Courses are held at various locations.
Welcome to OLLI at LSU

The Osher Lifelong Learning Institute at LSU is one of a network of 124 university-affiliated lifelong learning programs supported by The Bernard Osher Foundation. The Osher Lifelong Learning Institute, or OLLI, offers non-credit educational programs specifically developed for adults who are ages 50 and older; university connection and university support; robust volunteer leadership and sound organizational structure; and a diverse repertoire of intellectually stimulating courses.

OLLI at LSU is now a program of LSU Online & Continuing Education. This new university division combines the Continuing Education programs with LSU Online credit degree programs, strengthening LSU’s focus on engagement with off-campus and lifelong learners. We invite anyone who is interested to become an OLLI at LSU member. Membership entitles you to register in as many courses, field trips, or special events as you like. For Spring 2021, we are offering virtual courses! Come learn with us!

Our mission is to foster lifelong learning and individual growth for learners age 50 and over by creating intellectually stimulating learning opportunities that enrich lives.

MEMBERSHIP

OLLI at LSU is open to anyone who meets its two requirements:
1. is 50 years old and older, and
2. enjoys learning!

The annual membership year is from July 1 to June 30. The membership fee is $50. The fee covers the entire membership year, from July 1 to June 30. The membership fee is $50.

OLLI AT LSU BENEFITS

• Courses: Experience learning something fun, challenging or amazing!
• Field Trips: Visit special places throughout southern Louisiana and surrounding states.
• Coffees: Hear outstanding speakers on topics of current interest.
• Nature Walks: Enjoy naturalist-accompanied walks on the third Friday of the month in some of the most beautiful places in southern Louisiana and Mississippi.
• OLLI NEWS: A weekly email newsletter listing upcoming OLLI activities and local interests.
• Locations: Programs offered at 8 locations throughout southern Louisiana.
• LSU Museum of Art: 10% discount on LSU MDA memberships at the Friend level or higher.
• Campus Federal Credit Union: Full membership privleges to OLLI members. Stop by one of their three branches in Baton Rouge (Main Branch at 3535 Nicholson Extension, Perkins Road Financial Center at 6230 Perkins Road, or the LSU Union Branch), or visit their website at campusfederal.org.

• Best of all Benefits: Friendships and learning with more than 1100 other OLLI at LSU lifelong learning members!

INCLEMENT WEATHER AND CLASS CANCELLATIONS

We sometimes have bad weather during the semesters and a class session may need to be canceled. We follow the EBR Parish School System for Lagniappe Chapter and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we follow the LSU’s closing announcements (check online: www.lsu.edu).

CLASS CANCELLATIONS

INCEMMENT WEATHER AND CLASS CANCELLATIONS

We sometimes have bad weather during the semesters and a class session may need to be canceled. We follow the EBR Parish School System for Lagniappe Chapter and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we follow the LSU’s closing announcements (check online: www.lsu.edu).

PHOTOGRAPH POLICY

We often take pictures of OLLI participants and instructors for use in our print and electronic publications. If you do not want us to use your photograph, please notify the photographer at the event.
## Lagniappe Chapter Courses

**ZOOM VIRTUAL CLASSES**

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**MONDAY**
- 9:00 a.m.–11:00 a.m.: 20th Century Literature
- 10:15 a.m.–11:15 a.m.: Great Decisions: Roots and Routes, Theology Part II
- 11:30 a.m.–12:30 p.m.: Russia’s Cultural Treasures
- 12:45 p.m.–1:45 p.m.: Medical Apartheid: Medicare, Medicaid, and the Promise of Healthcare for All
- 2:00 p.m.–4:00 p.m.: Mentoring Mastery: Practical Positive Psychology
- 5:00 p.m.–6:00 p.m.: American Catholicism as Seen Through Movies

**TUESDAY**
- 9:00 a.m.–11:00 a.m.: Appreciation of Nature Art
- 10:15 a.m.–11:15 a.m.: “Mama, Voy a Luchar,” Field, Tourism and Society in Cuba
- 11:30 a.m.–12:30 p.m.: The Middle Ages: A Tumultuous, Transformative Period
- 12:45 p.m.–1:45 p.m.: Spanish for Intermediates Part 1
- 2:00 p.m.–4:00 p.m.: The Fertile Fisheries Fronts of World War I

**WEDNESDAY**
- 9:00 a.m.–11:00 a.m.: Broadway’s Great Composing Duos
- 10:15 a.m.–11:15 a.m.: Total Nutrition Makeover
- 11:30 a.m.–12:30 p.m.: Why Worship? Its Origins and Interpretations
- 12:45 p.m.–1:45 p.m.: Spanish for Intermediates Part 2
- 2:00 p.m.–4:00 p.m.: The Black Death: Plague in Europe from the Middle Ages through the 19th Century

**THURSDAY**
- 9:00 a.m.–11:00 a.m.: The Works and World(s) of C. S. Lewis
- 10:15 a.m.–11:15 a.m.: Neoliberalism and an Ethics of Care
- 11:30 a.m.–12:30 p.m.: Russia’s Cultural Treasures
- 12:45 p.m.–1:45 p.m.: Explained! The Human Body
- 2:00 p.m.–4:00 p.m.: American Film Overview

