



OLLI at LSU **BULLETIN**

Spring 2021 • Osher Lifelong Learning Institute

FOR LEARNERS AGE 50 AND ABOVE



Courses are held at various locations.

LSU Online
& CONTINUING EDUCATION



Welcome to OLLI at LSU

The Osher Lifelong Learning Institute at LSU is one of a network of 124 university-affiliated lifelong learning programs supported by The Bernard Osher Foundation. The Osher Lifelong Learning Institute, or OLLI, offers non-credit educational programs specifically developed for adults who are ages 50 and older; university connection and university support; robust volunteer leadership and sound organizational structure; and a diverse repertoire of intellectually stimulating courses.

OLLI at LSU is now a program of LSU Online & Continuing Education. This new university division combines the Continuing Education programs with LSU Online credit degree programs, strengthening LSU's focus on engagement with off-campus and lifelong learners.

We invite anyone who is interested to become an OLLI at LSU member. Membership entitles you to register in as many courses, field trips, or special events as you like. For Spring 2021, we are offering virtual courses! Come learn with us!

Our mission is to foster lifelong learning and individual growth for learners age 50 and over by creating intellectually stimulating learning opportunities that enrich lives.

MEMBERSHIP

OLLI at LSU is open to anyone who meets its two requirements:

1. is 50 years old and older; and
2. enjoys learning!

The annual membership year is from July 1 to June 30. The membership fee is \$50. The fee covers the entire membership year, so join now to take advantage of this year's offerings. Membership entitles you to a wide range of benefits. An OLLI member may attend activities offered by any chapter within OLLI at LSU: Camellia City Chapter, Felicianas Chapter, or Lagniappe Chapter.

OLLI MEMBERSHIP

Thanks to the fantastic help of so many dedicated OLLI members, OLLI at LSU has over 1100 members. Spread the word. Put some sparkle in a friend's eye. Learning in OLLI courses is fun!

Call 225-578-2500 to enroll or give the gift of OLLI to a friend. OLLI at LSU is one of 124 OLLIs located on university campuses in nearly 394 cities and towns throughout the US, together comprising 170,339 members.

OLLI AT LSU BENEFITS

- **Courses:** Experience learning something fun, challenging or amazing!
- **Field Trips:** Visit special places throughout southern Louisiana and surrounding states.
- **Coffees:** Hear outstanding speakers on topics of current interest.
- **Nature Walks:** Enjoy naturalist-accompanied walks on the third Friday of the month in some of the most beautiful places in southern Louisiana and Mississippi.
- **OLLI NEWS:** A weekly email newsletter listing upcoming OLLI activities and local interests.
- **Locations:** Programs offered at 8 locations throughout southern Louisiana.
- **LSU Museum of Art:** 10% discount on LSU MOA memberships at the Friend level or higher.
- **Campus Federal Credit Union:** Full membership privileges to OLLI members. Stop by one of their three branches in Baton Rouge (Main Branch at 3535 Nicholson Extension, Perkins Road Financial Center at 6230 Perkins Road, or the LSU Union Branch), or visit their website at campusfederal.org.

- **Best of all Benefits:** Friendships and learning with more than 1100 other OLLI at LSU lifelong learning members!

INCLEMENT WEATHER AND CLASS CANCELLATIONS

We sometimes have bad weather during the semesters and a class session may need to be canceled. We follow the EBR Parish School System for Lagniappe Chapter and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we follow the LSU's closing announcements (check online: www.lsu.edu).

Course Calendars

COURSES BEGIN FEBRUARY 22

Camellia City Chapter Courses

ZOOM VIRTUAL CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 a.m.–11:00 a.m. Ukulele for Beginners				
	10:15 a.m.–11:15 a.m. Mosaics in Glass and Paper			
		12:45 p.m.–1:45 p.m. Preparing and Grading Collectible Sports Cards for Online Sale		12:45 p.m.–1:45 p.m. Choosing and Preparing Foods
				2:00 p.m.–4:00 p.m. Current Economic Issues
2:15 p.m.–3:15 p.m. Wines of the World		2:15 p.m.–3:15 p.m. Wines of the World		
			3:45 p.m.–4:45 p.m. Art Talks (for Inquisitive Minds)	

Felicianas Chapter Courses

IN-PERSON CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8:00 a.m.–9:00 a.m. Basic Yoga Jackson Hall at Grace Episcopal Church		8:00 a.m.–9:00 a.m. Basic Yoga Jackson Hall at Grace Episcopal Church	
	9:00 a.m.–11:00 a.m. Victorian is Not a Style West Feliciana Parish Library		9:15 a.m.–11:15 p.m. The American Presidency West Feliciana Parish Library	
9:15 a.m.–11:15 p.m. Healing the Divide: Poems of Kindness and Connection West Feliciana Parish Library			9:30 a.m.–11:30 p.m. Pickleball for Beginners West Feliciana Sports Park	10:00 a.m.–11:00 a.m. Divine Proportion West Feliciana Parish Library
	1:00 p.m.–3:00 p.m. Prehistoric Man: What We Know and/or Think We Know of How Man Evolved West Feliciana Parish Library	10:15 a.m.–12:15 p.m. Line Dancing West Feliciana Parish Library		10:00 a.m.–12:00 p.m. Great Decisions West Feliciana Parish Library
			3:00 p.m.–5:00 p.m. Beginner's Croquet Lawn at St Francis Inn	

Register online: www.online.lsu.edu/olli · Contact OLLI at LSU: 225-578-2500



[HTTPS://WWW.FACEBOOK.COM/GROUPS/OLLI.LSU](https://www.facebook.com/groups/olli.lsu)

OSHER LIFELONG LEARNING INSTITUTE AT LSU
LSU Online & Continuing Education
E-12 340 E. Parker Boulevard., Baton Rouge, LA 70808
Phone: 225-578-2500
Website: www.online.lsu.edu/olli
Email: OLLI@outreach.lsu.edu

PHOTOGRAPH POLICY

We often take pictures of OLLI participants and instructors for use in our print and electronic publications. If you do not want us to use your photograph, please notify the photographer at the event.

Lagniappe Chapter Courses

ZOOM VIRTUAL CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 a.m.–11:00 a.m. 20th Century Literature	9:00 a.m.–11:00 a.m. Appreciation of Nature Art		9:00 a.m.–11:00 a.m. Broadway's Great Composing Duos	9:00 a.m.–11:00 a.m. American Film Overview 1895-1946
		9:15 a.m.–11:15 a.m. Leonardi Da Vinci: The Shaping of an Artistic Genius	The Works and World(s) of C. S. Lewis	
10:15 a.m.–11:15 a.m. Great Decisions	10:15 a.m.–11:15 a.m. "Mama, Voy a Luchar," Field, Tourism and Society in Cuba		10:15 a.m.–11:15 a.m. Total Nutrition Makeover	10:15 a.m.–11:15 a.m. "Mama, Voy a Luchar," Field, Tourism and Society in Cuba
Roots and Routes, Theology Part II	Neoliberalism and an Ethics of Care		Neoliberalism and an Ethics of Care	
11:30 a.m.–12:30 p.m. Russia's Cultural Treasures	11:30 a.m.–12:30 p.m. The Middle Ages: A Tumultuous, Transformative Period	11:30 a.m.–12:30 p.m. So What! You're Over 50! Current Advances in Medicine and Surgery	11:30 a.m.–12:30 p.m. Russia's Cultural Treasures	11:30 a.m.–12:30 p.m. The Middle Ages: A Tumultuous, Transformative Period
	Women of Wit	Gautama Buddha and Foundations of Buddhism	Why Worship? Its Origins and Interpretations	Gautama Buddha and Foundations of Buddhism
	Why Worship? Its Origins and Interpretations			
	12:45 p.m.–1:45 p.m. Medical Apartheid: Medicare, Medicaid, and the Promise of Healthcare for All	12:45 p.m.–1:45 p.m. The American Revolution for Cocktail Parties	12:45 p.m.–1:45 p.m. Fabulous Felines – Cat Basics	12:45 p.m.–1:45 p.m. Fabulous Felines – Cat Basics
			Medical Apartheid: Medicare, Medicaid, and the Promise of Healthcare for All	
	1:30 p.m.–2:30 p.m. Spanish for Intermediates Part 1		1:30 p.m.–2:30 p.m. Spanish for Intermediates Part 1	1:30 p.m.–3:30 p.m. Explained! The Human Body
2:00 p.m.–4:00 p.m. Mentoring Mastery: Practical Positive Psychology	2:00 p.m.–4:00 p.m. The Fertile Fisheries Crescent	2:00 p.m.–4:00 p.m. Peripheral, but Deadly Fronts of World War I	2:00 p.m.–4:00 p.m. Marie Laveau and Louisiana Voodoo	2:00 p.m.–4:00 p.m. Stanislavski to America: From System to Method Acting
Germany Among All Others: Germany from 1945-Present	England 1300-1500 War, Famine, and Plague! Oh, My!		2:15 p.m.–3:15 p.m. Annuals, Trees, Native Plants, La Iris, Camellias, and Basic Vegetable Gardening	
	3:00 p.m.–4:00 p.m. Spanish for Intermediates Part 2		3:00 p.m.–4:00 p.m. Spanish for Intermediates Part 2	
		5:00 p.m.–6:00 p.m. American Catholicism as Seen Through Movies	5:00 p.m.–7:00 p.m. The Black Death: Plague in Europe from the Middle Ages through the 19th Century	

Lagniappe Chapter Courses

IN-PERSON CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 a.m.–10:45 a.m. Basic Hatha Yoga First Christian		9:30 a.m.–10:45 a.m. Basic Hatha Yoga First Christian		
2:00 p.m.–4:00 p.m. Healing the Divide: Poems of Kindness and Connection First Christian			2:00 p.m.–4:00 p.m. Life Writing First Christian	
2:00 p.m.–5:00 p.m. Birdwatching for Beginners LSU Hilltop Arboretum			A Thirty-Eighth Opera Season St. James Place	

FELICIANAS CHAPTER IN-PERSON COURSE LOCATIONS - ST. FRANCISVILLE

Grace Episcopal Church, 11621 Ferdinand St., Jackson Hall
West Feliciana Parish Library, 5114 Burnett Rd.

