AND CLASS CANCELLATIONS

We sometimes have bad weather during the semesters, and a class session needs to be canceled. We follow the St. Tammany Parish School System for the Camellia City Chapter, EBR Parish School System for Lagniappe Chapter, and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we will follow the LSU announcements of closings listed on the website: lsu.edu

Session II

IN-PERSON! Basic Hatha Yoga

Enjoy yoga and learn to enrich your lifestyle by learning and practicing yoga poses while using your breath with movement. Breathe, stretch, and relax your way to improved posture, endurance, flexibility, and strength. Wear comfortable clothes and bring a yoga mat, yoga block and yoga strap (blanket/towel optional). No prior yoga experience is necessary; however, you must be able to sit comfortably on yoga mat on the floor to practice seated poses. Ability to transition to standing from seated poses

is necessary. Join this class of wonderful yogis and discover the “present moment” while gaining strength, stamina, and core stability. Leave your shoes, cell phone and the “outside world outside.” This is a coed class.

Time & Dates: 9:30 a.m. – 10:30 a.m.

Mon. and Wed., Nov. 8, 10, 17, 29, Dec. 1, 6, 8, 13, 15

Course Code: OLBHY(19)

Course Fee: \$65 (early bird \$70)

Instructor: Agnes Bickham

Coordinator: Fran Martin

Required supplies: Yoga mat, yoga strap, yoga block(s)

Optional supplies: Blanket, towel

Location: First Christian Church

Time & Dates: 9:30 a.m. – 10:30 a.m.

Mon. and Wed., Jan. 3, 5, 10, 12, 17, 19, 24, 26, 31, Feb. 2, 7, 9, 14, 16, 21, 23

Course Code: OLBHY(20)

Course Fee: TBD

Instructor: Agnes Bickham

Coordinator: Fran Martin

Required supplies: Yoga mat, yoga strap, yoga block(s)

Optional supplies: Blanket, towel

Location: TBD

EARLY BIRD SPECIAL

Register online or by telephone to qualify for the Early Bird Special! Register from Monday, August 30 – Sunday, Sept. 12 at midnight and pay the early bird fee. **Beginning Sept. 13 at 12:01 a.m., each course will increase by \$5.** Courses with low enrollment as of Friday, Sept. 17 may be canceled. If you register by Sept. 17 and your course is canceled, you may either receive a refund or credit the course fee to another course (with no additional fees).

Note: Credit and debit cards are the only methods of payment for registration and membership fees.

Instructor Biographies

Ernest Ayo received his pharmacy degree from ULM Monroe, his RN from LSU-E, and his CRNA from Missouri State in anesthesia. He was mentored by Web Cochran of Red Stick Croquet of BR. Ernest founded Panache Croquet in West Feliciana and taught an OLLI spring course on croquet in 2021.

Leah Barron received her BA and J.D. in political science from LSU. A former defense attorney and administrative counsel to the Louisiana Senate, she was the Exec. Director, then CEO, of a non-profit state high risk health insurance plan. She is passionate about American Revolutionary War History

Agnes Bickham is a Yoga Alliance ERYT with experience of 1,000+ teaching hours. She received her Teacher Certification from Shambhava School of Yoga in Kona, Hawaii and has practiced and taught Hatha Yoga variations in the Baton Rouge area.

Donald Beale, director for Online Distance Learning at LSU Online & Continuing Education has a MALA from LSU in general humanities with an emphasis in film studies. He has also

done graduate study in English, concentrating on American literature and film.

Thomas Beard has a Ph.D. from Duke University and is an alumni professor emeritus of economics at LSU. He has taught thirty-seven opera courses for the Lagniappe Chapter of OLLI at LSU.

Kathleen Benedetto, currently a Ph.D. candidate in the Department of Geography, is studying hurricanes, rapid intensification, climate change, and population preparedness in the Gulf Coast.

Kim Bergeron is an advertising, marketing and public relations specialist who holds a BFA in Applied Arts/Advertising from ULL and Accreditation in Public Relations from the Public Relations Society of America.