**FRIDAY**
- 9:00 a.m.–11:00 a.m.: American Film Overview
- 10:15 a.m.–11:15 a.m.: Neoliberalism and an Ethics of Care
- 11:30 a.m.–12:30 p.m.: Russia’s Cultural Treasures
- 12:45 p.m.–1:45 p.m.: Explained! The Human Body
- 2:00 p.m.–4:00 p.m.: American Film Overview

**IN-PERSON CLASSES**

**FELICIANAS CHAPTER IN-PERSON COURSE LOCATIONS - ST. FRANCISVILLE**
- Grace Episcopal Church, 13621 Ferdinand St., Jackson Hall
- First Christian Church, 8484 Old Hammond Hwy.
- West Feliciana Parish Library, 5114 Burnett Rd.
- LSU Hilltop Arboretum, 11855 Highland Rd.

**LAGNIAPPE CHAPTER IN-PERSON COURSE LOCATIONS - BATON ROUGE**
- West Feliciana Sports Park, 10226 W Feliciana Pkwy.
- LSU Hilltop Arboretum, 11855 Highland Rd.
- First Christian Church, 8484 Old Hammond Hwy.
- West Feliciana Parish Library, 5114 Burnett Rd.
- Grace Episcopal Church, 13621 Ferdinand St., Jackson Hall
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- West Feliciana Sports Park, 10226 W Feliciana Pkwy.

**CALL OLLI AT LSU: 225-578-2500**

**REGISTER ONLINE: www.online.lsu.edu/olli**

**VOLUNTEER NEEDS**
Volunteer with OLLI at LSU! Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event? Our OLLI chapters are always looking for volunteers to help with course set up, events, coffees, etc... If you are interested, contact the OLLI at LSU office: olli@outreach.lsu.edu

**INLEMENT WEATHER AND CLASS CANCELLATIONS**
We sometimes have bad weather during the semesters and a class session needs to be canceled. We follow the EBR Parish School System for Lagniappe Chapter and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we will follow the LSU announcements of closings listed on the website: www.lsu.edu
Camellia City Chapter

Art Talks for Inquisitive Minds

Do you see something amazing artwork from various time periods? Are you curious about the creative process or the inspiration behind the work? Inquisitive Minds is a series of informal, short presentations with a glimpse into artists, their motivations, techniques, and their connection to the global world. Each talk will be followed by optional discussions that evolve into the following weeks' topics. Examples may include: a biography of the artist, a look at the artist's work, or an exploration of how we can discover the power of the arts. After our initial presentations, class members will be offered options to meet in small groups to discuss the topics, based on interest levels. You need not be an artist to have an interest in the arts, and the rich history of creative minds. If you happen to be an artist, these talks will surely inspire you to keep creating.

Time & Dates: 3:45 p.m. – 4:45 p.m. Thursday, Feb. 25, March 4, 11, 18, 25, April 1
Course Fee: $15 (early bird $10)
Instructor: Charlotte Collins
Coordinator: Melonautt
Location: Zoom Online

New! Zoom! Choosing & Preparing Foods for a Healthier Life, Part II

Eating healthier is an individual journey! For most, it doesn’t matter if they eat 100% clean, 50% clean, or 0% clean. Choosing the right combination of foods is what builds on the resources presented in the Fall class to help you find your healthy path, but you need not have taken that course to benefit. Additionally, the four-course class will cover: 1) an introduction to making delicious and healthy juices and smoothies; 2) preparing food for the week and simple recipes to ensure you always have something nutritious on hand; 3) preparing one-pot meals and using leftovers; and 4) growing your own herbs and spices to have on hand to enhance the taste of the foods you prepare. The instructor will share some of her favorite recipes, how she identified food sensitivities, and more.

Time & Dates: 12:45 p.m. – 1:45 p.m. Friday, Feb. 26, March 5, 12, 19
Course Code: OSFOOD(1)
Course Fee: $15 (early bird $10)
 Instructor: Joy Lynn Parnell
Coordinator: Mark Stahl
Location: Zoom Online

New! Zoom! Current Economic Issues

Our class will present some material on four important current economic issues for discussion – Week 1 – The US National Economic Outlook; Week 2 – Social Security and Medicare Week 3 – the US Health Care System Week 4 – The New NOLA Regional Economic Connection. Lane will present some data on each topic along with a brief, easily understood explanation of the basic issues involved.