Lawn at St. Francis Inn, 5720 Commerce St.
West Feliciana Sports Park, 10226 W Feliciana Pkwy.

LAGNIAPPE CHAPTER IN-PERSON COURSE LOCATIONS - BATON ROUGE

First Christian Church, 8484 Old Hammond Hwy.
St. James Place, 333 Lee Dr.

LSU Hilltop Arboretum, 11855 Highland Rd.

VOLUNTEER NEEDS

Volunteer with OLLI at LSU! Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event? Our OLLI chapters are always looking for volunteers to help with course set up, events, coffees, etc... If you are interested, contact the OLLI at LSU office: olli@outreach.lsu.edu

INCLEMENT WEATHER AND CLASS CANCELLATIONS

We sometimes have bad weather during the semesters and a class session needs to be canceled. We follow the EBR Parish School System for Lagniappe Chapter and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we will follow the LSU announcements of closings listed on the website: www.lsu.edu

EARLY BIRD SPECIAL

Register online or by telephone to qualify for the Early Bird Special! Register from Monday, Feb. 1 – Friday, Feb. 12 and pay the early bird fee, printed with the course description. **Beginning Feb. 13, each course will increase by \$5.** Courses with low enrollment as of Monday, Feb 15, may be canceled. If you register by Feb. 15, and your course is canceled, you may either receive a refund or credit the course fee to another course (with no additional fees). **Note: Registration and payments by mail are not available at this time.**

Course Descriptions

COURSES BEGIN FEBRUARY 22

Camellia City Chapter

ZOOM! Art Talks (for Inquisitive Minds)

Do you like to see amazing artwork from various time periods? Are you curious about the creative mind? Art Talks (for Inquisitive Minds) is a series of informal, short presentations with a glimpse into artists, their motivations, techniques, and their connection to the global world. Each talk will be followed by optional discussions that evolve into the following week's topic. Participants will see samples of the artist's work, processes when pertinent, and have a front row seat as we discover the power of the arts. After our initial presentations, class members will be offered options to help guide the direction of the topics, based on interest levels. You need not be an artist to have an interest in the arts, and the rich history of creative minds. If you happen to be an artist, these talks will surely stir the muse inside you.

Time & Dates: 3:45 p.m. – 4:45 p.m.
Thursday, Feb. 25, March 4, 11
Course Code: OSARTT(1)
Course Fee: \$15 (early bird \$10)
Instructor: Charlotte Collins
Coordinator: Margo Guillott
Location: Zoom Online

NEW! ZOOM! Choosing & Preparing Foods for a Healthier Life, Part II

Eating healthier is an individual journey! For most, it does not happen overnight. This class builds on the resources presented in the Fall class to help you find your healthy path, but you need not have taken that course to benefit. Additionally, the four classes will cover: 1) an introduction to making delicious and healthy juices and smoothies; 2) prepping food for the week and simple recipes to ensure you always have something nutritious on hand; 3) preparing one-pot meals and soups with the assistance of various cooking appliances such as a pressure cooker, slow cooker and high speed cooking blender; and 4) growing your own herbs and

spices to have them on hand to enhance the taste of the foods you prepare. The instructor will share some of her favorite recipes, how she identified food sensitivities, and more.

Time & Dates: 12:45 p.m. – 1:45 p.m.
Friday, Feb. 26, March 5, 12, 19
Course Code: OSFOOD(1)
Course Fee: \$15 (early bird \$10)
Instructor: TroyLynne Perrault
Coordinator: Mark Stahl
Location: Zoom Online

NEW! ZOOM! Current Economic Issues

This class will present some material on four important current economic issues for discussion: Week 1 – The US Deficit and Debt Week 2 – Social Security and Medicare Week 3 – the US Health Care System Week 4 – The New Orleans Regional Economy Professor Lane will present some data on each topic along with a brief, easily understood explanation if the basic issues involved.

Time & Dates: 2:00 p.m. – 4:00 p.m.
Friday, Feb. 26, March 5, 12, 19
Course Code: OSECON(1)
Course Fee: \$30 (early bird \$25)
Instructor: Dr. W.J. (Dub) Lane
Coordinator: Margo Guillott
Location: Zoom Online

NEW! ZOOM! Mosaics in Glass and Paper

Our first class will be a torn paper portrait class. You'll be provided with a black and white portrait to print out, or you may use a selfie that you print out yourself in black and white. Torn pieces of paper or magazines will be used to create the mosaic portrait. In the second class you will create a design for a lighted Glass Memory Block and adhere items to it. This class will teach how to design and make a mosaic on a glass block using found objects with mosaic techniques. You may use broken jewelry, stained glass scraps (provided) or mirror pieces, found objects, medallions, beads, personal memorabilia, words from magazines or hand lettered. In the third class, you will receive a demo and instructions to use your new skills to design and grout a future project you can create on

your own after the class. This class is demo only. You will have an understanding of mosaic techniques and two beautiful finished art projects of your memories.

Time & Dates: 10:15 a.m.-11:15 a.m.
Tuesday, Feb. 23, March 2, 9
Course Code: OSMOS(1)
Course Fee: \$15 (early bird \$10)
Instructor: Rose Marie Sand
Coordinator: Mark Stahl

Required Supplies: All supplies can be found at Hobby Lobby or Amazon. 6x9 Glass block, Mini string of clear lights, E600 glue, White Glue, Black Glitter (optional), Personal items (jewelry, medals, pictures, ribbon, broken mirror, small found objects), Magazines pages, Inexpensive Picture Frame (11x14 or 8x10). Scrap Stained glass can be picked up from Instructor. Personal Memorabilia will be discussed in first class for use in second class. You will need to be able to print out a photo for first class.

Location: Zoom Online

NEW! ZOOM! Preparing and Grading Collectible Sports Cards for Online Sale

This course introduces individuals who have or want to acquire collectible sports cards for the purpose selling or reselling them online. If you have vintage cards stored in a shoe box in your closet, this course is for you! We will all learn from each other through discussion, visiting online sites, and listening to experts. Participants do not need to have any expertise in selling cards, just an interest in learning how to go about getting cards authenticated (graded for quality), when it's worth getting them graded, preparing collections of any size for authentication and sale, knowing where to get cards graded, and how and where to sell them. The four sessions of the course will cover 1.) knowing your collection and preparing it to be sold; 2.) learning how to assess its worth; 3.) Getting your best or key cards graded; and 4.) submitting them for sale to online auction houses or eBay.

Time & Dates: 12:45 p.m. – 1:45 p.m.
Wednesday, Feb. 24, March 3, 10, 17
Course Code: OSCARDS(1)

Course Fee: \$15 (early bird \$10)
Instructor: Mark Stahl
Coordinator: Mark Stahl
Location: Zoom Online

NEW! ZOOM! Ukulele for Beginners

The Ukulele has become a popular instrument in recent years, with Uke groups, festivals and YouTube instruction easily available. The instrument is an inexpensive one, and this course will show you how easy it is to play lots of - EVEN WITH NO MUSICAL BACKGROUND! You'll get a handout before class starts with all the information you need to purchase your first uke and be ready for class - or just watch and listen for a while. You'll learn three basic chord shapes, and uke tuning, and be playing a song by the end of the first class! In subsequent classes, you'll learn more songs, and strumming basics. You can purchase a ukulele from Amazon or your local music store for less than \$50 or spend more on your first uke. The instructor will be available for advice before the course starts. Let's strum! Singing not required, but fun!

Time & Dates: 9:00 a.m. – 11:00 a.m.
Monday, Feb. 22, March 1, 8

Course Code: OSUKU(1)
Course Fee: \$25 (early bird \$20)

Instructor: Rose Marie Sand
Coordinator: Margo Guillott

Required Supplies: Ukulele (can be purchased on Amazon or from a music store)

Optional Supplies: Tuner
Location: Zoom Online

ZOOM! Wines of the World

An exciting and in-depth study of wine from vine to table in which we will explore the wine regions of the world including, history, geography, climate, vineyards, and styles of wine produced in each region. We will also examine grape varieties, grape growing, and wine making. This course will provide you with the knowledge to look at a wine bottle label and better understand what you should expect from the wine. The ultimate objective will be to discover and practice how to become a better wine taster and understand your own taste preferences.