Mike Berkowitz has his master's degree from the Univ. of Massachusetts at Amherst and taught all levels before finding his niche teaching seniors. Mike enjoys helping folks to think in new ways and to gain new perspectives.

Jim Bolner received his bachelor's degree in education from LSU, his master's from LSU in government, and his Ph.D. in political science from the Univ. of Virginia. He has taught at the Univ. of Alabama and the Univ. of Massachusetts at Amherst before coming to LSU in 1967.

Henry Bradsher holds two bachelor's degrees from the Univ. of Missouri in arts and in journalism. He served three years as an Air Force intelligence officer and 26 years as a journalist reporting many historical topics. Henry spent 18 years as a CIA senior analyst.

Monica Bradsher graduated from Swarthmore College with an AB in history. She received her M.Ed. from Harvard Univ. Monica lived in Russia from 1964-68 and is a fluent Russian speaker.

Sabrina Cervantez is currently a Ph.D. candidate in the LSU history department. She specializes in modern British History with a focus on the 19th century. Sabrina is currently writing her dissertation on the British Empire and the Opening of Japan.

Harsha E. Chacko is a professor emeritus of Hotel, Restaurant and Tourism Administration at UNO where he taught for 33 years. He has completed the requirements for the Certified Specialist of Wine from the Society of Wine Educators.

Phil Chenevert has an MA in counseling. Phil loves to collect stories about the weird and fascinating origins of our English words and phrases. These four ZOOM classes will give you fun things to share with others about our language.

Caroline Cocciardi, writer and filmmaker, received her BA from San Jose State Univ. She began an independent study on Leonardo da Vinci while living in Rome. Her 20-year research led to a da Vinci discovery which is featured in her documentary, "Mona Lisa Revealed."

Charlotte Collins received art degrees from LSU and UNO, and an MFA from Memphis College of Art. She was an Associate Professor of Art at Kennesaw State Univ. and taught at SELU. She is the Director of the Olde Towne Arts Center and currently teaches at University View Academy.

Erica Daigle, Ph.D., is a native of Louisiana and received her BS and MA from LSU. Her Ph.D. work at the University of Iowa was on English Renaissance literature and medieval history, especially Shakespeare. Erica has taught writing, British literature, Biblical and classical literature, and Shakespeare courses at the college level.

Tommy Draughn is an IT professional with 25 years of experience in the corporate, non-profit, and small-business sectors. As the owner of an IT consulting and support company, Tommy has a passion for demystifying technology for people of all ages so they can use and enjoy their electronic devices.

Claire Fontenot has been a Master Gardener for 20 years. She developed an American Daylily Society display garden, the Louisiana Iris, and ginger garden displays at the BREC Independence Botanic Garden. She continues to provide students with information about gardening at home.

Charlie Fryling obtained his BS in landscape architecture from Syracuse Univ. and his MS from Harvard Univ. He worked for an international landscape architecture firm. He also worked at LSU in the Robert Reich School of Landscape Architecture. He uses many photographs in his lectures that he has taken.

Paul Graham received his Ph.D. in English,

with a concentration in American film from LSU and his master's from UNO in British medieval literature. At OLLI, Dr. Graham has as taught Beowulf, The Canterbury Tales, and American film.

Jerisse Grantham, certified to teach by Dance Masters of America, teaches all forms of dance at the studio and at schools in the Baton Rouge area. She is a 15-year adjunct faculty member of Tulane Univ. She earned her BS from LSU and has enjoyed teaching dance for more than 30 years.

Lawrence "Sal" Guidry, Ph.D., has been a licensed psychologist for over 40 years. He was a staff psychologist at VA Medical Center for 27 years, a clinical associate psychology professor in the Dept. of Psychiatry at Tulane Medical School, and in the Dept. of Psychiatry at LSU Medical School.

Pat Heurtin received her BA from SLU and a Masters + 30 hours with emphasis in health education from LSU. She retired from teaching and from the National YMCA as a Physical Director of the YMCA in Lake Charles. Pat received training in pickleball and is a certified instructor for Third Shot Sports.