Time & Dates: 2:00 p.m. – 4:00 p.m. Friday, Feb. 26, March 5, 12, 19
Course Code: OSECONE(1)
Course Fee: $30 (early bird $25)
 Instructor: Dr. W.J. (Dale) Lane
Coordinator: Georgia Mugo
Location: Zoom Online

New! Zoom! Mosaics in Glass and Paper

Our first class will be a torn paper portrait class. You’ll provide a black and white photo of a family member or friend to be made into a lighted Glass Memory Block and adhere to the glass. In the second class you will create a design for a lighted Glass Memory Block and adhere items to it. This class will teach how to design and make a mosaic on a glass block using found objects with mosaic techniques. You may bring found broken jewelry, stained glass scraps (provided) or mirror pieces, found objects, medalsions, beads, personal memorabilia, any found objects from magazines or from nature. In the third class, you will receive a demo and instructions to use your new skills to design and grout a future project you can create on your own after the class. This class is demo-based. Students will be shown a variety of mosaic techniques and two beautiful finished art projects of your memories.

Time & Dates: 10:15 a.m. – 11:15 a.m. Tuesday, Feb. 23, 2, 9
Course Code: OSMOS(1)
Course Fee: $15 (early bird $10)
 Instructor: Mark Stahl
Coordinator: Mark Stahl
Location: Zoom Online

Required Supplies: All supplies can be found at Hobby Lobby or Amazon. 6x4 Glass block, Mini string of clear lights, 6x6/8 glossy, White Glue, Black Glitter (optional), Personal items (jewelry, medals, pictures, ribbon, broken mirror, small found objects), Magazine pages, Heavy duty Adhesive, Frame (5x4 or 5x7). Scrap Stained glass can be picked up from instructor. Personal Memorabilia will be discussed in first class for use in second class. You will need a glue gun. It must be available for a photo to first class.

Location: Zoom Online

New! Zoom! Preparing and Grading Collectible Sports Cards for Online Sale

This course introduces individuals who have or want to acquire collectible sports cards for the purpose of selling them online. You have if they have any other material, such as black and white cards to print out, or you may use a site that you find yourself in black and white. This class will begin with a brief overview of how to find any material that you own. You will then look at the cards that you can try selling, which you have read about, and try to find the correct card to sell. You will also look at other materials, such as black and white cards to print out, or you may use a site that you find yourself in black and white.

Time & Dates: 9:00 a.m. – 11:00 a.m. Tuesday, Feb. 22, March 1, 8
Course Code: OSUKU(1)
Course Fee: $25 (early bird $20)
 Instructor: Rose Marie Sand
Coordinator: Mirgo Guilet
Required Supplies: Uprise (can be purchased on Amazon or from a music store)

Optional Supplies: Tuner Location: Zoom Online

Wines of the World

An exciting and in-depth study of wine from vine to table in which we will explore the wine regions of the world including, history, geography, climate, vineyards, and styles of wine produced in each region. We will also examine grape varietals, grape growing, and wine making. This class will provide you with the knowledge to look at a wine bottle label and better understand what you should expect from each country or region. In each session, the objective will be to discover and practice how to become a better wine taster and understand your personal wine preferences.

Time & Dates: 2:15 p.m. – 3:15 p.m. Mon. and Wed., March 1, 3, 8, 10, 15, 17, 22
Course Code: OSWINE(1)
Course Fee: $25 (early bird $20)
 Instructor: Harsha Chacko
Coordinator: Mark Stahl
Location: Zoom Online

Felicianas Chapter

New! The American Presidency

The constitutional provisions governing the President; electing and impeaching Presidents; the President and separation of powers; the President as Commander in Chief and as Chief Executive; the Vice-President; the role of the President in the party leader; the President and foreign policy and Presidential libraries.

Time & Dates: 9:15 a.m. – 11:15 a.m. Thursday, Feb. 25, March 4, 11, 18, 25, April 1
Course Code: OPPRES(1)
Course Fee: $45 (early bird $40)
 Instructor: Jim Bonier, Sr.
Coordinator: Arlene Fomart
Location: St. Felician Parish Library

Basic Yoga

Breathe, stretch, & relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, & leave your cell phone in the car. Come to class on an empty stomach, be early, bring a yoga mat, & wear comfortable clothing that allows you to work up a sweat. It is recommended that you purchase your first uke and be ready for the first class. In subsequent classes, you'll work with the instructor to develop your own taste preferences.

Time & Dates: 9:00 a.m. – 10:00 a.m. Tuesday, Feb. 23, March 2, 9
Course Code: OSBKYA(1)
Course Fee: $25 (early bird $20)
 Instructor: Mark Stahl
Coordinator: Georgia Mugo
Required Supplies: Uprise (can be purchased on Amazon or from a music store)

Optional Supplies: Tuner Location: Zoom Online

Wine of the World

An exciting and in-depth study of wine from vine to table in which we will explore the wine regions of the world including, history, geography, climate, vineyards, and styles of wine produced in each region. We will also examine grape varietals, grape growing, and wine making. This class will provide you with the knowledge to look at a wine bottle label and better understand what you should expect from each country or region. In each session, the objective will be to discover and practice how to become a better wine taster and understand your personal wine preferences.