Time & Dates: 2:15 p.m. – 3:15 p.m.
Mon. and Wed., March 1, 3, 8, 10, 15, 17

Course Code: OSWWW(1)
Course Fee: \$25 (early bird \$20)

Instructor: Harsha Chacko
Coordinator: Mark Stahl

Location: Zoom Online

Felicianas Chapter

Session I

NEW! The American Presidency

The constitutional provisions relating to the President; electing and impeaching Presidents; the President and separation of powers; the Vice-President; the President as Commander in Chief and as Chief Executive; great and not so great Presidents; the pardoning power; the power to nominate executive and judicial officers; the veto power; the Presidents as role model; the President as party leader; the President and foreign policy and Presidential libraries.

Time & Dates: 9:15 a.m. – 11:15 a.m.
Thursday, Feb. 25, March 4, 11, 18, 25, April 1

Course Code: OFPRES(1)
Course Fee: \$45 (early bird \$40)

Instructor: Jim Bolner, Sr.

Coordinator: Arlene Folmar

Location: West Feliciana Parish Library

Basic Yoga

Breathe, stretch, & relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, & leave your cell phone in the car. Come to class on an empty stomach, be early, bring a yoga mat, & wear comfortable clothing that does not impede your activity. This class meets twice a week continuously during the semester sessions & intersessions.

Time & Dates: 8:00 a.m. – 9:00 a.m.
Tues. and Thurs., March 2, 4, 9, 11, 16, 18, 23, 25, 30, April 1, 6, 8, 13, 15, 20, 22, 27, 29

Course Code: OFBEYOG(49)
Course Fee: \$65 (early bird \$60)

Instructor: Owen Kemp

Coordinator: Georgia LaCour

Supplies Needed: Yoga mat

Location: Jackson Hall at Grace Episcopal Church

NEW! Beginner's Croquet

CROQUET is a game for ALL! Every level of fitness, health, young or old, male or female can compete. It combines skill and strategy on a 50x100 field. Like a combination of billiards and checkers. Almost everyone has played this game in their childhood, but the adult version is much more fun! This course will introduce you to the basic rules and courtesies of the 9-hoop game. You'll learn how to hold a mallet and many basic shots. Completing this course will enable you to join the Panache Croquet Club of St. Francisville, Red Stick Croquet of BR or hold your own games at home. You may start a club in your own town! What could be better than a social gathering on a beautiful day with friends and acquaintances for a few games of croquet followed by lunch or dinner? Carpe Diem!

Time & Dates: 3:00 p.m. – 5:00 p.m.
Thursday, Feb 25, March 4, 11, 18, 25, April 1

Course Code: OFBCR(1)

Course Fee: \$45 (early bird \$40)

Instructor: Ernest Ayo

Coordinator: Sonia Ayo

Location: Lawn at St Francis Inn

NEW! Divine Proportion

A description of the Divine Proportion in gardens, construction, astronomy, and other areas of nature and how we see it and sense it but don't recognize it.

Time & Dates: 10:00 a.m. – 11:00 a.m.
Friday, Feb. 26, March 5, 12, 19

Course Code: OFDIV(1)

Course Fee: \$20 (early bird \$15)

Instructor: Bill McClendon

Coordinator: Georgia LaCour

Location: West Feliciana Parish Library

Great Decisions

Discussion about foreign policy.

Time & Dates: 10:00 a.m. – 12:00 p.m.
Monday, Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OFGRDEC(11)

Course Fee: \$45 (early bird \$40)

Text Requirement: course book By Foreign Policy Assn.

Instructor: Sam LeBlanc, III

Coordinator: Virginia Smith

Location: West Feliciana Parish Library

NEW! Healing the Divide: Poems of Kindness and Connection

Using primarily the text HEALING THE DIVIDE: POEMS OF KINDNESS AND CONNECTION, the class will read and discuss poetry about tenderness, tolerance, warmth, and human connections. At a time when our country seems so divided, we need to look past the walls that separate us and at the bonds that we humans share. The poetry in this book is written by some of America's poets laureate, as well as lesser known poets.

Time & Dates: 9:15 a.m. – 11:15 a.m.
Monday, Feb. 22, March 1, 8, 15, 22, 29

Course Code: OFHEAL(1)

Course Fee: \$45 (early bird \$40)

Instructor: Olivia Pass

Coordinator: TBD

Required Text: Crews, James, Editor.

HEALING THE DIVIDE: POEMS OF KINDNESS AND COMPASSION.

Brattleboro, Vermont: Green Writers Press, 2019.

Optional Supplies: Editor is James Crews.
Conundrum Bookstore, Amazon.com, Barnes and Noble

Location: West Feliciana Parish Library

Line Dancing

Come have a great time showing off all your best dance moves. Line dancing is a line of

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dancers executing a sequence of steps at the same time. It has a strong country music base, but has crossed into

music styles like disco, pop, Cajun, Latin, contemporary and traditional. In line dancing, the balance of male and female partners doesn't matter, so sign up for this course either as a single or a couple.

Time & Dates: 10:15 a.m. – 12:15 p.m.

Wednesday, Feb. 24, Mar. 3, 10, 17, 24, 31

Course Code: OFLID(4)

Course Fee: \$45 (early bird \$40)

Instructor: Jerisse Grantham

Coordinator: Georgia LaCour

Location: West Feliciana Parish Library

Pickleball for Beginners

This course, "Pickleball for Beginners," will be just that - basic skills for participants to learn how to play with some tips on basic strategy added as is appropriate. This course is not designed to prepare players to become serious competitors, but rather to reach the skills and basic rules necessary to enjoy recreational play. *Please note that this course includes physical activity and participants should be in condition for this. All participants must wear court shoes to participate in the class. This is for safety reasons. Please no cross trainers, jogging shoes, etc.....just good tennis shoes because the class is held on courts with a 'tennis court surface'. Equipment will be provided.

Time & Dates: 9:30 a.m. – 11:30 p.m.

Thursday, Feb. 25, March 4, 11, 18, 25, April 1

Course Code: OFBPP(2)

Course Fee: \$45 (early bird \$40)

Instructor: Pat Heurtin

Coordinator: TBD

Location: West Feliciana Sports Park

NEW! Prehistoric Man – What We Know and/or Think We Know of How Man Evolved

Prehistoric HUMANS - Man evolved in Africa and early forms such as Australopithecus (Lucy - 3.7 million years ago "MYA") left bones, tracks, food remains and tools behind. Careful analysis has led to many insights as to how these early humans and pre-humans lived. The genus "Homo" spread through Africa, Europe, Asia, Australia, and eventually the Americas. We will look at the

evidence and the best guesses as to how and when things happened to how these species evolved, hybridized, and eventually developed into modern man. We will note evidence for major elements along the way such as making tools, using fire, developing clothes, developing agriculture (which arose independently at least 6 times in the last 2000 years), domestication of wild animals, and the development of the wheel. Since 2000 new findings and new tools have led to the development of new theories about the development of man.

Time & Dates: 1:00 p.m. – 3:00 p.m.

Tuesday, Feb. 23, March 2, 9, 16, 23, 30

Course Code: OFPREMAN(1)

Course Fee: \$45 (early bird \$40)

Instructor: Vernon Wright

Coordinator: Ada White

Location: West Feliciana Parish Library

NEW! Victorian is Not a Style

It is a time period. We often use the term Victorian as if it were a single style as in a Victorian house or Victorian furniture. But Victorian was a time period characterized by multiple styles rapidly succeeding each other. Named for England's Queen Victoria and roughly corresponding to her reign, the period (1830-1900) marks the Industrial Revolution's transformation of people's lives, especially how they furnished their homes. We will review the social and culture history of the Victorian period understand what attracted people to these revival styles in architecture, interior decoration, furniture, finishes and decorative arts. Discussion will cover such styles as Rococo Revival, Renaissance Revival, Gothic Revival and Egyptian Revival.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Tuesday, Feb. 23, March 2, 9, 16, 23, 30

Course Code: OFVICT(1)

Course Fee: \$45 (early bird \$40)

Instructor: Bridget May

Coordinator: Georgia LaCour

Location: West Feliciana Parish Library

Session II

Basic Yoga

Breathe, stretch, & relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes,

& leave your cell phone in the car. Come to class on an empty stomach, be early, bring a yoga mat, & wear comfortable clothing that does not impede your activity. This class meets twice a week continuously during the semester sessions & intersessions.

Time & Dates: 8:00 a.m. – 9:00 a.m.

Tues. and Thurs., May 4, 6, 11, 13, 18, 20, 25, 27, June 1, 3, 8, 10, 15, 17, 22, 24, 29, July 1

Course Code: OFBEYOG(50)

Course Fee: \$65 (early bird \$60)

Instructor: Owen Kemp

Coordinator: Georgia LaCour

Required Supplies: Yoga mat

Location: TBD

Lagniappe Chapter

Session I

NEW! ZOOM! American Catholicism as Seen Through Movies

This course will view how American Catholicism is portrayed through six movies: For Greater Glory, Going My Way, St. Ralph, Doubt, Entertaining Angels: The Dorothy Day Story, and Father Michael McGivney. Every session will begin with a brief historical overview of the movie that we will discuss the following week. For example, I will give you an overview of the Knights of Columbus the week before we see the movie about the Knights' founder, Father McGivney. And I will give you a little background about Dorothy Day before we see Entertaining Angels. This course is intended to be fun, to introduce people to some obscure movies about Catholicism, and to give people a little background in the glorious history of American Catholicism. Participants will watch each movie on their own during the week before class. All movies are widely available and can be rented for a modest price on Amazon or Netflix. Two movies are free to Amazon Prime subscribers: Entertaining Angels and Father Michael McGivney.