Dwayne Hinton is a veteran who also served as a police officer. He has his BRCC Associates in biology and social sciences and bachelor's in journalism, anthropology, and interdisciplinary (psychology, sociology, G.I.S.) from LSU. He is enrolled at LSU to obtain his master's degree in anthropology.

Rich Hirsch has a BA in political science from LSU and is a certified Project Management Professional. He is an expert in nuclear plant operations and managing radioactive materials. He worked in the US, England, Taiwan, Ukraine, and the Chernobyl Exclusion Zone.

Trenton James is a retired board-certified family physician and is now working online for eQHealth Solutions, Inc., a population health management company for government and commercial clients. He champions quality of healthcare for all patients and patient safety.

Relius Johnson is currently the Asst. Director of Multicultural Affairs at the Univ. of Texas at Arlington. He is an alumnus of Texas A&M Univ., Univ. of Central Arkansas, and LSU and is currently working on his Ph.D. at LSU.

Robert Kelley is a retired captain of 26 years for the Department of Corrections. He also served for 10 years as the ambassador for USAPA Association. Robert has been playing pickleball for 12 years and has been a PPR

(Professional Pickleball Registry) member for the past two years.

Owen Kemp has been a yoga instructor for many years and received her yoga training through the Living Yoga program at the Barsana Dham Ashram in Austin, TX. She attended training sessions at the Omega Institute in Rhinebeck, NY. and various venues around the country and internationally.

Linda Lightfoot has a BA in journalism and political science from the Univ. of Mississippi. She is retired from The Advocate where she worked for 42 years, the last 15 as executive editor. She has put together more than 20 OLLI courses with guest lecturers on Louisiana institutions and issues.

Merrie Lee Logan attended the Univ. of Iowa and La Universidad Iberoamericana in Mexico City before moving to Louisiana and graduating from LSU with a degree in Spanish, French, and English. She taught in public and private high schools for almost twenty years.

Edwin Lyon, a retired archaeologist and historian with the U.S. Army Corps of Engineers in New Orleans, received his Ph.D. in history from LSU as well as his MA in anthropology. He taught Mississippi River courses for 10 years at Tulane Univ. as well as other courses on travel and history.

Fara Mabrey is a native of Italy who has taught Italian and French in Italy and France. She has a bachelor's degree in foreign languages from the Universita' Di Bari and has lived in Switzerland and France for extended periods of time.

William "Bill" McClendon received his BA in history and his LL.B law degree at Tulane Univ. He practiced banking and business law for 40 years in Baton Rouge. Bill also taught negotiations and professionalism at LSU, Univ. of Tennessee, and Western Carolina Univ.

Betty "BJ" McRae was the Asst. to the Director of the Atchafalaya Basin Program. BJ was responsible for completing the agendas, the necessary papers for the committee meetings, as well as coordinating the ribbon ceremonies for many recreational and water management projects.

Marchita Mauck, a retired professor of art history at LSU, received her Ph.D. in medieval studies from Tulane Univ. She was also a visiting professor at Yale Univ., Notre Dame Univ., and Chicago Theology Graduate Union. She leads tour groups to Europe to sites covered in her OLLI courses.

Olivia McNeely Pass has her Ph.D. in English and American literature from ULL and two master's degrees from LSU (English and journalism). She taught in Louisiana's high schools for 22 years and for 15 years in Louisiana's public universities before retiring.

Jane Patterson, current president and education chair of Baton Rouge Audubon Society, was honored at the National Audubon national conference and received the Dutcher award for outstanding service for her efforts in bird-related education.

TroyLynne Perrault is a Pampered Chef Consultant whose passion is to help people make healthier food choices. TroyLynne holds a master's degree in public administration from UNO and is a licensed realtor in Louisiana who has worked at three universities in New Orleans.

Brian Pope, MA from Univ. of Texas at Austin, performs the creative and hosting duties for Center Stage on WRKF-FM, a weekly one-hour radio show. He was inducted into Theater BR's Hall of Fame and is also an adjunct instructor at NSU in Natchitoches where he teaches Musical Theater History and Literature.

Sue Potts, Educational Specialist Education LSU, was a guide at the Old State Capitol, the Old Governor's Mansion, the New Governor's Mansion and a riverboat guide for Baton Rouge and several plantations.