Time & Dates: 2:15 p.m. – 3:15 p.m. Mon. and Wed., March 1, 3, 8, 10, 15, 17, 22
Course Code: OSWINE(1)
Course Fee: $25 (early bird $20)
 Instructor: Harsha Chacko
Coordinator: Mark Stahl
Location: Zoom Online

New! Beginner’s Croquet

CROQUET is a game for ALL! Every level of fitness, young or old, male or female can complete. It combines skill and strategy on a 50x100 foot court. The Rule Book Club will discuss and learn from the Red Stick Croquet Book of billsiards and checkers. Anyone has everyone has played this game, either as a child, but adult version is much more fun! This course will introduce you to the basic rules and correctness of the 8-ball nage. You’ll learn how to hold a mallet and many basic shots. Completing this course will enable you to join the Panache Croquet Club of St. Francisville, LA. The poetry in this book is written by some of America’s poets laureate, as well as lesser known poets.

Time & Dates: 9:15 a.m. – 11:15 a.m. Tuesday, Feb. 22, March 1, 8, 15, 22, 29
Course Code: OFHEL(1)
Course Fee: $40 (early bird $40)
 Instructor: Olivia Pass
Coordinator: TBD

Optional Supplies: Editor is James Crews. Crews can be purchased on Amazon, Barnes and Noble.
Location: West Felician Parish Library

Lawn Dancing

NEW! Bring on the fun! Lawn dancing is all the rage, there are many ways to enjoy this fun dance move. Lawn dancing is a line of dance.

Register online or by telephone to qualify for the Early Bird Special! Register from Monday, Feb 1 – Friday, Feb 12 and pay the early bird fee, printed with the course description. Beginning Feb. 13, each course will increase by $5. Courses with low enrollment as of Monday, Feb 15, may be canceled. If you register by Feb. 15, and your course is canceled, you will either receive a refund or receive the course fee to another course (with no additional fees). Note: Registration and payments by mail are not available at this time.

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Courses BEGIN FEBRUARY 22
CALL OLLI AT LSU: 225-578-2500

**West Feliciana Sports Park**

**Coordinator:** TBD

**Location:** West Feliciana Parish Library

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**Early Bird Special**

**Register online or by telephone to qualify for the Early Bird Special! Register from Monday, Feb. 1 – Friday, Feb. 12 and pay the early bird fee, printed with the course description. Beginning February 13, each course will increase by $5. Courses with low enrollment as of Monday, Feb 15; may be canceled. If you register by Feb. 15, and your course is canceled, you will receive a refund or credit. If you register after Feb. 15, you will either be registered for another course (with no additional fees) or pay the regular course fees. Note: Registration and payments by mail are not available at this time. 

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**Pickleball for Beginners**

This course, “Pickleball for Beginners,” will be just that - basic skills for participants to learn how to play with some tips on basic strategy added as it is appropriate. This course is not designed to prepare players to become serious competitors. The skills and basic rules necessary to enjoy recreational play. *Please note that this course includes physical activity and participants should be in condition for this. All participants must wear court shoes to participate in this class. This is for safety reasons. Please no cross trainers, jogger shoes, etc... just good court shoes that are suitable for this. It will be held on courts with a ‘tennis court surface’. Equipment will be provided.

**Time & Dates:** 3:15 p.m. – 4:15 p.m.

**Place:** West Feliciana Parish Library

**Contact:** TBD

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**New! Prehistoric Man – What We Know and What We Think About How Man Evolved**

Prehistoric HUMANS - Man evolved in Africa and early terms such as Australopithecus Lucy - 3.7 million years ago. WYK left bones, tracks, food remains and tools behind. Careful analysis gives us insights as to how these early humans and pre-humans lived. The genus “Homo” spread throughout Africa and Asia and eventually the Americas. We will look at the evidence and the best guesses as to how and when things happened to how these early Homo species evolved, hybridized, developed and developed into modern man. We will note evidence for major events along the way such as making tools, using fire, developing clothes, developing agriculture (which arose independently at least 6 times in the last 2000 years), domestication of wild animals, and the development of the wheel. Since 2000 new findings and new tools have led to the development of new theories about the development of man.

**Time & Dates:** 10:00 a.m. – 3:00 p.m.

**Place:** West Feliciana Parish Library

**Instructor:** TBD

**Contact:** TBD

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**Basic Yoga**

Breaths, stretch, & relax your way to a healthier life. No prior yoga experience is needed. Whether coming to class, please try to arrive a few minutes before class starts or walking/running to a minute, remove your shoes, take a breath, and become focused. Stretching will prepare you to feel your body’s movements, develop strength, and achieve balance. This class is for adult beginners who need to rent or buy movies. The movie about Father McGivney and Entertaining Angels are free to Amazon Prime members. The other movies can be rented for $3 or $4.

**Optional Supplies:** You might enjoy taking some layers, clothes and shoes for Dorothy Day, but the yoga mats are included.