Time & Dates: 5:00 p.m. – 6:00 p.m.

Wednesday, Feb. 24, March 3, 10, 17, 24, 31

Course Code: OLCATH(1)

Course Fee: \$25 (early bird \$20)

Instructor: Richard Fossey

Coordinator: Claire Fontenot

Required Supplies: You will need to rent or buy six movies. The movie about Father McGivney and Entertaining Angels are

free to Amazon Prime members. The other movies can be rented from Amazon for \$3 or \$4.

Optional Supplies: You might enjoy reading *Loaves and Fishes* by Dorothy Day, but the book is not required.

Location: Zoom Online

NEW! ZOOM! American Film: An Overview: 1895 - 1946

This class, which is designed to be complemented by American Film Overview II, provides a summative discussion of roughly the first half of American cinema from the development of motion pictures to 1946. We will examine American movies, while situating them in the context of historical events, major trends in filmmaking, and genres. Students will be given a list of suggested movies that they may watch as illustration of class discussions. When possible and appropriate, we will examine particular movies through interpretive discussion or by examining scenes.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Friday, Feb. 26, March 5, 12, 19, 26, April 2

Course Code: OLAFILM(2)

Course Fee: \$40 (early bird \$35)

Instructor: Paul Graham

Coordinator: Karen Egedy

Location: Zoom Online

NEW! ZOOM! The American Revolution for Cocktail Parties

This course is designed to provide a dynamic overview of the American Revolution. Amaze your friends with general knowledge about this fascinating period in our nation's history. We will cover the pre-war issues that led to the Revolution. The American Revolutionary War will be covered through a chronological discussion of major battles. Post-war issues will be covered through implementation of the Constitution and Bill of Rights. Enjoy that next cocktail party, business, or other social event. You will be able to amaze them with your knowledge of the American Revolution - and the continuing issues in the 21st century.

Time & Dates: 12:45 p.m. – 1:45 p.m.

Wednesday, Feb. 24, March 3, 10, 17

Course Code: OLREV(1)

Course Fee: \$15 (early bird \$10)

Instructor: Leah Baron

Coordinator: Kathy Gates

Location: Zoom Online

NEW! ZOOM! Annuals, Trees, Native Plants, La Iris, Camellias, and Basic Vegetable Gardening

Would you like to know what types of trees are in our communities? How about native plants? We will discuss that along with Louisiana Iris, and annuals to plant in the spring. Dr. James will discuss camellias and Richard Babin will do a class on vegetable gardening. Join us as we learn more about the plants in our environment.

Time & Dates: 2:15 p.m. – 3:15 p.m.

Thursday, Feb. 25, March 4, 11, 18, 25, April 1

Course Code: OLANNUAL(1)

Course Fee: \$25 (early bird \$20)

Instructor: Claire Fontenot

Coordinator: Jack Carmena

Location: Zoom Online

NEW! ZOOM! Appreciation of Nature Art

This class will examine the works of a wide variety of outstanding artists of the natural world as John Bateman, Georgia O'Keeffe, Walter Anderson, William Bartram, Ansel Adams, Roberto Burle Marx, Claude Monet, Charlie Harper, Margaret Stones, John O'Neal, John James Audubon, Roger Tory Peterson, Thomas Moran and others. You will learn to recognize the elements and principles of design in their works and be able to read their art esthetically, so as to gain a deeper appreciation for the creative products of artists of the natural world around you.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Tuesday, Feb. 23, March 2, 9, 16, 23, 30

Course Code: OLANA(4)

Course Fee: \$40 (early bird \$35)

Instructor: Charles Fryling

Coordinator: JoAnn Fryling

Location: Zoom Online

Basic Hatha Yoga

Enjoy yoga and learn to enrich your lifestyle by learning and practicing yoga poses while using your breath with movement. Breathe, stretch, and relax your way to improved posture, endurance, flexibility and strength. Wear comfortable clothes and bring a yoga mat, yoga block and yoga strap (blanket/towel optional). No prior yoga experience is necessary; however, you must be able to sit comfortably on yoga mat on the floor to practice seated poses. Ability to transition to standing from seated poses is necessary. Join this class of wonderful yogis and discover the "present moment" while gaining strength, stamina and core stability. Leave your shoes, cell phone and the "outside world outside." This is a coed class.

Time & Dates: 9:30 a.m. – 10:45 a.m.

Mon. & Wed., Feb 22, 24, Mar. 1, 3, 8, 10, 15, 17, 22, 24, 29, 31

Course Code: OLBHY(15)

Course Fee: \$50 (early bird \$45)

Instructor: Agnes Bickham

Coordinator: Fran Martin

Supplies Needed: Yoga mat, yoga block(s), yoga strap (blanket, towel, bolster options)

Location: First Christian Church

Bird Watching for Beginners

This class is designed for the beginner bird watcher. It will consist of 4 weekly sequential

sessions. The dates and times are March 1, 8, 15, and 22 from 2-5pm. In the first session, you will be introduced to binoculars and field guides and basic information about bird-watching. Each session will include lecture as well as bird walks to identify as many birds as possible. Bird walks may last up to 1.5-2 hours (at a very leisurely pace) so mobility is required. After the bird walks, we will review what we've seen and discuss tips and tricks for identifying birds by sight and sound. During the last class, I will offer resources and information on where and how to use your new birding skills. Binoculars and field guides will be provided during the class sessions.

Time & Dates: 2:00 p.m. – 5:00 p.m.

Mon., Mar. 1, 8, 15, 22

Course Code: OLBIRDBB(3)

Course Fee: \$40 (early bird \$35)

Instructor: Jane Patterson

Coordinator: TBD

Required Supplies: [Kenn Kaufman's Field Guide to Birds of North America](#) which can be purchased online or through most bookstores

Location: LSU Hilltop Arboretum

NEW! ZOOM! The Black Death: Plague in Europe from the Middle Ages Through the 19th Century

While the world is dealing with the present pandemic, we often hear about past diseases that humanity has battled. The most devastating disease event in recorded history was the Black Death, which killed anywhere between 75 and 200 million people in Europe, Asia, and Africa. In this class, we will discuss the historical and cultural significance of plague events starting with the 14th-century Black Death pandemic and ending with the Great Plague of London in the late 17th century. Our topics will include a brief history of pandemics, treatment and social mitigation of the plague, and the cultural impact of this disease in the Middle Ages and Renaissance.

Time & Dates: 5:00 p.m. – 7:00 p.m.

Thursday, Feb. 25, March 4, 11, 18, 25, April 1

Course Code: OLBLA(1)

Course Fee: \$40 (early bird \$35)

Instructor: Erica Daigle

Coordinator: Karen Egedy

Location: Zoom Online

NEW! ZOOM! Broadway's Great Composing Duos

Almost from the beginning of the American musical, the art form has been dominated and enriched by creative teams of composers and lyricists. This course explores the lives and works of these great composing duos; teams who developed and learned to craft songs that are character and plot driven—the hallmark of the American. From the early years of Rodgers and Hart, the Gershwins, and Rodgers and Hammerstein,

to more contemporary teams, such as Kander and Ebb and Ahrens and Flaherty, we will listen to and watch performances from the shows created by these incredibly talented men and women.

Time & Dates: 9:00 a.m. – 11:00 a.m.
Thursday, Feb. 25, Mar. 4, 11, 18, 25, Apr. 1
Course Code: OLBGCD(2)
Course Fee: \$40 (early bird \$35)
Instructor: Brian Pope
Coordinator: Kathy Bosworth
Location: Zoom Online

NEW! ZOOM! England 1300-1500: War, Famine, and Plague Oh My!

England 1300-1500: War, Famine, and Plague Oh My! Is a course that looks at England during a very pivotal and turbulent time period. Starting in the 1300s England dealt with several external and internal challenges that forced many changes within English society and government. Topics we will cover include: the Mini Ice Age, the Great Famine, 14th century politics between England, Scotland, and Ireland, the Black Death Plague, the 100yrs War between England and France, the Peasants' Revolt and the ensuing social changes, and the War of Roses. While focusing on these important topics we will also be learning about medieval agriculture, medicine, religion, and society in general. The class will be taught through the use of lectures, PowerPoints, and provided primary sources and map handouts.