Lee Brandt Randall received her Bachelor of Fine Arts Degree in 1979. She taught studio art and art history for 30 years, 24 of those years spent at the Runnels School in Baton Rouge.

Darlene Reaves, a retired high school science teacher, holds a MAST (Master of Arts in Science Teaching) degree. During her 10 years at the New Orleans Center for Science and Math, she taught the course "Wildlife Biology" which focused on birds and mammals and including birding.

Penny Reinhardt received her BS in Education, Science, and Math from LSU. She taught 8th grade science at Bryan-College Station in Texas for three years. Penny has been crafting since before she was 14 years old and has taught classes in crochet and other crafts locally.

Marie Ricca, initially trained in Taekwondo, she received her black belt in Shotokan from Mikame Sensei with JKA and later acquired her second degree. She received a black belt in Shorin Ryu Kubudo (weapons). She presently teaches Yang Style Tai Chi Chuan.

Martha Robson, pre-pandemic, she directed the duplicate bridge game at St. James Place. She believes that playing bridge is one of the best things you can do for your brain, and she loves helping people learn how to approach this complex and fascinating game.

Ralph Schomburg obtained a BS in mathematics and an MBA in finance. He worked at the NASA Manned Spacecraft Center and retired as the Asst. CFO of NASA JSC. He has received many NASA awards, trained others in the National Management Assoc., and was a part-time instructor at San Jacinto College.

Jane Simmons has taught yoga for over 15 years and has developed a style and pace that is approachable for all levels. Yoga is an essential aspect of fitness, especially regarding flexibility and balance as the aging process threatens many of OLLI's members.

Mark Stahl, retired from university administration, still serves as a consultant to regional institutions. He was a manager of medical education for Indiana Univ. School of Medicine and the Exec. Director of the UNO downtown center. He has a master's degree from Indiana Univ. and completed all course work for an Ed.D.

William Stickle received his Ph.D. from the Univ. of Saskatchewan, Regina in biology with a minor in oceanography. He taught Marine Communities, Environmental Physiology and Human Physiology. He also developed the LSU Marine Biology in Southeast Alaska program.

Dr. Julius R. Tipton is a professional musician/composer with degrees from Mississippi College (BA), LSU (M.Mus.), New Orleans Baptist Seminary (M.C.E., Ed. D.) and Austin Presbyterian Seminary (M.Div.). He has taught at Xavier Univ. and served as a pastor in various locations.

Greg Tomlinson received his Ph.D. in history from LSU in August 2020. He has taught courses about German identity, the Third Reich, and the life of Napoleon Bonaparte for LSU's OLLI program.

Emily Toth (Ph. D., Johns Hopkins), in her second century of teaching about women writers, focuses on women's lives. Her published books include books under the name "Ms. Mentor," biographies of Kate Chopin and Grace Metalious, and a prize-winning Civil War novel.

Ken Tremblay received his BA in history and anthropology from Eckerd College in St.

Petersburg, FL and his MA in anthropology from LSU. He has experience in museum, field, and classroom settings. His areas of study include human skeletal biology and the archaeology of health and disease in the past.

Dr. Francis W Vanderwall is a professor emeritus of theology at Franciscan Univ. in Baton Rouge. He is a theologian, the author of six books, a TV series, and several audio programs on various Theological and Spiritual topics. He was a Jesuit priest for almost thirty years.

Kirk Vidrine, working as a fitness professional for over 18 years, including five years developing wellness programs for Shell Oil, has an BS in dietetics and a master's in human nutrition from LSU. He has presented at national conferences, researched nutrition and body composition, bone health, and bio compounds.

Erik Wagner, a recent graduate of LSU, earned his Ph.D. in history. His major field of study was Modern European History, with a focus on late nineteenth and early twentieth-century Germany. He also obtained minors in world history and Russian history.

Dr. Elizabeth Wallace recently completed her Ph.D. from LSU with an emphasis on voice health and acoustics. She has directed numerous choirs in our area and has brought her enthusiasm and exciting new ideas to the Baton Rouge Chorus of Sweet Adelines.