**Location:** Zoom Online

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**NEW! ZOOM! American Film:**

**An Overview: 1895 - 1946**

This class, which is designed to be complementary through a chronological study that provides a summative discussion of roughly the first half of American cinema from the developments before 1895 up to the late 1940's. We will examine American movies, while situating them within the context of films, major trends in filmmaking, and genres. Students will be given a list of suggested movies that they may watch as illustration of class discussion. When possible and appropriate, we will examine particular movies in the context of an interactive discussion and by examining scenes. This is not designed to prepare players to become serious competitors. The skills and basic rules necessary, however, you must be able to sit comfortably on yoga mat on the floor to do yoga, to be able to transition to standing from seated poses is necessary. Join this class of wonderful yogis and enjoy the “present moment” while gaining strength, stamina and core stability. Leave your troubles behind and enjoy the “outside world outside.” This is a coed class.

**Time & Dates:** 9:00 a.m. – 10:45 a.m.

**Place:** West Feliciana Parish Library

**Contact:** TBD

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**NEW! ZOOM! The American Revolution for Cocktail Parties**

New! This class is designed to provide a dynamic overview of the American Revolution. Amaze your friends with general knowledge about this fascinating period in our nation's history. We will cover the pre-war issues that led to the Revolution. The American Revolutionary War will be covered through implementation of the Constitution and Bill of Rights. Enjoy that conversation of the “present moment” while gaining strength, stamina and core stability. Leave your troubles behind and enjoy the “outside world outside.” This is a coed class.

**Time & Dates:** 9:00 a.m. – 11:00 a.m.

**Place:** Zoom Online

**Coordinator:** Claire Foy

**Contact:** Zoom Online

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**NEW! ZOOM! Basic Hatha Yoga**

Enjoy yoga and learn to enrich your lifestyle by learning and practicing yoga poses while using your breath with movement. Breath, stretch, and relax your way to improved posture, endurance, flexibility and strength. Wear comfortable clothes, bring a yoga mat, yoga block and strap (blanket/ towel optional). No prior yoga experience is necessary, however, you must be able to sit comfortably on yoga mat on the floor to do yoga, to be able to transition to standing from seated poses is necessary. Join this class of wonderful yogis and enjoy the “present moment” while gaining strength, stamina and core stability. Leave your troubles behind and enjoy the “outside world outside.” This is a coed class.

**Time & Dates:** 9:30 a.m. – 10:45 a.m.

**Place:** West Feliciana Parish Library

**Contact:** TBD

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**NEW! ZOOM! Bird Watching for Beginners**

This class is designed for the beginner bird watcher. It will consist of 4 weekly sequential sessions. The dates and times are March 1, 8, 15, and 22, Tuesdays at 9:00 a.m. In the first session, you will be introduced to binoculars and field guides and basic information about bird-watching. The second session will include lectures as well as bird walks to identify as many birds as possible. The third and fourth walks may last up to 1.5-2 hours (at a very leisurely pace) so mobility is required. After the bird walks, we will review what was observed and discuss tips and tricks for identifying birds by sight and sound. Osher Meeting House, 353, 1104 Sun Center Drive, 1701, LSU will offer information and information on how to use your new birding skills. Binoculars and field guides will not be provided during the class sessions.

**Time & Dates:** 2:00 p.m. – 5:00 p.m.

**Place:** Zoom Online

**Coordinator:** TBD

**Contact:** Zoom Online

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**NEW! ZOOM! Broadway’s Great Composing Duos**

Almost from the beginning of the American musical, the art form has been dominated and enriched by creative teams of composers and lyricists. This course explores the lives and works of these great composing duos; teams who developed and learned to craft songs that are character and plot driven. From the early years of Rodgers and Hart, the Gershwin’s, and Rodgers and Hammerstein,
**NEW! ZOOM! Havana- The Fertile Soil**

*Coordinator:* Erin Halloran  
*Instructor:* Patricia ‘Trish’ Kaplan  
*Course Fee:* $40 (early bird $35)

NEW! ZOOM! Poems of Kindness and Connection

*Coord.:* Karen Egedy  
*Instructor:* Dána Aín Davis, Dána-Ain, Max Carrasco  
*Course Code:* OLIKIN(2)  
*Course Fee:* $35 (Early Bird $30)

NEW! ZOOM! Oceanography and the Foundations of Buddhism

*Coord.:* Bud Snowden  
*Instructor:* Marguerite Davis  
*Course Code:* OLFOBJ(3)  
*Course Fee:* $30 (Early Bird $25)

NEW! ZOOM! The Telomere Effect

*Coord.:* Greg Tomlinson  
*Instructor:* Patricia ‘Trish’ Kaplan  
*Course Code:* OLIHEL(5)  
*Course Fee:* $40 (early bird $35)

NEW! ZOOM! Fabulous Felines – Cat Basics

*Coord.:* Claudia Kantorov  
*Instructor:* Erin Halloran  
*Course Code:* OLIIBA(3)  
*Course Fee:* $35 (early bird $30)

NEW! ZOOM! Explained! The Human Body

*Coord.:* Bud Snowden  
*Instructor:* Kathleen Howland  
*Location: Zoom Online*

**NEW! ZOOM! England 1300–1500: War, Fatigue, and Plague On My Mind**

England 1300–1500: War, Fatigue, and Plague On My Mind is a course that looks at England during a very pivotal and turbulent time period. Starting in 1250, England deal with several external and internal challenges that forced many changes within English language and society. Topics we will cover include: the Mint Ice Age, the Great Fatigue, 14th-century plagues, England, Scotland, and Ireland, the Black Death Plague, the 100’s War between England and France, the Peasants: Revolt and the ensuing social changes, and the War of Roses. While focusing on these topics, we will also be learning about medieval agriculture, medicine, religion, and society in general. The class will be taught through Zoom, PowerPoint, and provided primary source documents on paper.