Time & Dates: 2:00 p.m. – 4:00 p.m.
Tuesday, Feb. 23, March 2, 9, 16, 23, 30
Course Code: OLWFP(2)
Course Fee: \$40 (early bird \$35)
Instructor: Erin Halloran
Coordinator: Bud Snowden
Location: Zoom Online

ZOOM! Explained! The Human Body

“Explained! The Human Body” is a 5-week program that delves into oft pondered questions about the functions (and dysfunctions) of the human body. Week 1 will answer “Why Do I Hurt?” - a deep dive into understanding our pain experience and how we can use the plasticity of the central nervous system to change our pain experience. Week 2 will piggy back off of week 1 as we answer “Why Am I Stressed?” and understand that we are hard-wired to respond to stressors as we would when fighting or fleeing a saber toothed tiger (even though a response of that magnitude is rarely necessary). Week 3 will cover “What is Arthritis?” and discuss how an otherwise necessary and normal part our healing process (inflammation) can go awry and wreak havoc on our body. In week 4, we will introduce “Fascia and Myofascial Trigger Points” to provide some tangible theories behind our pain, posture, and disfunction.

Finally, week 5 introduces “The Telomere Effect” which ties in all of the tools that we will learn about improving our health and discuss the science behind aging well!

Time & Dates: 1:30 p.m. - 3:30 p.m.
Friday, Feb. 26, March 5, 12, 19, 26
Course Code: OLETHB(3)
Course Fee: \$35 (early bird \$30)
Instructor: Claire Kantrow
Coordinator: Claire Fontenet
Location: Zoom Online

NEW! ZOOM! Fabulous Felines – Cat Basics

From the tip of the nose to the top of the tail you will learn what you need to know about these intriguing creatures. You will learn things your veterinarian does not have the time to tell you. The instructor will answer your personal questions and discuss such topics as anatomy, the good bad and the ugly of behavior, how to communicate with your cat, interesting breeds, and other topics all in the attempt to make you “think like a cat.” This humorous and informative class relies heavily on slide presentations for greater understanding of the topics. This semester a special guest speaker will tell us how to take pictures of our pets. You need not have a cat to join us as we travel down a fur lined path in our adventure of learning about Fabulous Felines. This class is like watching the Nature channel on LPB TV, but it’s only on ZOOM!

Time & Dates: 12:45 p.m. – 1:45 p.m.
Thurs. and Fri., Feb 25, 26, March 4, 5, 11, 12, 18, 19, 25, 26, April 1, 2
Course Code: OLFFPI(3)
Course Fee: \$40 (early bird \$35)
Instructor: Patricia “Trish” Kaplan
Coordinator: TBD
Location: Zoom Online

NEW! ZOOM! The Fertile Fisheries Crescent

The Fertile Fisheries Crescent is the northern Gulf of Mexico between Mobile Bay Alabama and the Sabine River Texas. Louisiana’s coastline is receding now and has varied through geological time from north Louisiana to 250 miles into the Gulf of Mexico. Input from the Mississippi River adds nutrients and fresh water resulting in 70-80% of fisheries landings from the Gulf of Mexico and results in an extensive dead water zone every summer. Sediment deposited from the Mississippi River has produced extensive deltaic and chenier plain salt marshes which serve as an important nursery area for fish and shellfish. Oysters thrive in Louisiana Bays. Introduced nutria have destroyed the root system of salt, brackish and freshwater marshes and bald-cypress and water tupelo seedlings. Waterfowl and songbirds utilize coastal Louisiana as habitat for overwintering, stopover sites between Central America and northern North America and as year-

round residency for some species.

Time & Dates: 2:00 p.m. – 4:00 p.m.
Tuesday, Feb. 23, March 2, 9, 16, 23, 30
Course Code: OLFISH(1)
Course Fee: \$40 (early bird \$35)
Instructor: Bill Stickle
Coordinator: Karen Egedy
Location: Zoom Online

NEW! ZOOM! Gautama Buddha and the Foundations of Buddhism

A study of Gautama Buddha and his Enlightenment; the founding of Buddhism, the Four Noble Truths, the Noble Eight-fold Path, Nirvana, The Sangha, the Yogas, and the Bodhisattva. We will conclude with a look at Buddhism today.

Time & Dates: 11:30 a.m. – 12:30 p.m.
Wed. and Fri., Feb. 24, 26, March 3, 5, 10, 12, 17, 19, 24, 26, 31, April 2
Course Code: OLBUDD(1)
Course Fee: \$40 (early bird \$35)
Instructor: Frances Vanderwall
Coordinator: TBD
Location: Zoom Online

NEW! ZOOM! Germany Among All Others: Germany from 1945-Present

Germany has been at the center of European economic, social, political, and cultural changes from the end of the Second World War to the present. In 1945, a defeated Germany was a devastated nation divided by the victorious Allies. In the ensuing decades the divisions between East and West Germans grew, driven by Cold War animosities and the material and ideological differences between the two distinct societies. East Germany was a purported workers’ paradise where robust social services, a planned economy, and a communal identity were contrasted with the harsh presence of an intrusive surveillance state, restricted movement, and the politicized nature of everyday life. In West Germany an economic boom, an influx of a diverse array of guest workers, and the importation of American culture were exciting and complex facets of a society in transition from the “brown past” of the Nazi era to the comfortable, cosmopolitan, and competitive marketplace of the future. Germany’s reunification was achieved peacefully but divisions, seen and unseen, between east and west, remained. The nation’s place as a powerful center of European commerce, defense agreements, and immigration policy has garnered both high praise and sharp criticism. Germany’s postwar history is thus a complex and intriguing tale from destroyed totalitarian state to a democratic, multicultural, and international hub of technological, educational, and commercial innovation.

Time & Dates: 2:00 p.m. – 4:00 p.m.

Monday, Feb. 22, March 1, 8, 15, 22, 29
Course Code: OLGEMAN(1)
Course Fee: \$40 (early bird \$35)
Instructor: Greg Tomlinson
Coordinator: Janice Wise
Location: Zoom Online

ZOOM! Great Decisions

Great Decisions, the centerpiece of the longest-running civic education program in the United States devoted to foreign affairs, empowers readers to discuss global issues shaping U.S. foreign policy and

the world. The briefing book provides historical background, current U.S. policy and alternative policy options, informative maps and detailed graphs, suggested readings and resources, as well as opinion ballots for each topic. One can order the book and find an ongoing discussion of issues at https://www.fpa.org/great_decisions or become a fan of Great Decisions on Facebook.

Planned topics for Spring 2021: Global Supply Chains and National Security, Persian Gulf Security Issues, Brexit and the European Union, Struggles Over the Melting Arctic, China’s Role in Africa, the Korean Peninsula, Roles of International Organizations in a Global Pandemic, the End of Globalization.

The spring 2021 class will be held on ZOOM. The video is available on-line, so participants can watch it before each session. We will engage in an e-mail discussion a few days before each class.

Time & Dates: 10:15 a.m. – 11:15 a.m.
Monday, Feb. 22, March 1, 8, 15, 22, 29, April 5, 12
Course Code: OLGREDEC(13)
Course Fee: \$30 (early bird \$25)
Instructor: Nancy Sidener
Coordinator: Marguerite Davis
Required Supplies: Great Decisions Briefing Book, available through Foreign Policy Association
Location: Zoom Online

NEW! Healing the Divide: Poems of Kindness and Connection

Using primarily the text HEALING THE DIVIDE: POEMS OF KINDNESS AND CONNECTION, the class will read and discuss poetry about tenderness, tolerance, warmth, and human connections. At a time when our country seems so divided, we need to look past the walls that separate us and at the bonds that we humans share. The poetry in this book is written by some of America’s poets laureate, as well as lesser known poets.

Time & Dates: 2:00 p.m. – 4:00 p.m.
Mondays, Feb. 22, March 1, 8, 15, 22, 19
Course Code: OLHEAL(1)
Course Fee: \$40 (early bird \$35)
Instructor: Olivia Pass
Coordinator: TBD
Required Text: Crews, James, Editor. HEALING THE DIVIDE: POEMS OF KINDNESS AND COMPASSION. Brattleboro, Vermont: Green Writers Press, 2019.

Optional Supplies: Editor is James Crews. Conundrum Bookstore, Amazon.com, Barnes and Noble

Location: First Christian Church

NEW! ZOOM! Leonardi da Vinci: The Shaping of an Artistic Genius

Come be invigorated by the engaging Ms. Cocciardi as she reveals new and little-known aspects of artist Leonardo da Vinci’s life, work, and his passion for interlocking knots. Enter Luca Pacioli, the famous Renaissance mathematician, who becomes Leonardo’s apprentice and who plays a major role in his art masterpieces from “The Last Supper” to the “Mona Lisa.” Then there is Isabella d’Este, patron of the arts and hostess to Leonardo and Luca when, in 1499, fleeing the perils of war, their Covid-19 moment, the men took refuge in her castle. The sojourn creates a sketch by Leonardo of Isabella with a promise to be followed by a ‘color portrait’ of the Marchesa. Discover the intrigue of the relationships of the apprentice, the master and the Renaissance woman and her unfinished, unpainted portrait that will intertwine their lives forever.

Time & Dates: 9:15 a.m. – 11:15 a.m.
Wednesday, Feb. 24, March 3, 10, 17, 24
Course Code: OLVINCI(1)
Course Fee: \$35 (Early Bird \$30)
Instructor: Caroline Cocciardi
Coordinator: Karen Egedy
Optional Supplies: [Leonardo’s Knots](#) by Caroline Cocciardi
Location: Zoom Online

Life Writing

Begin or continue writing the story of your life. Share reading, writing, and critiquing with classmates. Prepare a valuable family document by searching back through your life to link one generation to another—something you’ve probably been meaning to do. This is a fun and productive opportunity. Bring pen and paper.