Barry Weinstein was ordained a reform rabbi in June 1971 by Hebrew Union College - Jewish Institute of Religion in Cincinnati, Ohio. He is also a Rabbi Emeritus of Congregation B'nai Israel in Baton Rouge and currently a rabbi of Temple Sinai in Lake Charles.

Vernon Lee Wright received his bachelor's degree from Iowa State Univ. in wildlife management, his MA from Purdue in wildlife biology, and his Ph.D. from Washington State Univ. in zoology. He has a post-doctoral from Cornell Univ. in biometrics. At LSU, he was an experimental statistician helping faculty and students in design and analysis.

FALL 2021 COURSES Check the courses in which you wish to register. Registration by phone or online only at this time.

FEES LISTED BELOW ARE EARLY BIRD PRICES.
BEGINNING SEPTEMBER 13, ALL COURSE FEES ARE \$5 MORE THAN THE PRICE LISTED BELOW.

Camellia City Chapter

- ☐ Choosing & Preparing Foods...Life..... OSFOOD(2)..... \$15
- ☐ NEW! Connecting with Family OSOCMED(1)..... \$10
- ☐ NEW! Day Trippin' Around Regional..... OSDAY(1)..... \$15
- ☐ NEW! Drawing Exploration OSDRAW(1)..... \$15
- ☐ NEW! Harnessing the Power of Social..... OSHARN(1)..... \$10
- ☐ NEW! Tai Chi Chuan: Yang Style 24 Short..... OSTAI(1)..... \$40
- ☐ Wines of the World OSWWW(3)..... \$20

Felicianas Chapter

Session I

- ☐ NEW! Freedom of Information OLFREE(1)..... \$40
- ☐ Basic Yoga OFBEYOG(53)..... \$80
- ☐ The Basics of Beginning Pickleball OFBPB(3) \$40
- ☐ NEW! Beginner's Croquet..... OFBCR(2)..... \$30
- ☐ Beginning Yoga OFGEYOG(22) \$80
- ☐ NEW! John James Audubon's Birds OFBWF(1)..... \$30
- ☐ Line Dance OFLID(6)..... \$40
- ☐ NEW! Playing Duplicate Bridge OFPDB(3)..... \$30
- ☐ NEW! Simple Quilting OFQUILT(1)..... \$40
- ☐ NEW! Tim Gautreaux's SIGNALS of OFTIM(1)..... \$40
- ☐ NEW! Ukraine and the Chernobyl..... OFCHERN(1)..... \$40
- ☐ NEW! Using Your Intuition to Sense What Is..... OFINT(1)..... \$10

Session II

- ☐ Basic Yoga OFBEYOG(54)..... \$75
- ☐ Beginning Yoga OFGEYOG(23)..... \$65

Lagniappe Chapter

Session I

- ☐ The American Revolution for Cocktail OLREV(2)..... \$20
- ☐ NEW! The History and Current Alarming..... OLZAS(2)..... \$20
- ☐ NEW! Barbershop-Style Singing for Women.. OLSING(1)..... \$40
- ☐ Basic Hatha Yoga..... OLBHY(18)..... \$50
- ☐ NEW! Beginning Adult Pickleball Instruct..... OLPBALL(1)..... \$20
- ☐ Beginning Birdwatching OLZBIRD(2)..... \$40
- ☐ Beginning Bridge OLBRR(3)..... \$85
- ☐ NEW! Black Lives Mattering OLBML(1)..... \$30
- ☐ NEW! Broadway's Greatest Musical OLBROAD(1)..... \$40
- ☐ NEW! A Century of Change...(In Person) OLCENT(1)..... \$40
- ☐ NEW! A Century of Change...(Zoom) OLCENT(2)..... \$40
- ☐ NEW! A Century of Change...(In Person) OLCENT(3)..... \$40
- ☐ NEW! Cleopatra's Needles OLCLEO(1)..... \$5
- ☐ NEW! Conservatives and Liberals; Not OLCONLIB(1)..... \$40
- ☐ NEW! Diversity and Inclusion 101 OLDIV(1)..... \$35
- ☐ Dorothy Parker, Woman of Wit OLWOW(2)..... \$30