**NEW! ZOOM! Cat Basics**

From the tip of the nose to the top of the tail you will learn what you need to know about these intriguing creatures. You will learn things your veterinarian does not have the time to tell you. The instructor will answer your personal questions and discuss topics such as anatomy, the good and the ugly of behavior, how to communicate with your cat, interesting breeds, and other topics all in an attempt to make you “think like a cat.” This humorous and informative class, heavily on slide presentations for greater understanding of the topics. This semester a special guest speaker will tell us how to take pictures of our pets. You need not have a cat at home to enjoy the class, as we travel down a full-blown adventure in our adventure of learning about Fabulous Felines. This class is live and available on channel on LPB TV, but it’s only on ZOOM!

**NEW! ZOOM! The Fertile Crescent**

*Instructor:* Bill Stickle  
*Course Code:* OLFFPI(3)

**NEW! ZOOM! Fishing: Crayfish, Pearl Mullet, or Oyster**

*Instructor:* Bill Stickle  
*Course Code:* OLFISH(1)

**NEW! ZOOM! Fishing: Crayfish, Pearl Mullet, or Oyster**

Fishing is a 5-week program that delves into off-shore pondered questions about the functions (and dysfunctions) of the human body. Week 1 will answer “Why Do We Hurt?” and dive into understanding our pain experience and how we can use this plasticity of the central nervous system to change our experiences of pain. Week 2 will ask “Am I Stressed?” and understand how we are hard-wired to respond to stressors. We will approach our thoughts, feelings, and behaviors using a holistic approach to how we perceive pain. We will introduce “Fascia and Myofascial Trigger Points” to provide some tangible theories behind our pain, posture, and dysfunction.

Finally, week 5 introduces “The Telomere Effect” which ties in all of the topics we have learned. You will learn about improving our health and discuss the science behind aging well!

**New! ZOOM! Fabulous Felines – Cat Basics**

Cat Basics will cover the anatomy of your feline friend, how your cat communicates with you, interesting cat breeds, and much more. You will learn how to take pictures of your pets. This class is also suitable for those who do not own a cat.

**New! ZOOM! Explained! The Human Body**

Explained! The Human Body is a 5-week course that will delve into off-shore pondered questions about the functions (and dysfunctions) of the human body. Week 1 will answer “Why Do We Hurt?” and dive into understanding our pain experience and how we can use this plasticity of the central nervous system to change our experiences of pain. Week 2 will ask “Am I Stressed?” and understand how we are hard-wired to respond to stressors. We will approach our thoughts, feelings, and behaviors using a holistic approach to how we perceive pain. We will introduce “Fascia and Myofascial Trigger Points” to provide some tangible theories behind our pain, posture, and dysfunction.

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EARLY BIRD SPECIAL
Register online or by telephone to qualify for the Early Bird Special! Register from Monday, Feb. 1 – Friday, Feb 12 and pay the early bird fee, printed with the course description. Beginning Feb. 13, each course will increase by $5. Courses with low enrollment as of Monday, Feb 15, may be canceled. If you register by Feb. 15, and your course is canceled, you may either receive a refund or credit the course fee (with no additional fees). Note: Registration and payments by mail are not available at this time.

EARLY BIRD SPECIAL

NEW! ZOOM! Medical Apartheid: Medicare, Medicaid and the Promise of Healthcare for All

Co-ordinated by: J. R. Huber

Video Code: OLMLV(1)

Instructor: Liz Jonathan

Coordinator: Kathy Gates

Location: Zoom Online

NEW! ZOOM! Medicare, Medicaid and the Struggle for Social Justice in the United States:

The Story of Care Given by a Group of African Americans

Coordinator: Raymond Fitchett

Video Code: OLZTRR(2)

Instructor: Monica Bradsher

Location: Zoom Online

NEW! ZOOM! Neoliberalism and An Ethics of Care

How does one define the question— is care ethics a viable alternative to neoliberalism? Political theorists overwhelmingly agree that neoliberalism has no political ideological rival. However, care ethicists have argued that care is the primary criterion of alternative to neoliberalism. Neoliberalism is an ideology in which the State is small and strong and enforces market principles through society. Care ethics contends that our everyday interactions have moral weight. How we are with each other is significant. Care ethics provides a challenge to neoliberalism in that it privileges the vulnerable. It is, as Joan Tronto, states—a power of the weak. This course will be discussion based. Each class will begin with a very short lecture but will largely be rooted in discussing the texts and what they mean in contemporary politics.