Time & Dates: 2:00 p.m. – 4:00 p.m.

Thursday, Feb. 25, March 4, 11, 18, 25, April 1
Course Code: OLIFEW(24)
Course Fee: \$40 (early bird \$35)
Supplies Need: Pen and Paper
Instructor: Patt Roberson, PhD
Coordinator: TBD
Location: First Christian Church

NEW! ZOOM! “Mamá, Voy a Luchar”- Field, Tourism, and Society in Cuba

Could you imagine a daily life without detergent to wash your dishes and clothes? Can you manage your living budget within 40 dollars for a whole month? What about free Medicare and education? Well, this is the reality that Cuban people are facing every day. One may argue that under socialism, things must be very cheap, yet travelers and scholars said “no.” In this course, we will explore different groups of people in Cuba, including locals and tourists, and how the social classes are shaped during economic and political transformation.

Time & Dates: 10:15 a.m. – 11:15 a.m.
Tues. and Fri., Feb. 23, 26, March 2, 5, 9, 12, 16, 19, 23, 26, 30, April 2
Course Code: OLCUBA(1)
Course Fee: \$40 (early bird \$35)
Instructor: Xiaolei Qiu
Coordinator: TBD

Required Supplies: Davis, Dána-Ain, and Christa Craven. 2016. [Feminist ethnography: Thinking through methodologies, challenges, and possibilities](#). Rowman & Littlefield. Instructor will provide free e-copy for them

Optional Supplies: Roland, Lorecia Kaifa. 2011. [Cuban Color in Tourism and La Lucha: An Ethnography of Racial Meanings](#). Oxford University Press. ISBN-13: 978-0199739660
Location: Zoom Online

NEW! ZOOM! Marie Laveau and Louisiana Voodoo

This course discusses the history, the folklore, and the myths surrounding the infamous Voodoo Queen of New Orleans, Marie Laveau, and the religion of Voodoo/Vodou in Louisiana. We will read and discuss historical documents (articles, excerpts from biographies, etc.), folktales/lore, and several other forms of media to construct and reflect upon this important figure, her religion, and the ways both have impacted Louisiana culture and tourism over time. In this class we will explore who Marie Laveau is as a figure, myths and realities of Voodoo, and the ways

EARLY BIRD SPECIAL

Register online or by telephone to qualify for the Early Bird Special! Register from Monday, Feb. 1 – Friday, Feb. 12 and pay the early bird fee, printed with the course description. **Beginning Feb. 13, each course will increase by \$5.** Courses with low enrollment as of Monday, Feb 15, may be canceled. If you register by Feb. 15, and your course is canceled, you may either receive a refund or credit the course fee to another course (with no additional fees). **Note: Registration and payments by mail are not available at this time.**

in which not only our own misconceptions due to the passing down and misremembering of stories, but also marketing impacts our view of both.

Time & Dates: 2:00 p.m. - 4:00 p.m.

Thursday, Feb. 25, March 4, 11, 18, 25, April 1

Course Code: OLMMLV(1)

Course Fee: \$40 (early bird \$35)

Instructor: Liz Johnston

Coordinator: Kathy Gates

Location: Zoom Online

NEW! ZOOM! Medical Apartheid: Medicare, Medicaid and the Promise of Healthcare for All

Covid-19 has reminded us of the questions we wrestle with in the care of our health. Does care belong to us, is it bequeathed to us or something we borrow for a bit, only to be taken away? This isn't anything new or novel. Most African Americans have lived with this uncertainty, caught in the conundrums of health care. President Johnson saw Medicare and Medicaid as America's obligation to its citizens. This class considers briefly the history of neglected and negotiated health care of African Americans. We will examine health care during Reconstruction and the 1918 Influenza Pandemic, the history of Medicare and Medicaid in Civil Rights legislation and the kindness of care given by a group of mainly white northerners, members of the Medical Committee for Human Rights, joining the Mississippi Freedom Summer. This survey of health history will reveal the persistent disparities and the need for health equity.

Time & Dates: 12:45 p.m. – 1:45 p.m.

Tues. and Thurs., Feb. 23, 25, March 2, 4, 9, 11, 16, 18

Course Code: OLAPART(1)

Course Fee: \$30 (early bird \$25)

Instructor: Dr. Raquel Robvais

Coordinator: Claire Fontenot

Required Supplies: The Good Doctors: The Medical Committee for Human Rights and the Struggle for Social Justice in Health Care; The Power to Heal: Civil Rights, Medicare, and the Struggle to Transform America's Health Care System; Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction (All books can be purchased at Amazon.com or any

bookstore)

Location: Zoom Online

NEW! ZOOM! Mentoring Mastery: Practical Positive Psychology

Why do some people languish while other people flourish? Because in order to thrive, people need to learn to build their reservoir of positive emotions, work with negative emotions, build their will power, and create nurturing relationships. As teachers, coaches and helping professionals, we often are in positions of leaderships that allow us the opportunities to aid others in shaping their lives. The information and skills shared in Mentoring Mastery are appropriate to use with people of all levels and ages. They have been tested and proven effective time and time again by researchers in the field of positive psychology including Martin Seligman, Christopher Peterson, Gretchen Rubin, and Angela Duckworth. Through this course, you will be given and practice the tools that allow us to build and deepen our happiness skill sets leaving us nourished and empowered to serve ourselves and others.

Time & Dates: 2:00 p.m. – 4:00 p.m.

Monday, Feb. 22, March 1, 8, 15, 22, 29

Course Code: OLPSYCH(1)

Course Fee: \$40 (early bird \$35)

Instructor: Jillian Guinta

Coordinator: TBD

Location: Zoom Online

NEW! ZOOM! The Middle Ages: A Tumultuous, Transformative Period

Although sometimes called the Dark Ages, the period between the fall of the Roman Empire and the Renaissance was vibrant with increasing worldly knowledge, movements of people and religions, the Crusades, the Black Death, and other stirring developments.

Time & Dates: 11:30 a.m. – 12:30 p.m.

Tues. and Fri., Feb. 23, 26, March 2, 5, 9, 12, 16, 19, 23, 26, 30, April 2

Course Code: OLMIDDLE(1)

Course Fee: \$40 (early bird \$35)

Instructor: Henry Bradsher

Coordinator: Karen Egedy

Location: Zoom Online

NEW! ZOOM! Neoliberalism and

an Ethics of Care

This class will examine the question – is care ethics a viable alternative to neoliberalism? Political theorists overwhelmingly agree that neoliberalism has no political ideological rival. However, care ethicists have argued that care is the preeminent alternative to neoliberalism. Neoliberalism is an ideology in which the State is small but strong and enforces market principles through society. Care ethics contends that our everyday interactions have moral weight. How we are with each other is significant. Care ethics provides a challenge to neoliberalism in that it privileges the vulnerable. It is, as Joan Tronto, states – a power of the weak. This course will be discussion based. Each class will begin with a very short lecture but will largely be rooted in discussing the texts and what they mean in contemporary politics.

Time & Dates: 10:15 a.m. – 11:15 a.m.

Tues. and Thurs., Feb. 23, 25, March 2, 4, 9, 11, 16, 18, 23, 25, 30, April 1

Course Code: OLNEO(1)

Course Fee: \$40 (early bird \$35)

Instructor: Riley Valentine

Coordinator: Bud Snowden

Required Supplies: Undoing the Demos by Wendy Brown. Moral Boundaries by Joan Tronto.

Optional Supplies: In the Ashes of Neoliberalism by Wendy Brown. Care Ethics and Political Theory edited by Daniel Engster and Maurice Hamington.

Location: Zoom Online

ZOOM! Peripheral, But Deadly Fronts of World War I

We began this course in 2020 but completed only two lessons. We will start over again in 2021. Most discussions of World War I focus on the Western Front, the theater that featured four years of horrifying trench warfare. This course will offer discussions of the Balkan, Italian, and Russian fronts plus discussions of technology and medicine.

Time & Dates: 2:00 p.m. - 4:00 p.m.

Wednesday, Feb. 24, March 3, 10, 17, 24, 31

Course Code: OLPDT(2)

Course Fee: \$40 (early bird \$35)

Instructor: Karl Roider

Coordinator: Karen Egedy

Location: Zoom Online

NEW! ZOOM! Roots and Routes of Theology II

This course will continue the exploration of the origins and development of theology begun in the Fall, 2020 term. We will begin this course with the early Christian Era and the formation of Christian thought and beliefs, move into the time of the early Creeds, then to the Reformation, press forward into 19th and 20th century theological movements and finish with projections of future theological trends. Participants should be open minded and willing to share in unmuted class discussions.

Time & Dates: 10:15 a.m. – 11:15 a.m.

Monday, Feb. 22, March 1, 8, 15

Course Code: OLZTRR(2)

Course Fee: \$15 (early bird \$10)

Instructor: Dr. Julius "Tip" Tipton

Coordinator: Kathy Bosworth

Required Supplies: The Bible, in any language, or a New Testament

Location: Zoom Online

NEW! ZOOM! Russia's Cultural Treasures

World-famous architecture, painting, literature, music, dance, drama and movies evolved over many centuries from roots in Russian folk traditions and Christian faith. Illustrated by paintings, photos, musical recordings, and film clips, this course traces the development of art forms against the backdrop of Russia's turbulent past.