- ☐ NEW! Flicks and Food – Daffy Dupes, OLFlick(33)..... \$150
- ☐ NEW! From Berries to Bread: The Origins..... OLAGR(1)..... \$20
- ☐ NEW! Gardening for Bees...(In Person) OLBEES(1)..... \$40
- ☐ NEW! Gardening for Bees...(Zoom)..... OLBEES(2)..... \$40
- ☐ Germany Among All Others 1945-2021 .. OLGEMAN(2)..... \$40
- ☐ NEW! Gorgeous Gardens III OLGOG(2)..... \$40
- ☐ NEW! Historical Vampire Burials OLVAMP(1)..... \$20
- ☐ NEW! History of Art - Medieval Art of the... OLMWW(1)..... \$30
- ☐ Jazz and Tap Class OLJATAP(11)..... \$40
- ☐ Life Writing OLIFEW(26)..... \$40
- ☐ Line Dancing OLLID(12)..... \$40
- ☐ NEW! Maya Mythology: Tales from the OLMAYA(1)..... \$20
- ☐ NEW! Modern Art (In Person) OLMART(2)..... \$40
- ☐ NEW! Modern Art (Zoom)..... OLMART(3)..... \$40
- ☐ NEW! The Most Destructive Hurricanes in... OLHURR(1)..... \$20
- ☐ NEW! North to Alaska..... OLALA(1)..... \$40
- ☐ NEW! "Obstinate, Headstrong Girl": Jane OLJANE(1)..... \$30
- ☐ Overview of American Film, Part II OLAFILM(2)..... \$40
- ☐ Passport to Italy, Level 1..... OLPAITA(18)..... \$55
- ☐ Passport to Italy, Level 2..... OLPAITT(18)..... \$55
- ☐ Passport to Italy, Level 3: Avanti! OLPAIA(13)..... \$55
- ☐ NEW! Plague Stories: Bocca...(In Person) OLBOCC(1)..... \$40
- ☐ NEW! Plague Stories: Bocca...(Zoom)..... OLBOCC(2)..... \$40
- ☐ NEW! Prehistoric Man - What We Know... OLPREMAN(1)..... \$40
- ☐ Preventing Cognitive Decline as We Age OLCOG(2)..... \$20
- ☐ NEW! Public Education in...(In Person)..... OLEDOC(1)..... \$40
- ☐ NEW! Public Education in...(Zoom)..... OLEDOC(2)..... \$40
- ☐ NEW! Russia's Cultural Treasures OLRCT(3)..... \$40
- ☐ NEW! Smartphone Photography OLPHONE(1)..... \$40
- ☐ So What! You're Over 50!...(Zoom) OLSYOF(8)..... \$30
- ☐ So What! You're Over 50!...(In Person)..... OLSYOF(9)..... \$30
- ☐ Spanish for Intermediates (Part 1) OLSPAC(6)..... \$40
- ☐ Spanish for Intermediates (Part 2) OLSPIN(8)..... \$40
- ☐ NEW! There's a Song in the Air OLSONG(1)..... \$20
- ☐ NEW! A Thirty-Eighth Opera Season..... OLOPERA(10)..... \$40
- ☐ NEW! Tim Gautreaux's SIGNALS of Louisiana.. OLTIM(1)..... \$40
- ☐ The Total Nutrition Makeover OLTNM(4)..... \$20
- ☐ NEW! Ukraine and the Chernobyl..... OLCHERN(1)..... \$40
- ☐ NEW! Virtual Travel..... OLVIRT(1)..... \$40
- ☐ NEW! Who Knew Part II: Worship Centers.. OLWKWC(2)..... \$40
- ☐ Why Do We Say That? Some Interesting.... OLWDWS(2)..... \$15
- ☐ NEW! Worship: Its Evolution and Its OLWORSHIP(1)..... \$40

Session II

- ☐ Basic Hatha Yoga OLBHY(19)..... \$80
- ☐ Basic Hatha Yoga OLBHY(20)..... TBD

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