Time & Dates: 10:15 a.m. – 11:15 a.m. Tues. and Thurs., Feb. 23, 25, March 2, 4, 9, 11, 16, 18, 23, 25, 30, April 1

Course Code: OLNE0(4)

Course Fee: $40 (early bird $35)

Instructor: Riley Valentine

Coordinator: Bud Snowden

Required Supplies: Undoping the Damns by Wendy Brown; More Boundaries by Joan Tronto.

Optional Supplies: In the Ainshe of Neoliberalism: Ethics and Political Theory edited by Daniel Engster and Maurice Hamilton.

Location: Zoom Online

NEW! ZOOM! Peripherally, But Deadly:

Fronts of World War I

We began our course in 2020 but completed only two lessons. We will start over again in 2021. We will begin our focus on the Western Front, the theater that featured trench warfare and killing war. This course will offer discussions of the Balkan, Italian, and Russian fronts plus discussions of technology and medicine.

Time & Dates: 2:00 p.m. - 4:00 p.m.

Wednesday, Feb. 24, March 3, 10, 17, 24, 31

Course Code: OLOPNT(2)

Course Fee: $40 (early bird $35)

Instructor: Ken Keider

Coordinator: Ken Keider

Location: Zoom Online

NEW! ZOOM! Roots and Routes

Of Theology I

This course will continue the exploration of the origins and development of theology, beginning with Pre-200 BCE. We will begin this course with the early Christian Era and the formation of Christian thought and beliefs, move into the time of the early Creeds, then to the Reformation, press forward into 19th and 20th century theological movements and finish with present and projected theological trends. Participants should be open minded and willing to share in unmuted class discussions.

Time & Dates: 10:15 a.m. – 11:15 a.m. Tuesday, Feb. 22, March 1, 8, 15, 22, 29

Course Code: OLSZTR(2)

Course Fee: $15 (early bird $10)

Instructor: Dr. Julius "Tipt" Tipton

Coordinator: Kathy Gates

Required Supplies: The Bible, in any language, or a New Testament

Location: Zoom Online

NEW! ZOOM! Russia’s Cultural Treasures

World-famous architecture, painting, literature, music, dance, and movies evolved over centuries in Russia. Folk tales and classical and Christian faith. Illustrated by both past photographs and film clips, this course traces the development of art forms against the backdrop of Russia’s turbulent history. This class will begin with a very short lecture but will largely be rooted in discussing the texts and what they mean in contemporary politics.

Time & Dates: 10:15 a.m. – 11:15 a.m. Tues. and Thurs., Feb. 23, 25, March 2, 4, 9, 11, 16, 18, 23, 25, 30, April 1

Course Code: OLSZTR(2)

Course Fee: $40 (early bird $35)

Instructor: Riley Valentine

Coordinator: Bud Snowden

Required Supplies:

Undoping the Damns by Wendy Brown; More Boundaries by Joan Tronto.

Optional Supplies: In the Ainshe of Neoliberalism: Ethics and Political Theory edited by Daniel Engster and Maurice Hamilton.

Location: Zoom Online

NEW! ZOOM! So What! You’re Over 50!

Current Advances in Medicine and Surgery

Healthcare providers will discuss their specialty, training, experience, their practice, outpatients, inpatient and outpatient, disease states and conditions both acute and chronic, treatments and procedures that each renders or offers patients, plus the latest therapies and treatments available in their field of specialty. The topics will be presented from physicians that specialize in the following fields: oncology, palliative care/hospice care, cardiovascular surgery/peripheral vascular diseases, emergency medicine, hospital medicine, and geriatrics and aging.

Time & Dates: 10:15 a.m. – 11:15 a.m. Tues. and Thurs., Feb. 23, 25, March 2, 4, 9, 11, 16, 18, 23, 25, 30, April 1

Course Code: OLSZTR(2)

Course Fee: $40 (early bird $35)

Instructor: Ken Keider

Location: Zoom Online

NEW! ZOOM! Stanislavski to America:

From System to Method

This course examines the evolution of Konstantin Stanislavski’s System, an approach to character, and acting, without personal experience and imagination to create Naturalistic staging. As a theorist, director, and teacher, Stanislavski continued to develop and refine his system throughout his life, as can be seen through the evolution of his many volumes on acting, directing, and character development. However, a second branch of Stanislavski’s System developed in the United States, known as the Method, a style of acting training that became the standard for Hollywood acting that still prevails today. This has a great debate among theater practitioners as to the merits of the System, which puts emphasis on imagination, and the Method, which asks actors to do what comes naturally. We will look at the evolution of Stanislavski’s teachings through his writings, performances, and influence that brought his Method to America.

Time & Dates: 2:00 p.m. – 4:00 p.m.

Monday, Feb. 22, March 1, 8, 16, 24, April 2

Course Code: OLSZTR(2)

Course Fee: $40 (early bird $35)

Instructor: Kathy Gates

Coordinator: TBD

Location: Zoom Online

NEW! A Thirty-Eighth Opera Season

Enjoy a research learn about an opera each week. The operas include: Mozart’s “The Magic Flute,” and “The Abduction from the Seraglio,” Bizet’s “Carmen,” and “The Pearl Fishers,” and Gounod’s “Roméo et Juliette.” One class is to be determined.