Time & Dates: 11:30 a.m. – 12:30 p.m.

Mon. and Thurs., Feb. 22, 25, March 1, 4, 8, 11, 15, 18, 22, 25, 29, April 1

Course Code: OLRCT(2)

Course Fee: \$40 (early bird \$35)

Instructor: Monica Bradsher

Coordinator: Bud Snowden

Location: Zoom Online

ZOOM! So What! You're Over 50! Current Advances in Medicine and Surgery

Healthcare providers will discuss their specialty, training, experience, their practice outpatient and inpatient of common disease states and conditions both acute and chronic, treatments and procedures that each renders or offer patients, plus the latest therapies available in their field of specialty. The topics that will be presented are from physicians that specialize in the following fields: oncology, palliative care/hospice care, cardiovascular surgery/peripheral vascular diseases, emergency medicine, hospital medicine, and geriatrics and aging.

Time & Dates: 11:30 a.m. – 12:30 p.m.

Wednesday, Feb. 24, March 3, 10, 17, 24, 31

Course Code: OLSYOF(7)

Course Fee: \$25 (early bird \$20)

Instructor: Trenton James

Coordinator: Karen Egedy

Location: Zoom Online

Spanish for Intermediates (Part 1)

Spanish for Intermediates Part One for the spring will be a Zoom class. Continue practicing questions and answers, both orally and in writing, using the vocabulary presented in the text. Review and reinforce your knowledge of grammar, especially the use of verbs in the present and past tenses. Some emphasis will be on irregular and stem-changing verbs. We'll continue to enjoy our improving Spanish skills!

Time & Dates: 1:30 p.m. – 2:30 p.m.

Tues. and Thurs., Feb. 23, 25, March 2, 4, 9, 11, 16, 18, 23, 25, 30, April 1

Course Code: OLSPAC(5)

Course Fee: \$40 (early bird \$35)

Text Required: Spanish Now Level One, 7th or 8th Ed., Barron's Publisher by Ruth Silverstein

Instructor: Merri Lee Logan

Coordinator: Merri Lee Logan

Location: Zoom Online

Spanish for Intermediates (Part 2)

This class for the spring will be a Zoom class. Continue practicing questions and answers, both orally and in writing. Review and expand your knowledge of grammar, emphasizing both past tenses, as well as the present, using regular and irregular verbs. Let's continue to enjoy our improving Spanish communication skills!

Time & Dates: 3:00 p.m. – 4:00 p.m.

Tues. and Thurs., Feb. 23, 25, March 2, 4, 9, 11, 16, 18, 23, 25, 30, April 1

Course Code: OLSPIN(7)

Course Fee: \$40 (early bird \$35)

Text Required: Spanish Now Level One, 7th or 8th Ed., Barron's Publisher by Ruth Silverstein

Instructor: Merri Lee Logan

Coordinator: Merri Lee Logan

Location: Zoom Online

NEW! ZOOM! Stanislavski to America: From System to Method Acting

This course examines the evolution of Konstantin Stanislavski's System, an approach to training actors that draws on personal experience and imagination to create Naturalistic staging. As a theorist, director, and teacher, Stanislavski continued to develop and refine his system throughout his life, as can be seen through the evolution of his many volumes on acting, directing, and character development. However, a second branch of Stanislavski's System developed in the United States, known as the Method, a style of acting training that became the standard for Hollywood acting that still prevails today. There has been much debate among theater practitioners as to the merits of the System, which puts emphasis

on imagination, and the Method, which asks actors to delve into often traumatic memories. We will look at the evolution of Stanislavski's teachings through his writings, performances, and student lineage that brought his Method to America.

Time & Dates: 2:00 p.m. - 4:00 p.m.

Friday, Feb. 26, March 5, 12, 19, 26, April 2

Course Code: OLSAN(1)

Course Fee: \$40 (early bird \$35)

Instructor: Naomi Bennet

Coordinator: TBD

Location: Zoom Online

NEW! A Thirty-Eighth Opera Season

Enjoy and learn about an opera each week. The operas include: Mozart's "The Magic Flute," and "The Abduction from the Seraglio;" Bizet's "Carmen," and "The Pearl Fishers;" and Gounod's "Romeo and Juliette." One class is to be determined.

Time & Dates: 2:00 p.m. - 4:00 p.m.

Thursday, Feb. 25, Mar. 4, 11, 18, 25, Apr. 1

Course Code: OLOPERA(9)

Course Fee: \$40 (early bird \$35)

Instructor: Thomas Beard

Coordinator: Ken Nelson

Location: St. James Place

ZOOM! The Total Nutrition Makeover

The Total Nutrition Makeover is a 6-week nutrition lifestyle challenge. Obesity and poor nutrition are a major problem in our society today and it affects almost everyone. It's time for a change. This class will cover all the modern nutrition confusion and controversies to give you a clear understanding of what the current science on nutrition states through simple and easy to understand lessons. Along with nutrition education we will also cover effective methods to effectively create a real nutrition lifestyle that you love in this fast-paced convenient food culture we live in today. The key to better health is good nutrition. The key to good nutrition is not only the science of healthy food but also the practical skills to get healthy foods in your day to day diet. I'm going to show you exactly how to do that.

Time & Dates: 10:15 a.m. – 11:15 a.m.

Thursday, Feb. 25, March 4, 11, 18, 25, April 1

Course Code: OLTNM(3)

Course Fee: \$25 (early bird \$20)

Instructor: Kirk Vidrine

Coordinator: Kathy Gates

Location: Zoom Online

NEW! ZOOM! Twentieth Century Literature

This seminar will examine two works: Vicente Blasco Ibáñez's *The Torrent* and Emilia Pardo Bazan's *The Wedding Trip*. As a class, we will discuss the social and historical context of the

works, focusing on European industrialization and modernization. We will read and discuss literary criticism to accompany the two works.

Time & Dates: 9:00 a.m. – 11:00 a.m.
Monday, Feb. 22, March 1, 8, 15, 22, 29

Course Code: OLLIT(1)
Course Fee: \$40 (early bird \$35)

Required Supplies: The Torrent by Vicente Blasco Ibáñez (provided) and The Wedding Trip by Emilia Pardo Bazan (available on Amazon or for free via Project Gutenberg)

Instructor: Meghan Hodges
Coordinator: Bud Snowden

Location: Zoom Online

NEW! ZOOM! Why Worship? Its Origins and Interpretations

An attempt to explain the origins, evolution, and meaning of worship in people's lives. We will try to understand what people did and continue to do when gathering to worship. We will study the reasons for worship from early religious practices to Christianity.

Time & Dates: 11:30 a.m. – 12:30 p.m.
Tues. and Thurs., Feb. 23, 25, March 2, 4, 9, 11, 16, 18, 23, 25, 30, April 1

Course Code: OLWORSHIP(1)
Course Fee: \$40 (early bird \$35)

Instructor: Frances Vanderwall
Coordinator: Debbie Reynaud

Location: Zoom Online

NEW! ZOOM! Women of Wit

We will read and analyze short stories by clever women: Louisa May Alcott, Mary E. Wilkins Freeman, Zora Neale Hurston, Edith Wharton, and Dorothy Parker. We'll look at what makes women giggle and snicker--especially tricks, secrets, and gossip. How do we know when to laugh and when to groan? We may have jokes!

Time & Dates: 11:30 a.m. – 12:30 p.m.
Tuesday, Feb. 23, March 2, 9, 16, 23, 30

Course Code: OLWIT(1)
Course Fee: \$25 (early bird \$20)

Instructor: Emily Toth
Coordinator: Kathy Bosworth

Location: Zoom Online

NEW! ZOOM! The Works and World(s) of C.S. Lewis

Often described as the most consequential Christian apologists of the 20th century, C.S. Lewis' prolific career as a world-famous novelist and an astute academic have for the last century inspired the imagination and challenged the intellectual mind of children and scholars alike. Lewis' faith unabashedly marks his writing with excitement and mystery; however, of his conversion to Christianity he called himself, "the most dejected, reluctant convert in all of England... drug into the kingdom kicking, struggling, resentful, and darting his eyes for a change of escape". How then could this one-time skeptic transform into the master penmen for the case of Christianity? From the lamppost in Narnia, "where it is always winter, but never Christmas," to the pen of a Senior Devil (Screwtape), and into the art and literature critic, this course sur-

veys both the Christian and Atheist motifs within Lewis' popular fiction and his lesser known non-fiction works.