Time & Dates: 2:00 p.m. – 4:00 p.m.

Thursday, Feb. 25, Mar 4, 11, 18, 25, Apr 1

Course Code: OLOPERA(9)

Course Fee: $40 (early bird $35)

Instructor: Thomas Beard

Coordinator: Ken Nelson

Location: Zoom Online

ZOOM! The Total Nutrition Makeover

The Total Nutrition Makeover is a 6-week nutrition lifestyle challenge. Obesity and poor nutrition are a problem in our society today and it affects almost everyone. It’s time to get healthy, together! It affords us the ability to cover all the modern nutrition confusion and controversy to give you a clear understanding of what is good for the body. Science on nutrition states through simple and easy to understand lessons. This course is for everyone. We will also cover effective methods to effectively create a real nutrition lifestyle that you love in your daily home and food you live in today. The key to better health is good nutrition. The key to good nutrition is not only the science of healthy food but also the practical skills to get healthy foods in your daily life, I’m going to show you exactly how to do that.

Time & Dates: 10:15 a.m. – 11:15 a.m.

Tuesday, Feb. 23, March 1, 8, 16, 24, April 2

Course Code: OLSZTR(2)

Course Fee: $25 (early bird $20)

Instructor: Kathy Gates

Location: Zoom Online

NEW! Twentieth Century Literature

This seminar will examine two works: Vonnegut’s "Slaughterhouse Five" and Proust’s "In Search of Lost Time." A class as a will discuss the social and historical context of the
**NEW! ZOOM! Women of Wit**

We will read and discuss short stories by clever women: Louise May Alcott, Mary E. Wilkins Freeman, Zora Neale Hurston, Edith Wharton, and others. We’ll take a look at women’s stories and consider: when to laugh and when to groan? We may have jokes!

**Volunteer with OLLI at LSU!** Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event? Our OLLI chapters are always looking for volunteers to help with course set up, events, coffees, etc.. If you are interested, contact the OLLI at LSU office: olli@outreach.lsu.edu

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**Felicianas Chapter**

**NEW! Why Worship? Its Origins and Interpretations**

By Emily Toth

Location: Zoom Online

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**INCLEMENT WEATHER AND CLASS CANCELLATIONS**

We sometimes have bad weather during the semesters and a class session needs to be canceled. We follow the EBR Parish School System for Lagniappe Chapter and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we will follow the LSU announcements of closings listed on the website: www.lsu.edu

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**Register online:** www.online.lsu.edu/olli - Register by telephone: 225-578-2500

**Call OLLI at LSU: 225-578-2500**

**Register Online:** www.online.lsu.edu/olli
Call 225-578-2500 for Registration Assistance!
Help is available 8:00 am – 4:30 pm weekdays. Service representatives are on standby to assist you.

OLLI AT LSU: Enjoy Life More. Come Learn With Us!
Mark your calendars with the spring semester dates!
CLASSES BEGIN FEBRUARY 22

MEMBERSHIP: YOU MUST HAVE AN ACTIVE OLLI AT LSU MEMBERSHIP TO REGISTER FOR COURSES
To enjoy OLLI at LSU, you must have an active membership before you can register for courses and other fun activities. Membership for July 1, 2020 – June 30, 2021, entitles you to the many OLLI benefits listed on page 2. Your yearly membership fee is $50. This is a non-refundable, tax-deductible donation. Check your membership status by calling LSU Enrollment Specialists at 225-578-2500.

DONATE TO OLLI AT LSU
Consider joining your OLLI friends on the Honor Roll of Donors List for 2021–2022. Your optional donation helps ensure OLLI continues to offer a quality program at bargain prices. Donations also help to support OLLI scholarships. Donations are non-refundable, tax-deductible, and appreciated. Gifts can be made in a variety of forms, including outright gifts of cash, securities and real estate, or through planned giving solutions. Your gift may be eligible for the Company Match Program. Donations may be made by credit card. Contact the OLLI office at 225-578-2500 for details.

PAYING BY CREDIT CARD
All fees may be paid by credit card online, or by calling Enrollment Services at 225-578-2500. This includes membership fees, donations, and course fees. Go to www.online.lsu.edu/olli and pay with a credit card. VISA, MasterCard, Discover, and American Express are accepted.

WAIVER
All face-to-face (F2F) events and courses will require a waiver to complete registration and participation until further notice.

REFUNDS & CANCELLATIONS
If your plans change, you must cancel 5 business days prior to the first day of class in order to receive a full refund or transfer to another course. If you cancel less than 5 business days, no refunds will be granted however you can have a one-time transfer of funds to another current course. There are no penalties for substitutions prior to the first day of class.

ACCOMMODATIONS FOR PERSONS WITH DISABILITIES
To arrange accommodations for persons with disabilities, contact the OLLI office: 225-578-2500 or olli@outreach.lsu.edu