Time & Dates: 9:00 a.m. – 11:00 a.m.
Thursday, Feb. 25, March 4, 11, 18, 25, April 1

Course Code: OLLEWIS(1)
Course Fee: \$40 (early bird \$35)

Instructor: Zachary Vincent Bordas
Coordinator: Claire Fontenot

Required Supplies: Experiments in Criticism, C.S. Lewis. ISBN: 978-1-107-60472-8 (<https://www.directtextbook.com/isbn/9781107604728>)
Till We Have Faces, C.S. Lewis. ISBN: 0-15-690436-5 (<https://www.directtextbook.com/isbn/9780156904360>)
The Essential C.S. Lewis, C.S. Lewis. ISBN: 0-684-82374-8 (<https://www.directtextbook.com/isbn/9780684823744>)

Location: Zoom Online

Session II

Basic Hatha Yoga

Enjoy yoga and learn to enrich your lifestyle by learning and practicing yoga poses while using your breath with movement. Breathe, stretch, and relax your way to improved posture, endurance, flexibility and strength. Wear comfortable clothes and bring a yoga mat, yoga block and yoga strap (blanket/towel optional). No prior yoga experience is necessary; however, you must be able to sit comfortably on yoga mat on the floor to practice seated poses. Ability to transition to standing from seated poses is necessary. Join this class of wonderful yogis and discover the "present moment" while gaining strength, stamina and core stability. Leave your shoes, cell phone and the "outside world outside." This is a coed class.

Time & Dates: 9:30 a.m. – 10:45 a.m.
Mon. & Wed., April 12, 14, 19, 26, 28, May 3, 5, 10, 12, 17, 24, 26, 31, June 2, 7, 9, 14, 21, 23, 28, 30

Course Code: OLBHY(16)
Course Fee: \$85 (early bird \$80)

Instructor: Agnes Bickham
Coordinator: Fran Martin

Supplies Needed: Yoga mat, yoga block(s), yoga strap (blanket, towel, bolster options)

Location: First Christian Church

Register online: www.online.lsu.edu/olli · Register by telephone: 225-578-2500

SPRING 2021 COURSES Check the courses in which you wish to register. Registration by phone or Online only at this time.

FEES LISTED BELOW ARE EARLY BIRD PRICES. AFTER FEBRUARY 12, ALL COURSE FEES ARE \$5 MORE THAN THE PRICE LISTED BELOW.

Camellia City Chapter

- Art Talks (for Inquisitive Minds) OSARTT(1)..... \$ 10
- NEW! Choosing & Preparing...Pt II.....OSFOOD(1)..... \$10
- NEW! Current Economic Issues.....OSECON(1)..... \$25
- NEW! Mosaics in Glass and Paper.....OSMOS(1)..... \$10
- NEW! Preparing and Grading...Sale.....OSCARDS(1)..... \$10
- NEW! Ukulele for BeginnersOSUKU(1)..... \$20
- Wines of the WorldOSWWW(1)..... \$20

Felicianas Chapter

Session I

- NEW! The American PresidencyOPRES(1)..... \$40
- Basic Yoga.....OFBEOG(49)..... \$60
- NEW! Beginner's Croquet.....OFBCR(1)..... \$40
- NEW! Divine ProportionOFDIV(1)..... \$15
- Great DecisionsOFGRDEC(11)..... \$40
- NEW! Healing the Divide: Poems ofOFHEAL(1)..... \$40
- Line DancingOFLID(4)..... \$40
- Pickleball for Beginners.....OFBFB(2)..... \$40
- NEW! Prehistoric Man – What...Evolved ..OFPREMAN(1)..... \$40
- NEW! Victorian is Not a Style.....OFVICT(1)..... \$40

Session II

- Basic Yoga.....OFBEOG(50)..... \$60

Lagniappe Chapter

Session I

- NEW! American Catholicism as...MoviesOLCATH(1)..... \$20
- NEW! American Film: An Overview.....OLAFILM(2)..... \$35
- NEW! The American Revolution...Parties.....OLREV(1)..... \$10
- NEW! Annuals, Trees...Gardening.....OLANNUAL(1)..... \$20
- NEW! Appreciation of Nature Art.....OLANA(4)..... \$35
- Basic Hatha Yoga.....OLBHY(15)..... \$45
- Bird Watching for Beginners.....OLBIRDBB(3)..... \$35

- NEW! The Black Death: Plague...Century.....OLBLA(1)..... \$35
 - NEW! Broadway's Great...DuosOLBGCD(2)..... \$35
 - NEW! England 1300-1500: War, ...Oh My!OLWFP(2)..... \$35
 - Explained! The Human BodyOLETHB(3)..... \$30
 - NEW! Fabulous Felines – Cat BasicsOLFFPI(3)..... \$35
 - NEW! The Fertile Fisheries CrescentOLFISH(1)..... \$35
 - NEW! Gautama Buddha and...BuddhismOLBUDD(1)..... \$35
 - NEW! Germany Among...1945-Present.....OLGERMAN(1)..... \$35
 - Great Decisions.....OLGRDEC(13)..... \$25
 - NEW! Healing the Divide: Poems ofOLHEAL(1)..... \$35
 - NEW! Leonardi da Vinci: The...GeniusOLVINCI(1)..... \$30
 - Life WritingOLIFEW(24)..... \$35
 - NEW! "Mamá, Voy a Luchar" - ...CubaOLCUBA(1)..... \$35
 - NEW! Marie Laveau and Louisiana Voodoo.....OLMLV(1)..... \$35
 - NEW! Medical Apartheid: ...for All.....OLAPART(1)..... \$25
 - NEW! Mentoring Mastery: ...Psychology.....OLPSYCH(1)..... \$35
 - NEW! The Middle Ages: A ...PeriodOLMIDDLE(1)..... \$35
 - NEW! Neoliberalism and an Ethics of Care.....OLNEO(1)..... \$35
 - Peripheral, But Deadly Fronts of World War I. OLPDT(2)..... \$35
 - NEW! Roots and Routes of Theology II.....OLZTRR(2)..... \$10
 - NEW! Russia's Cultural TreasuresOLRCT(2)..... \$35
 - So What! You're Over 50!...Surgery.....OLSYOF(7)..... \$20
 - Spanish for Intermediates (Part 1)OLSPAC(5)..... \$35
 - Spanish for Intermediates (Part 2)OLSPIN(7)..... \$35
 - NEW! Stanislavski to America: ...ActingOLSTAN(1)..... \$35
 - NEW! A Thirty-Eighth Opera Season.....OLOPERA(9)..... \$35
 - The Total Nutrition MakeoverOLTNM(3)..... \$20
 - NEW! Twentieth Century LiteratureOLLIT(1)..... \$35
 - NEW! Why Worship?...Interpretations.....OLWORSHIP(1)..... \$35
 - NEW! Women of WitOLWIT(1)..... \$20
 - NEW! The Works and World(s)...C.S. Lewis ..OLLEWIS(1)..... \$35
- Session II**
- Basic Hatha YogaOLBHY(16)..... \$80

NOTE: You must have an active OLLI at LSU 2020–2021 membership to register for courses.

VOLUNTEER NEEDS

Volunteer with OLLI at LSU! Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event? Our OLLI chapters are always looking for volunteers to help with course set up, events, coffees, etc... If you are interested, contact the OLLI at LSU office: olli@outreach.lsu.edu

INCLEMENT WEATHER AND CLASS CANCELLATIONS

We sometimes have bad weather during the semesters and a class session needs to be canceled. We follow the EBR Parish School System for Lagniappe Chapter and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we will follow the LSU announcements of closings listed on the website: www.lsu.edu

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OLLI AT LSU: Enjoy Life More.
Come Learn With Us!

**Mark your calendars with the spring
semester dates!**

CLASSES BEGIN FEBRUARY 22

MEMBERSHIP: YOU MUST HAVE AN ACTIVE OLLI AT LSU MEMBERSHIP TO REGISTER FOR COURSES

To enjoy OLLI at LSU, you must have an active membership before you can register for courses and other fun activities. Membership for July 1, 2020 - June 30, 2021, entitles you to the many OLLI benefits listed on page 2. Your yearly membership fee is \$50. This is a non-refundable, tax-deductible donation. Check your membership status by calling LSU Enrollment Specialists at 225-578-2500.

DONATE TO OLLI AT LSU

Consider joining your OLLI friends on the Honor Roll of Donors List for 2021–2022. Your optional donation helps ensure OLLI continues to offer a quality program at bargain prices. Donations also help to support OLLI scholarships. Donations are non-refundable, tax-deductible, and appreciated. Gifts can be made in a variety of forms, including outright gifts of cash, securities and real estate, or through planned giving solutions. Your gift may be eligible for the Company Match Program. Donations may be made by credit card. Contact the OLLI office at 225-578-2500 for details.

PAYING BY CREDIT CARD

All fees may be paid by credit card online, or by calling Enrollment Services at 225-578-2500. This includes membership fees, donations, and course fees. Go to www.online.lsu.edu/olli and pay with a credit card. VISA, MasterCard, Discover, and American Express are accepted.

WAIVER

All face-to-face (F2F) events and courses will require a waiver to complete registration and participation until further notice

REFUNDS & CANCELLATIONS

If your plans change, you must cancel 5 business days prior to the first day of class in order to receive a full refund or transfer to another course. If you cancel less than 5 business days, no refunds will be granted however you can have a one-time transfer of funds to another current course. There are no penalties for substitutions prior to the first day of class.

ACCOMMODATIONS FOR PERSONS WITH DISABILITIES

To arrange accommodations for persons with disabilities, contact the OLLI office: 225-578-2500 or olli@outreach.lsu.edu